

# Jamie Lex

Altoona, IA

-Email me on Indeed: <http://www.indeed.com/r/Jamie-Lex/ece8b9d24c9e0015>

## Work Experience

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### **Licensed Practical Nurse/Medical Esthetician**

True Nature Skin+Energy MedSpa - Des Moines, IA

January 2022 to Present

I'm the sole owner of a medical spa and weight loss center in Des Moines. I offer medical treatments for corrective skincare and weight loss. It's a perfect mix for my education, experience and background.

### **LPN Travel Nurse**

Maxim Healthcare Services - Des Moines, IA

December 2018 to January 2021

Contract travel nursing services. Most contracts were short contracts within a 75 mile radius of Des Moines, IA. I accepted a Covid Travel Nursing assignment in Maine in January 2021.

Basic nursing skills within scope practice: Medication Administration, Vital Signs, Assessments, Execution of plan of care under the direction of RN, Charge Nurse duties, critical thinking and problem solving skills, G-tube, trach care, skin assessment and treatments, CNA supervision, lab draws, enteral feeding.

## Education

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### **Bachelor's in Nursing/Science**

Kaplan University-Des Moines Campus - Des Moines, IA

January 2013 to May 2013

### **Associate in Science (AS) in Nursing**

Des Moines Area Community College - Ankeny, IA

August 2009 to December 2011

## Nursing Licenses

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### **PN**

## Skills

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- Customer service (10+ years)
- Nursing
- Medication Administration
- EMR Systems
- Tube Feeding

- Experience Administering Injections
- Triage
- Vital Signs
- Hospice Care
- Home Care
- Patient Care
- Dementia Care
- YTT 200 Yoga Instructor (2 years)

## Certifications and Licenses

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### **LVN**

**AED Certification**

**CPR Certification**

### **LPN**

**BLS Certification**