

Sonja Hartson

Licensed Practical Nurse

Waverly, IA 50677

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LPN with almost 15 years experience as a nurse, with over 9 years as a clinic nurse. I have experience in family practice, allergy and immunology, SNF, ICF, ICF/DD, and mental health hospital.

Authorized to work in the US for any employer

Work Experience

Charge Nurse LPN

Pillar of Cedar Valley - Waterloo, IA

April 2020 to Present

- Passing medications
- Treatments
- De-escalating behaviors
- Work on ICD/ID floor
- Entering orders
- Proficient in Point Click Care

LPN Staff Nurse

Mental Health Institution Independence Iowa - Independence, IA

November 2020 to June 2021

Licensed Practical Nurse Charge Nurse

Care Initiatives - Pinnacle Specialty Care - Cedar Falls, IA

July 2018 to April 2020

- Gathered patient data, cleaned wounds and changed catheters as part of comprehensive support.
- Worked with multidisciplinary team to carry out successful treatment plans for diverse acute and chronic conditions.
- Delivered oral medications, IM and SQ injections to mitigate or resolve patient symptoms.
- Documented patient vitals, behaviors and conditions and communicated concerns to supervising DON/ADON.
- Assessed patients' temperature, pulse and blood pressure and recorded in electronic medical records.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
- Documented vitals and medical histories in patient charts when assessing patients and communicated patient information to physicians and other nurses for care continuity.
- Strictly protected confidentiality of all information related to patient care activities and EMS operations.
- Updated patient charts using Point Click Care with data such as medications to keep records current and support accurate treatments.

LPN

Western Home Communities - Downtown Campus - Cedar Falls, IA
November 2017 to June 2018

- Worked on SNF, ICF, and dementia units
- Self-directed with astute judgment skills. High level of personal accountability.
- Instructed patients and family members on proper discharge care.
- Diagnosed and treated patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD and pneumonia.
- Experience with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, and Alzheimer's disease.
- Strong leader for nursing personnel assigned to the unit/shift.
- Chronic patient care in skilled unit, adeptly handling all aspects of treatment from medication to wound care to monitoring for 12-24 patients per shift.
- Documented patient information obtained from interviews.
- Assisted residents with lifting and transferring.

Licensed Practical Nurse (CLINIC)

Dr Annie Kontos - Waterloo, IA
June 2017 to October 2017

- Interviewed patients to obtain medical information, weight and height measurements and vital signs.
- Documented patient information obtained from interviews.
- Assessed patients and documented their medical histories.
- Evaluated patient care needs, prioritized treatment, and maintained patient flow.
- Experience with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, and Alzheimer's disease.
- Authorized drug refills and provided detailed prescription information to pharmacies.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Routinely retracted patient throat cultures and prepared them for lab submission.
- Accurately recorded and reported test results according to established procedures.

Allergy & Immunology - LPN/CLINIC NURSE

Cedar Valley Medical Specialists - Waterloo, IA
September 2015 to May 2017

- Interviewed patients to obtain medical information, weight and height measurements and vital signs.
- Evaluated patient care needs, prioritized treatment, and maintained patient flow.
- Authorized drug refills and provided detailed prescription information to pharmacies.
- Managed various general office duties such as answering multiple telephone lines, completing insurance forms, scanning all documents into EHR and billing.
- Administration of allergy injections.administration of Xolair.
- Provided patient education.Followed infection control procedures.
- Accurately recorded and reported test results according to established procedures.
- Proficient in usage of GPMS/IDX, Allscripts /Touchworks, and Phreesia.
- Super user for our office for computers/EHR.

LPN/CLINIC NURSE

Unity Point - Rohlf Memorial Clinic - Waverly, IA
September 2008 to September 2015

- Interviewed patients to obtain medical information, weight and height measurements and vital signs.

- Documented patient information obtained into EHR.
- Reviewed with patients current concerns and documented their medical histories.
- Evaluated patient care needs, prioritized treatment, and maintained patient flow.
- Assisted doctors with non-invasive procedures.
- Authorized drug refills and provided detailed prescription information to pharmacies.
- Managed various general office duties such as answering multiple telephone lines, triaging, completing prior authorization forms, and scheduling referral appointments for patients.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Provided patient education.
- Ordered lab tests and gave patients lab results.
- Very proficient with usage of electronic health records.

LPN - PRN

Cedar Falls Lutheran Home - Cedar Falls, IA

January 2008 to September 2010

- Interviewed patients to obtain medical information, weight and height measurements and vital signs.
- Documented patient information obtained from interviews.
- Assessed patients and documented their medical histories.
- Evaluated patient care needs, prioritized treatment, and maintained patient flow.
- Trained new staff.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Implemented necessary changes based on evaluation of staffing requirements and floor assignments.
- Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- Assisted patients with daily functions. Monitored fluid intake and output levels, discharge instructions, and follow-up care.
- Partnered with team of registered nurses to achieve overall well-being of all patients.

Education

Diploma in Nursing

Hawkeye Community College - Waterloo, IA

2007

Certificate in Nursing Supervisory Course

Hawkeye Community College

Nursing Licenses

PN

Expires: October 2022

State: IA

Skills

- Billing (3 years)
- Catheter (10+ years)

- Cpr (10+ years)
- Cpr certification (10+ years)
- Answering
- LPN (10+ years)
- Staff Nurse (10+ years)
- Developmental Disabilities Experience
- Nursing Home Experience
- Allscripts
- EMR Systems
- Triage
- Experience Administering Injections
- Alzheimer's Care
- Dementia Care
- Medication Administration
- Epic
- Laboratory Experience
- Supervising experience
- English
- Nursing
- Budgeting
- Assisted living

Certifications and Licenses

LPN

BLS Certification

Assessments

Electronic Medical Records Knowledge — Highly Proficient

June 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: [Highly Proficient](#)

Medical Terminology — Expert

June 2019

Understanding and using medical terminology

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.