

Sally Podzimek

Nurse (LPN) - Meth-Wick Community

Cedar Rapids, IA

-Email me on Indeed: <http://www.indeed.com/r/Sally-Podzimek/48a47e87481ced14>

Dedicated Charge Licensed Practical Nurse offering 16-years background managing nursing staff, delegating assignments and assessing patient conditions. Expertise in progress monitoring, plan implementation and history taking. Certified in Leading Age, devoted to service excellence in patient care and patient advocacy.

- Call Answering and Assistance
- CPR
- Supported Daily Living Needs
- Conditions Reporting
- Proficiency in computer skills, Microsoft Office (Windows, Outlook, Excel) with ability to learn new applications
- Good judgment, problem solving & decision making skills
- Patient Admission
- Nursing Staff Supervision
- Assessing Patients
- Charting
- Local and State regulations
- Feedback Acceptance
- Management Team Support
- Adaptable and Flexible
- Quality Assessments
- Dementia Knowledge and Care.

Work Experience

Nurse (LPN)

Meth-Wick Community - Cedar Rapids, IA

January 2008 to Present

- Delivered direct quality care to patients by evaluating medical conditions and managing and assessing treatments.

Nurse (LPN)

Living Center East - Cedar Rapids, IA

October 2007 to January 2008

- All nursing duties, Collaborated with interdisciplinary team of healthcare and Social service providers to address patients' needs through effective intervention and care planning

Education

Diploma in Nursing

Kirkwood Community College

2002

Diploma

College Community Schools

1980

Skills

- Nursing
- Customer service
- Communication skills
- Medical office experience
- Computer skills
- Data entry
- Documentation review
- English
- Hospice Care
- Medication Administration
- Vital Signs
- Dementia Care
- Home Care
- Tube Feeding
- Alzheimer's Care
- Case Management
- Infection Control Training
- Critical Care Experience
- EMR Systems
- Caregiving
- Triage
- Experience Administering Injections
- Managed Care

Certifications and Licenses

LPN

Assessments

Patient-focused care — Proficient

September 2022

Responding to patient concerns with sensitivity

Full results: [Proficient](#)

Home health aide skills — Proficient

September 2022

Providing care to patients in a home setting

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Groups

Volunteer Lifechurch

February 2022 to Present

I volunteer with Lifechurch currently at welcome Center, Greeter, Usher. Also have participated to serve with Servolution giving away over one thousand back packs, school supplies, church gave away free haircuts, eye exams, hearing & vision screenings. Currently working on my goal to assist teaching children/youth Sunday school curriculum. Have also participated volunteering with Hercules Haven sanctuary for abused & abandoned farm animals feeding cleaning & participating with fundraiser events.