

RACHEL FLOWERS

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PROFESSIONAL QUALIFICATIONS

Highly adept, flexible, experienced professional seeking a position as a **Registered Nurse** in a dynamic, fast-paced, patient-centered care environment.

EDUCATION

Kirkwood Community College

Cedar Rapids, IA

Registered Nurse - June 2021

Associate's Degree of Nursing: May 2021

Licensed Practical Nurse - June 2019

Practical Nursing Program Diploma

University of Iowa

Iowa City, IA

Bachelor's Degree - December 2007

Bachelor of Arts Degree: Studio Art

CERTIFICATIONS

State of Iowa Registered Nurse	2021
BLS/First Aid Certified	2020
Certified Nurse Aid	2017

STUDENT NURSE | CLINICAL ROTATION:

TOTAL CLINICAL HOURS: 562

Advanced Concepts Preceptorship	178 Hours
Concepts of Nursing (2 Rotations)	144
Mental Health	48
Foundations II (Acute Care Unit)	96
Foundations I (Long-Term Care)	96

SKILLS

- Head-to-toe assessment & documentation in a timely manner
- Implement evidence-based workflows to improve efficiency
- Prioritize and continually adjust assessments and care plans based on changing conditions
- IV placement, maintenance, and medication administration
- Effective, timely communication with cohorts and medical providers
- Proficiency in EPIC

WORK EXPERIENCE

SOLON NURSING CARE CENTER

Licensed Practical Nurse - Registered Nurse* 2019 - 2021

- Assess resident vitals and identify trends
- Obtain bodily fluids and specimens for cultures
- Provide holistic, evidence-based care to geriatric population to enhance safety and quality of life
- Identify abnormalities in resident condition and communicate with interdisciplinary team of medical providers, social workers, and restorative care workers
- Administer prescribed treatments and medications to residents on schedule
- Identify discrepancies and contraindications in prescribed medication regimens
- Implement safety and infection control protocols to reduce risk for resident injuries and illness

PRAIRIE HILLS ASSISTED LIVING

Resident Care Specialist — 2018-2019

- Provide holistic, evidence-based care to residents
- Vital sign measurements and notification of DON of deviations from resident baseline
- Administer prescribed medications safely and on schedule to residents
- Document resident medication administration data in computer
- Assist with ADLs such as dressing, bathing, ambulating, observing, and changing soiled articles
- Wound dressing, observation, management and care
- Document and communicate to on-call RN changes in resident status
- Communicate with team leaders to provide safe, quality care within my scope of practice
- Act quickly in event of a pressing health or safety concern with a resident