# Kristen Callahan

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**Education**

**MGH Institute of Health Professions,** Boston, MA **May 2019-August 2020**

*Bachelor of Science in Nursing*

**Emmanuel College,** Boston, MA **May 2017**

*Bachelor of Arts in Psychology with a Minor in Biology*

**Licensure/Certification**

**RN Licensure**  **License#- RN2352065**

**CPR/BLS** for the Healthcare Provider, #215412874604 **Expires: May 2023**

**Student Nurse: Clinical Experience**

**Spaulding Rehabilitation Hospital**: *Clinical Immersion- Brain Injury Unit* **May 2020-August 2020**

* Cared for adults on the Brain Injury Unit whose injuries ranged from stroke to traumatic brain injuries. I was immersed in all aspects of nursing here including: assessments, admissions/discharges, care plans, teaching, vitals, medication administration, G&J-tubes, IV fluid and medication administration, respiratory care, wound care, drain care, catheters/catheter care, ambulation, and immunizations. Here I was able to work along side in coordination with each patient’s care team. Each patient had an occupational and physical therapist, speech therapist, social worker, and some a nutritionist or psychologist. The patients were complex which required excellent communication with all members of their teams.

**Winchester Hospital**: *Maternity* **February 2020 – March 2020**

* Provided direct patient care to women going into labor, those in labor, and those postpartum. Assisted with newborn assessments, medication administration, and their care.

**Massachusetts General Hospital (Ellison 17)**: *Pediatrics* **January 2020 – Present**

* Cared for children on a floor from the ages of 0 to 14. Provided care to children with diagnoses such as RSV, bronchiolitis, hip dysplasia, broken extremities, neutropenia, hyperinsulinemia, lacerations/wound care, and more. I also assisted with medication administration, blood sugars, head-to-toes assessments, suctioning, monitored vital signs, helped with ADL’s, and family care.

**Boys and Girls Club, Dorchester:** *Public Health Nursing* **January 2020 – Present**

* Created and led health and wellness activities and discussions for the kids to engage in during their afterschool program. Designed a “Love Yourself” craft project for the children ages 5 through 12 for my individual week. Also assisted with homework, played games in the gym/game room, and utilized the art and music rooms.

**Massachusetts General Hospital (Ellison 6):** *Medical-Surgical II* **September 2019 – December 2019**

* Provided acute care to acutely and chronically ill patients on an orthopedic-urology medical surgical unit. Common diagnoses and procedures of patients that were seen included knee, arm, and shoulder replacements, heart disease, osteomyelitis, acute kidney failure, and kidney transplants. Assisted with ambulation, blood sugars, medication administration via IV, IM, SQ, and PO, monitored vital signs, helped with head-to-toe assessments and ADL’s. Learned various skills including post-op replacement care instruction, tracheostomy care, and pressure ulcer wound dressing care.

**Melrose-Wakefield Hospital:** *Psychiatric Inpatient* **September 2019- December 2019**

* Utilized and practiced therapeutic communication skills to speak and help adult patients on the inpatient psychiatric unit. Common diagnoses included bipolar disorder, schizophrenia, PTSD, depression, anxiety, and many types of addictions.

**Brigham and Women’s Hospital:** *Medical-Surgical I* **June 2019 – August 2019**

* Cared for adults on a renal and burn medical-surgical floor where general medicine patients were frequent as well. I learned the fundamentals of nursing here of repositioning, ambulation, intake/output, respiratory

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*Clinical Experience continued*

assessments, taking vital signs, helping with ADL’s, head-to-toes, removing catheters, and wound care. On this floor, the patients I took care of the most were kidney transplants and donors, heart failure, and replacements.

**Professional Experience**

**CVS Pharmacy, Wakefield, MA** **October 2021- Present**

*Registered Nurse*

* Reconstitute, measure, and administer adult and pediatric vaccines including COVID, flu, shingles, Tdap, etc.
* Assess and monitor patients after vaccines as well as providing immediate intervention in cases of adverse reactions.
* Provide patient education on their specific immunizations.
* Proficient in all vaccine protocols and administration.

**Warner Bros Media/The Judge Group**, Boston, MA **June 2021 – October 2021**

*Registered Nurse—Nurse Manager*

* Manage and supervise a team of registered nurses and administrators.
* Order all supplies needed to productively run testing site.
* Enforce all COVID safety protocols with staff and patients to make for a safe and efficient environment.
* COVID test all members of production team.
* Responsible for concierge testing of primary cast and site representatives.
* Run, interpret, and enter rapid COVID-19 tests on Abbott ID Now machines.
* Communicate with production and testing units on positive results and provide follow-up care and education.
* Ensure that standards and quality of care are maintained.
* Register and check-in patients.

**Massachusetts General Hospital**, Boston, MA **June 2016 – Present**

*Unit Coordinator/Surgical Liaison*

* Admit patients to the hospital for their surgical visit.
* Document the flow of 125+ patients daily.
* Talk to each individual patient and family member to keep them informed of the process as well as the progress throughout the day.
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* Communicate with OR staff, multiple charge nurses, and physicians to maximize efficiency of the operating room schedule and flow.
* Assist nursing staff with paging, prescription orders, document printing and various other tasks.
* Full, extensive use of EPIC, Prism, CAS, and OR scheduling.
* Coordinate with pharmacy and physicians to obtain orders or to address any issues that have arisen in the process.
* Coordinate operating room assistants and nursing assistants to transport patients and families.
* Create and handle medical record charts for patients.
* Manage medical documentation forms.
* Facilitate triage phone calls.
* Assist Operation’s Manager with employee staff coverage and placements.
* Schedule and book patients for surgery which includes speaking with physicians and the OR control desk.

**Orthodontics by Design, PC,** Wakefield, MA **May 2014-September 2016**

*Orthodontic Assistant/Technician*

* Picked up and sanitized instruments to ensure a clean and neat environment for patients.
* In charge of cleaning and changing all sanitizing liquids and machines.
* Assisted the doctors in working on patients to help keep the cycle of patients moving at a reasonable pace.
* Maintained all patient stations.
* Responsible for preparing Invisalign trays for the doctor as well as take home bags for patients.
* Stocked drawers and cabinets to create a neat and organized workspace.
* Greeted and interacted with patients to make for a comfortable environment.

*Academic Tutor* **November 2012-Present**

* Successfully have tutored students of various ages in the subject area of math.
* Responsible for meeting with students each week to ensure continued reinforcement with new and past information.
* Help to form study habits for chapter tests, midterms, and finals.
* Guide students through homework in order to ensure that they are up to date on each individual area of study.

**Volunteer Experience**

**Best Buddies,** Wakefield, MA **September 2008 – June 2013**

* Participated in best buddies activities and was paired with many individual members for different outings.

**Peer Leaders,** Wakefield, MA **September 2011 – June 2013**

* Travelled to schools to educate younger students on bullying, helping others, and being there for one another.

**National Honor Society,** Wakefield, MA **Novemeber 2012 – May 2013**

* Tutored a fifth grade girl in the subject of math throughout her school year.

**Wakefield Basketball Association,** Wakefield, MA **November 2010 – February 2011**

* Coached a first and second grade girls’ basketball team during the winter season for the town league.

**Professional Activities**

**Member,** Beta Beta Beta, Biological Honor Society **May 2017-Present**

**Member,** National Honor Society **April 2013-Present**

**Skills**

* Possess skills in EPIC, Prism, CAS, IMZ, OR scheduling, and all Microsoft Word programs.