

Amber Miles, RN, BSN

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Summary of Qualifications

- Experience in the Cardiovascular ICU/PCU/CV Telemetry setting in three Magnet recognized, nationally ranked hospitals
- Current compact RN license in state of Texas (907446) and in Minnesota (2461413)
- ACLS and BLS certified / American Heart Association
- Inducted into Sigma Theta Tau International Honor Society of Nursing, 5/2016
- Strong customer service and communication skills
- Great leadership, teamwork and training capabilities
- Experience caring for COVID-19 patients of fluctuating acuity status in the PCU and Telemetry settings

Education

Bachelor of Science in Biology

Minor in Chemistry

Graduated Cum Laude

University of North Texas

May 16, 2009

Denton, TX

Bachelor of Science in Nursing

Graduated Cum Laude

University of Texas Arlington

May 12, 2016

Arlington, TX

Employment History

Registered Travel Nurse
Maxim Healthcare (Travel Agency)

January 2021-current

Travel Nurse Skills:

- Adaptation to new facility protocols, policies & procedures, including specific unit protocols.
- Adapts well to new healthcare team members to collaborate on individualized patient care.
- Extensive experience on different COVID units while working with respiratory therapy, ICU nurses, and other COVID team members to provide continuous quality care in a fast-paced environment.
- Received 3 Daisy Awards for displaying extraordinary nursing care while working as a travel nurse.

- Memorial Hermann Medical Center January 11, 2021-February 22, 2021 (8week assignment)

Katy, Texas

- Provided quality care to patients on several Telemetry, Med/Surg units with a 5-6:1 patient ratio.

• Shannon Medical Center

March 22, 2021-September 25, 2021

San Angelo, TX

- Provided continuous care for patients hospitalized to COVID PCU with COVID-19 diagnosis & complications. Care included close monitoring of patient's respiratory status with high oxygen demands requiring supplemental oxygen therapies such as, High Flow Nasal Cannula, AirVO, and BiPap
- Provided care for patients admitted to Telemetry and Med/Surg units for acute and chronic complications of CHF, Diabetes, HTN, COPD, CVA, Dementia, cancer, and other diagnoses.

Registered Nurse

March 18, 2019- December 25, 2020

Baylor Scott & White Medical Center

Irving, TX

- Provides individualized quality care on a 28-bed telemetry unit for patients admitted for chronic and acute diagnoses including: Arrhythmias/irregular heartbeat, CHF exacerbation, Fluid Volume Overload, Coronary Artery Disease (CAD), STEMI/NSTEMI, Chest Pain, PE, DVT, Hypertension (HTN), COPD exacerbation, Acute Kidney Injury (AKI), Chronic Kidney Disease (CKD), ESRD Dialysis patients, Diabetes, CVA/Stroke, and comorbidities such as cancer and autoimmune diseases.
- Monitors and provides appropriate care for PUI and COVID positive patients admitted for acute respiratory failure and pneumonia due to COVID-19 virus. Performs PCR COVID swab as ordered to detect COVID-19 in suspected positive patients.
- Monitors and interprets patient's EKG and continuous CV telemetry heart rhythms.
- Performs patient assessments, monitors patient's vital signs, lab results and notifies provider with any acute changes in patient status. Implements orders as given.
- Administers oral, SQ, IM & IV push scheduled and PRN medications per orders and also Manages IV drips, such as amiodarone, Cardizem, dobutamine, heparin, milrinone, Lasix and Bumex
- Collaborates with entire healthcare team including physicians, nurse practitioners, social workers, physical, occupational and speech therapists, respiratory therapists, dieticians and pharmacists to coordinate individualized Plan of Care and implement appropriate interventions as needed.
- Educates patients and families on specific medications, plan of care, and discharge instructions.
- Documents all necessary patient care and information via current EPIC documentation system, has prior experience with All-Scripts documentation system.

Registered Nurse

August 2018-February 2019

Good Samaritan Society

Austin, MN

- Provided nursing care in a long-term care facility for elderly residents who can no longer independently care for themselves due to dementia and/or other medical diagnoses. Also provides rehabilitative and skilled care services for patients after immediate discharge from the hospital in need of physical therapy

and occupational therapy post-surgical procedures and/or acute diagnoses, such as stroke, MI, recent falls and fractures, etc.

- Assessed residents and their individualized plan of care, then implemented and coordinated their care within that specific area, making changes as needed through communicating with the appropriate physicians and other members of the healthcare team.
- Assured scheduled/ PRN medications, treatments, and wound cares were administered to assigned residents/patients and proper safety equipment was used according to orders, procedures and protocols and documents appropriately.
- Maintains a safe, clean, orderly living area for each resident while providing education regarding their care to both resident and their family members.

Registered Nurse
Mayo Clinic

November 2017-June 2018
Rochester, MN

- Cared for patients on the Cardiovascular Surgical Intensive Care Unit (CVSICU). Went through Mayo training to provide nursing care for patients who underwent surgeries, such as CABG, valve replacements and/or repairs, emergent aortic dissections, MAZE procedures, myectomies, congenital defects, and/or other comorbidities.
- Assessed patients, performed safety checks at beginning of shift, maintained patient safety and provided a safe environment while continuously monitoring patient status including daily labs, vital signs, hemodynamics, urine output, IV drug titrations, administering scheduled and PRN medication, and communicated patient status and needs to the proper provider or medical team member for that particular shift based on acute changes and/or protocols/orders for each individual patient.
- Learned proper documentation through MICS Last Word, Charts Plus, Synthesis and most recently EPIC charting systems

Registered Nurse
The Heart Hospital Baylor Plano

June 2016-October 31, 2017
Plano, TX

- Provided continuous nursing care for patients admitted for cardiovascular diagnoses, cardiovascular surgeries, and/or procedures, such as CHF exacerbation, Arrhythmias, Cardiac catheterizations/stents, Coronary Artery Disease (CAD), Coronary Artery Bypass Graft (CABG) surgery, Aortic Aneurysms, Valve replacement surgery, MAZE procedure, and Permanent Pacemaker placement.
- Use of analytical and critical thinking skills while monitoring of ICU and PCU status patients and reporting necessary changes or acute abnormalities to the appropriate provider and following orders as given.
- Monitoring of blood work and replacement of appropriate electrolytes, fluids, and blood products per protocols/orders.
- Provided care and management of Central lines, PICC lines, Arterial lines, Chest tubes, PEG tubes, nasogastric tubes and feedings, and indwelling urinary catheters.
- Titration of vasoactive and anti-arrhythmic drips as ordered in cardiovascular patients.
- Promoted and ensured a safe environment for each individual patient in order to prevent infection, falls, pressure ulcers and other complications.
- Implemented care for patients with Left Ventricular Assistive Devices (LVAD's) and documents appropriately.
- Collaborated with surgeons, physicians, nurse practitioners, physical therapists and occupational therapists to provide quality individual patient care.