

ADAOBI NWANGWU

Master of Public Health

Grimes, IA

-Email me on Indeed: <http://www.indeed.com/r/ADAOBI-NWANGWU/cd8322d1031c0c96>

An experienced team leader with an abundance of creative energy and a superior work ethic. Proven ability to synthesize a wide range of information and use that information both to complete the tasks required of me, and to recognize the potential for enhancements.

Willing to relocate to: Grimes, IA - Des Moines, IA -

Authorized to work in the US for any employer

Work Experience

Licensed Practical Nurse (LPN)

Edgewater retirement community - West Des Moines, IA

November 2020 to Present

- Provide patient care including assessments, medication administration, patient education, wound care, catheter care,
- Creating, following, reviewing, and updating care plans as needed.
- Ensuring proper documentation of care
- Enforcing fall prevention and patient safety protocols
- Attend to patient and family needs and improved channels of communication with a healthcare provider.
- Participate in order triple checks as part of quality assessment practices.

Certified Nurses' Assistant

HCR ManorCare Health Services - - Walnut Creek, CA

August 2018 to August 2020

- Assist patients in activities of daily living. Including showers, incontinence care, grooming, and feeding; both in long-term care and semi-acute sections.
- Train new CNAs to use assistive equipment such as lifts and slide sheets.
- Any other task as assigned by the Licensed Nurse, including catheter care, intake and output monitoring, and 24-hour urine collection.
- Rehabilitative care; including passive movements to upper and lower limbs, ambulating patients, and re-positioning of patients to prevent pressure ulcers.
- Train three successive central supply clerks even after my term.

Public Health Intern

CAN-DO Houston

November 2017 to April 2018

Lead on the Community Food Fair initiative. Organizing food fairs for the Independence Heights community in collaboration with the Houston Food Bank.

- Team Member, Healthy corner stores initiative. Conducting customer feedback surveys, Observation Management surveys, Weekly sales tracking of healthy food options at Healthy Corner Stores. Data entry and updates using Microsoft Excel.

- Food demonstration and nutrition Education at Healthy Corner Stores
- Participant in Neighborhood Action Committee for Sunnyside
- Final Grant Report writing

Certified Nurses' Assistant

HCR ManorCare Health Services - Walnut Creek, CA

September 2012 to October 2017

Assist Patients in activities of daily living, including showers, incontinence care, grooming, and feeding; both in Long-term care and semi-acute sections

- Any other task as assigned by the Licensed Nurse,
- Rehabilitative care; including Passive movements to upper and lower limbs, ambulating patients, and re-positioning of patients to prevent pressure ulcers

RESEARCH ASSISTANT

KAPLAN UNIVERSITY

November 2016 to December 2016

Assisted in conducting a Nutrition Environment Measures Survey (NEMS) of local grocery stores in my area

Central Supply (Ancillary) Clerk at HCR ManorCare

Central Supply (Ancillary) - Walnut Creek, CA

July 2014 to June 2016

Purchase Supplies needed for the smooth running of the facility mainly Medical supplies like over - the - counter medication, dressings, Physical Therapy equipment, wheelchairs, incontinent care supplies

- Rent medical equipment as needed for patient care.
- Maintain records of Purchase orders, Packing slips, Equipment rentals, and returns,
- Ensure that Medication rooms are stocked and medication up to date and not expired
- Member of the patient and employee safety team. Working to ensure a safe environment and prevent injury.
- Switch patient mattresses when the need arises to ensure that they are on the right mattress to prevent skin issues
- Enter tracking information for billing of patients. To make sure that they are properly billed for services and supplies provided.
- Keep supply rooms stocked and clean.
- Train New Central Supply clerk for another ManorCare building

Physical therapist

Robert Franz hospital - Abuja

January 2009 to April 2010

Head of Department, Physical therapy department at Robert Franz hospital, Kado Estate, Abuja (Jan 2009 – April 2010)

- In charge of setting up of the department in the new hospital
- Handled setting up appointments and follow-ups.
- Worked with vendors to purchase necessary equipment at a discount.
- Provide Physical Therapy assessment and care to patients as well as proper documentation in ways to protect patient privacy.
- Counseling and Educate patients on their condition, and the treatment plan, and ways to prevent reoccurrence.

- Worked in Liaison with the nursing staff, doctors, pharmacists, and the orthopedic surgeon for a well-rounded approach to patient care. Also ensuring no breakdown in communication.
- Recruit Physiotherapists and delegate Physical therapy duties in the department

Physical therapist

Fitness global physiotherapy clinic - Abuja

May 2008 to December 2008

NYSC Physiotherapist

Asokoro District Hospital - Abuja

March 2007 to February 2008

Intern Physical Therapist

State House Clinic

January 2006 to January 2007

Team physiotherapist for team state house at the 2006 edition of the federal public service games, Port Harcourt, Rivers State (November 2006)

- ◆ 2000 hours of clinical exposure at the university of Nigeria teaching hospital, Enugu (2004 -2005)
- ◆ Two months of clinical work at the national orthopedic hospital, Enugu (2003)

Education

LVN Diploma in Nursing

Unitek College - Concord, CA

June 2019 to June 2020

Certificate of completion NIAID Good Clinical Practice training

National Institute of Allergy and Infectious Diseases GCP Learning center

September 2018

Master of Public Health in Public Health

Purdue University Global (formally Kaplan University)

April 2018

Certificate of completion Social and Behavioral Research

Collaborative Institutions Training Initiative (CITI)

February 2018

Certificate of Completion in Basics of Health Economics E-Learning Course

The World Bank Institute

March 2011 to March 2011

Certified Nurses' Assisitant

P.A.S.S. Institute - Antioch, CA

2010

Bachelor of Medical Rehabilitation in Physiotherapy

University of Nigeria Enugu Campus

1999 to July 2005

Nursing Licenses

PN

Expires: August 2022

State: CA

PN

Expires: July 2023

State: IA

Skills

- Microsoft Office (10+ years)
- MS Word (10+ years)
- PowerPoint (7 years)
- Excel (5 years)
- Nursing
- Clinical Research
- Medication Administration
- Vital Signs
- GCP
- Catheter Care
- Employee Orientation
- Tube Feeding
- Adobe Acrobat
- Clinical Trials
- Hoyer Lift
- Teaching

Certifications and Licenses

BLS for Healthcare Providers (CPR and AED)

February 2021 to February 2023

Certified Nursing Assistant (CNA)

October 2010 to July 2021

Clinical Research Associate

2018

Ongoing

CPR

LPN

LVN

BLS Certification

Assessments

Customer Focus & Orientation — Highly Proficient

August 2020

Responding to customer situations with sensitivity

Full results: [Highly Proficient](#)

Supervisory Skills: Interpersonal Skills — Highly Proficient

August 2020

Fostering a collaborative environment and conducting difficult conversations

Full results: [Highly Proficient](#)

Active Listening — Highly Proficient

August 2020

Actively listening and appropriately responding in conversations

Full results: [Highly Proficient](#)

Verbal Communication — Highly Proficient

August 2020

Speaking clearly, correctly, and concisely

Full results: [Highly Proficient](#)

Supervisory Skills: Motivating & Assessing Employees — Expert

August 2020

Motivating others to achieve objectives and identifying improvements or corrective actions.

Full results: [Expert](#)

Project Timeline Management — Highly Proficient

September 2020

Prioritizing and allocating time to effectively achieve project deliverables

Full results: [Highly Proficient](#)

Medical Terminology — Expert

October 2020

Understanding and using medical terminology

Full results: [Expert](#)

Attention to Detail — Expert

October 2020

Identifying differences in materials, following instructions, and detecting details among distracting information.

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

SKILLS:

- ◆ Leadership
- ◆ Proficient in Microsoft Office (MS Word, Excel, PowerPoint,
- ◆ Writing
- ◆ Resourcefulness
- ◆ Creativity
- ◆ Able to work with and teach Children