Amina Ahmed

bsn, cnor, rn

2309 Firestone Court St Charles, Missouri-63303

Email: mousamina@gmail.com C: 314.437.2273

**Professional summary**

International trained registered nurse with extensive experience in perioperative nursing. Passionate about delivering exceptional, compassionate patient care with respect to individual patient needs. Skilled at maximizing patient comfort and safety. Highly organized, flexible, forward-thinking with analytical problem-solving abilities and advanced clinical expertise.

**Professional Experience**

**RN Contactor/Staff**

***May 2019- Current: Barnes Jewish Hospital, St Louis, MO- (Neuro, Spine, ENT OR)***

* Assessing the patient's physiologic and psychological status before, during, and after surgery and taking appropriate action.
* Identifying priorities and implementing care based on sound nursing judgment and individual patient needs.
* Direct participation in surgical procedures; perform as a circulating nurse during surgeries.
* Maintain effective communication with patient, families and all multidisciplinary team members to ensure a smooth progression of work and safe and effective patient outcomes.
* Demonstrate a sound knowledge of aseptic principles and techniques to maintain a safe and therapeutic environment and adhere to hospital and departmental policies.
* Participate in various quality control activities that meet hospital standards for patient and staff safety.

**RN Staff Nurse**

**Sept 2001 – March 2019; *Kenyatta National Hospital, Nairobi, Kenya.***

* Assess patients prior to surgery and develop an individualized perioperative plan of care.
* Coordinate and oversees the room during a case as a scrub or a circulator.
* Position and prepare patient on the operating table while maintaining safety.
* Monitors, records, and communicates patient's condition and needs within the interdisciplinary team.
* Collaborate with the surgical team to ensure the highest safety and surgical standards for the patient.
* Maintain a cooperative relationship among healthcare teams by communicating information, responding to requests, building rapport, and participating in team problem-solving methods.
* Documents perioperative care delivered per the hospital.
* Evaluates remediates and documents the surgical environment for aseptic merit.
* Ensure professional development within the practice.

**Skills**

* Possess exceptional organization, time management, and prioritizing skills.
* Demonstrate effective interpersonal skills, excellent written and verbal communication skills, and the ability to work in a multidisciplinary team.
* Demonstrates competence, confidence, and compassion in the safe delivery of patient care.
* Accountable for all actions in the delivery of evidence-based nursing care in the operating room and aware of and comply with protocols, policies, and standards to provide safe and effective patient care.
* Act as an advocate for the patient during the entire episode of care by ensuring competence, safety, privacy, dignity, and confidentiality.
* Demonstrate a sound knowledge of infection control principles and adhere to departmental and organizational policies regarding infection prevention and control.
* Demonstrate awareness and compliance with legal and ethical aspects of perioperative nursing.
* Strong knowledge of pharmaceutical drugs administration, pharmacodynamics, and pharmacokinetics.
* Exceptional knowledge of operating room assignments, techniques, and management.
* Extremely thorough in maintaining patient records, interpreting medical reports, and drawing effective and rational conclusions.
* Excellent computer skills; Technical proficiency, and comfortable with computer documentation

**Education**

* Bachelor of Science Nursing; *Kenya Methodist University (Sept 2014)*
* Diploma Nursing; *Kenya Medical Training College (Dec 2000)*

**Licenses/ Certificates**

* May 2019:Missouri RN License #2019015929 : Expiry; April 30, 2023
* Oct 2020- Dec 2025: CNOR
* April 2021 -April 2023: BLS

**References**

1. Martin Gitonga

469.838.0118

 Martin.gitonga@medicalcityhealth.com

1. Joy Lewis

 407.681.2999 ext 315

 C: 407;663.6713

 jlewis@avanthealthcare.com