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| ***Krystal Sobers*** |

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|  | ***Professional Summary***Dynamic Nurse bringin twelve years of experience treating patients and coordinating care with other healthcare staff. Proven history of leveraging critical thinking, analysis and medical knowledge to deliver superior care in high-pressure environments. Prioritizes clinical and operational tasks in fast-paced emergency medicine settings.***Work History***Nurse Stat -Registered NurseLexingtton, KY*08/2018 - Current** Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
* Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
* Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
* Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
* Helped patients achieve higher standards of living through effective ADL coaching and assistance.
* Vaccinated patients to protect individuals from measles, pneumonia, influenza and other illnesses of concern.
* Observed and reported patient condition, progress and medication side effects to accurately document updates.
* Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
* Remained calm during high-stress, critical situations, demonstrating sustained focus and problem-solving in real-time.
* Checked and recorded vital signs of patients and reported changes in patients' behavior or conditions.
* Educated patients and answered questions about health condition, prognosis and treatment.
* Documented vitals and medical histories in patient charts when assessing patients and communicated patient information to physicians and other nurses for care continuity.

Nurse Registry - Certified Nursing Assistant Lexington, KY*08/2013 - Current** Assisted patients with mobility needs, including moving to and from beds, organizing wheelchairs and preparing assistive devices.
* Oversaw and maintained patients' rooms, group living areas and nurse stations.
* Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
* Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
* Checked patient vitals such as temperature, blood pressure and blood sugar to stay on top of symptoms and keep nures informed of changes.
* Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
* Transported patients between rooms and appointments or testing locations.

Lexington Country Place - Nurse Lexington, KY*05/2018 - 05/2020** Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
* Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
* Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
* Helped patients achieve higher standards of living through effective ADL coaching and assistance.
* Observed and reported patient condition, progress and medication side effects to accurately document updates.
* Educated patients and answered questions about health condition, prognosis and treatment.
* Served as charge nurse, caring for patients with serious illnesses.
* Accurately recorded all interactions in medical charts, documenting accidents and interventions applied.

Eastern State Psychiatric Hospital - Mental Health Technician Lexington, KY*04/2016 - 09/2018** Escorted patients from unit to meals, activities and visitation areas to maintain standard of safety and security.
* Applied de-escalation and limit-setting techniques to promote patient cooperation.
* Performed scheduled patient safety checks and documented results to establish patients' well-being.
* Assisted with patient restraint and seclusion scenarios to create safe environment for patient and medical personnel.
* Accompanied new patients to unit and recorded vital signs to establish baseline record upon facility arrival.
* Identified behaviors that necessitated intervention and obtained assistance from qualified personnel to complete intervention.
* Treated clients and families with respect and dignity.

Queen Elizabeth Hospital - Patient Care Technician Bridgetown, Barbados*06/2008 - 12/2012** Offered immediate assistance in emergency and routine paging situations to evaluate needs and deliver care.
* Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
* Attended to patient and family's immediate needs and concerns by acknowledging and providing required attention.
* Answered patient assistance calls, assessed needs and offered qualified support.

***Additional Information***Nurse Externship At Catholic Helathcare Initiatives- June 2017Big Brother Big Sister of The Bluegrass Volunteer - May 2014 |  |  | disciplinesobi2013@gmail.com(859) 396-5933Lexington, KY 40517 40517, Lexington, KY ***Skills**** Clinical Documentation
* Current [State] licensure with State Board of Nurse Examiners
* Patient and family education
* Healthcare ethics
* Nursing staff leadership
* Tracheostomy Care
* Insulin medication assistance
* Intravenous therapy
* Patient and family advocacy
* Strong clinical judgment
* Medication Administration

***Education***05/2018Bluegrass Community And Technical CollegeLexington, KYAssociate of Applied Science : Nursing03/2020Galen College of NursingLouisville, KYBSN |  |
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