Danielle Martinez

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I am a compassionate and patient-focused Registered Nurse with experience in providing excellent care to patients with a variety of conditions. I'm able to remain calm in stressful situations, am highly organized, able to proficiently prioritize multiple tasks and have strong interpersonal communication skills.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

CASCADE OUTPATIENT SPINE CENTER - Bellingham, WA August 2019 to Present

- Experience with operation of a C-Arm
- Circulating RN in the operating room for injections, radio frequency ablations and surgery

• Manages patients in PACU (medicates for pain control, monitoring of airway and vital signs, provides discharge instructions, assists patients with wound care, dressing changes, getting dressed, discontinuation of IV's and escorts patient to vehicle)

• Discontinues JP drains

• Mange patients in Pre-Op (admission assessment, insertion of IV's, medication administration, vital signs)

- Prepare the operating room for the patients and the procedure
- Obtains medications for the Anesthesiologist
- Opens sterile instruments and supplies
- Surgical count of needles and dressings
- Ensures there are no breaks in the sterile techniques during the procedure
- Perform Pre-Op and Post-Op calls
- Conscious Sedation
- Training of new staff members

RN (Progressive Care Unit/Cardiovascular Unit & Orthopedic Clinic)

PEACEHEALTH ST JOSEPH MEDICAL CENTER - Bellingham, WA 2016 to 2019

- Manage care for 4 acute care patients
- · Communicating with patients and family; patient and family teaching
- Insertion of IV's and catheters
- Removal of Central lines
- Administration of IV fluids and antibiotics
- Pain management
- Monitoring vital signs and providing head to toe assessments
- PICC line maintenance and blood draws
- Communicating with additional personnel such as EMS staff, Techs and more

- Communicating with physicians via phone, fax, in person and on computer
- Admitting and discharging patients
- Supervision of nursing assistants
- Care of Hospice/End of life patients
- Management of Enteral and parenteral feedings, chest tubes
- Medication Administration including PO, IV, SQ, IM, SL, transdermal and through various tubes
- Use of various machines including but not limited to bladder scans, INR/Protime machine, glucometer,

Doppler and suction equipment

- Use of Epic
- Triage Referrals (Urgent and routine)
- Wound care
- Suture removal
- Cast removal
- Scheduling patients
- Working directly with physicians and physician assistants

Registered Nurse

PEACEHEALTH ST JOSEPH MEDICAL CENTER - Bellingham, WA 2014 to 2016

- Manage care for 6 acute care patients
- · Communicating with patients and family; patient and family teaching
- Insertion of IV's and catheters
- Administration of IV fluids and antibiotics
- Pain management
- Monitoring vital signs and providing head to toe assessments
- Phlebotomy and PICC line maintenance
- Communicating with additional personnel such as fire departments and EMS staff
- Communicating with physicians via phone, fax, in person and on computer
- Admitting and discharging patients
- Supervision of nursing assistants
- Care of Hospice/End of life patients
- Management of Enteral and parenteral feedings, chest tubes
- Medication Administration including PO, IV, SQ, IM, SL, transdermal and through various tubes
- Use of various machines including but not limited to bladder scans, INR/Protime machine, glucometer,

light therapy, Doppler's and suction equipment

Use of Centricity live

Registered Nurse/Team Leader

CHRISTIAN HEALTH CARE CENTER - Lynden, WA 2013 to 2014

- Managing care for 12-26 long-term and/or rehabilitation/acute care patients
- Medicare charting
- Communicating with patients and family; patient and family teaching
- Breathing/Nebulizer treatments, Oral suctioning
- Insertion of IV's and catheters
- Administration of IV fluids and antibiotics

• Wound care management and dressing changes including but not limited to: sterile dressings, wet to dry dressings, wound vacs, wound packing, etc.

- Pain management
- PICC line dressing changes and care
- Monitoring vital signs and providing head to toe assessments
- Phlebotomy
- Communicating with additional personnel such as fire departments and EMS staff
- Rehab of orthopedic patients and monitoring of incisions
- Staple and suture removal
- · Communicating with physicians via phone, fax, in person and on computer
- Admitting and discharging patients
- Supervision of nursing assistants
- Working as a team with speech, occupational and physical therapies as well as dieticians
- Care of Hospice/End of life patients
- Management of Enteral and parenteral feedings
- Medication Administration including PO, IV, SQ, IM, SL, transdermal and through various tubes

• Use of various machines including but not limited to bladder scans, INR/Protime machine, glucometer, light therapy, Doppler's and suction equipment

• Use of various computer programs such as Meditech, Centricity live and logition

VARIOUS CARE FACILITIES Bellingham, WA

Certified Nursing Assistant

CNA/NAC 2010 to 2012

- Protected and promoted resident rights and assisted patient to maintain independence
- Ensured the safety and well-being of the patients is maintained
- Checks safety equipment and restraints
- Performs simple treatments: applying compresses and sitz baths
- Monitor and records vital signs (I&O, weights, blood pressure, pulse, temp, respirations, O2)
- Ambulates and repositions patients, gives backrubs
- Transports/escorts patients to other areas, and assists patients in and out of chairs and wheelchairs
- Observes patients, records observations and alerts nurse to significant changes; performs charting duties
- Changes beds, replenishes supplies; performs emergency housekeeping
- · Assists patients to bathrooms, provides bedpans, collects specimens
- Prepares patients for and assists patients with meals; passes nourishments and water
- Assisted patients with bathing, dressing, hygiene and grooming in accordance with established care plan
- Cleans and disinfects equipment; disposes of soiled linens and waste

Education

ASSOCIATE OF SCIENCE in REGISTERED NURSING

Skagit Valley College - Mount Vernon, WA 2011 to 2013

Associate in NURSING ASSISSTANT CERTIFIED

Bellingham Technical College - Bellingham, WA 2010

Nursing Licenses

RN

Expires: August 2020

State: WA

Skills

KEYWORDS RN, BLS, CPR, ACLS, Rehabilitation, Orthopedics, Team Leader, Medication Administration, Vitals, Injections, Infusions, Immunizations, IV, Patient Health Data, EMR, Acute Care, Medical, Surgical, Pediatrics, detail-oriented, Healthcare Provider, Advocate, post-op, Centricity live, EPIC, Vision, Meditech, Safety, PACU RN, Perioperative RN, Operating Room

- Critical Care
- Hospital Experience
- Medical Surgical
- RN
- Med Surg
- Operating Room
- Staff Nurse
- · Attention to detail
- Perioperative nursing
- Pain Management
- Triage
- Patient Care
- Employee Orientation
- Caregiving
- Hospice Care

Certifications and Licenses

BLS Certification

ACLS Certification

Assessments

Nursing Skills: Clinical Judgment – Expert

July 2019

Assessing a patient's condition and implementing the appropriate medical intervention. Full results: <u>Expert</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.