

Alejandra De La Rosa

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Objective

- Patient-focused and empathic registered nurse seeking position with growing medical practice. Bringing experience, care, and extensive knowledge to help improve the lives of patients.

Education

ASSOCIATES DEGREE IN NURSING | MAY 2014 | EL PASO COMMUNITY COLLEGE
BSN – IN PROGRESS

CERTIFICATIONS

- ACLS , BLS , NRP, Advanced fetal monitoring

Experience

LABOR AND DELIVERY RN - PRN | UNIVERSITY MEDICAL CENTER | 01/08/20 – PRESENT

- Assessed, planned and evaluated patient care needs before and during pregnancy including obtaining patient history and assessing for labor risk factors.
- Provided care for patients utilizing fetal and maternal monitoring equipment.
- Managed the patient's pain including epidural and patient controlled analgesia administration.
- Assisted physician during delivery, treatment, examination and surgical procedures.
- Monitored, recorded and communicated patient condition as appropriate utilizing computerized documentation systems.
- Provided patient and family education on labor, pain and newborn care

REGISTERED NURSE SUPERVISOR | ST.TERESA NURSING&REHAB | 07/04/18 - 07/12/19

- Providing nursing home, skilled nursing, and care facilities.
- Served as team leader instructing CNAs and LPNs in correct procedures and techniques for resident nursing care.
- Admitted new residents and assessed physical condition.
- Offered individual attention to residents and counseled families.

LABOR AND DELIVERY RN | THOP-EAST CAMPUS | OCT 2014-PRESENT

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RN PRN | GUARDIAN ANGEL HOME HEALTH | MARCH 2016

- Performed complete health assessments for a diverse population.
- Evaluated for any safety hazards within the environment.
- Proficient in working with ventilator patients, hospice patients, tracheostomy care, suctioning, gastrostomy tube, catheters, wound care.
- Educated patients and families on health promotion and disease process/ prevention.

REFERENCES AVAILABLE UPON REQUEST