

Lori Valasek

Licensed Practical Nurse

Mason City, IA

-Email me on Indeed: <http://www.indeed.com/r/Lori-Valasek/90e3b4cbfc77720>

VA Clinic 12/9/18 to present

Work as float nurse doing labs, injections, working in primary care and mental health, EKGs, administration of medications, work in optometry with ordering glasses and repairing.

Authorized to work in the US for any employer

Work Experience

LPN

Forest Park Clinic - Mason City, IA

August 2017 to Present

I have been working patient care coordination and have been scheduling procedures and testing, rooming patients, taking vitals, A1C testing, scribing, and also phlebotomy.

Working PRN

LPN Charge Nurse

Adams Health Care and Assisted Living - Adams, MN

August 2014 to Present

Administrating medications, charting vital signs, supervising staff, charting in EMR, skin and wound treatments,

blood sugar testing and administering insulin, working with residents and family, reporting to doctors, clerical

work, and answering phones.

Wait Staff

Mulligans - Mason City, IA

August 1991 to Present

Responsibilities

Working with all types of people, taking orders, delivering customers food and drink.

Accomplishments

I really enjoy this job. I have done it for years. I only work on Friday nights and some Saturday nights.

Skills Used

People skills, working with other staff, cleaning and filling coolers

LPN (Licensed Practical Nurse)

Mayo Clinic Health Systems - Austin, MN

January 2014 to June 2017

Rooming patients, vital signs documenting in EMR, laboratory testing and phlebotomy, emergency situations

in a regional clinic, EKGs, working with patients and doctors, and ear washes. Helping the provider with procedures. Checking out dates on medications and supplies and ordering necessary supplies.

LPN float / Cardiology

Mason City Clinic - Mason City, IA

August 2012 to January 2014

Responsibilities

I started at clinic as a float nurse working in three different departments. I worked in Urology, Ears nose and throat, and cardiology. I went full time in heart center in December of 2012. My experience includes drawing and/or analyzing blood, working with the doctor with sterile procedures, vital signs, EKGs, teaching patients about upcoming procedures, helping the doctor. I have also been to the outreach clinics setting up office and getting patients ready for their visit.

Accomplishments

I feel I was patient's advocate especially teaching patients about their upcoming procedures. I am a person who works very hard at my job and can do anything I set my mind to do. I am very caring and a compassionate person.

Skills Used

EKGs, blood drawing and analyzing, sterile procedures, injections. sterilization process, patient care, helping doctors with procedures, rooming patients, medication review and teaching, spinning down urine and checking pH, prepping charts, refills, preloading patients, and working with different computer systems.

LPN Charge Nurse

Faith Lutheran Home - Osage, IA

June 2011 to August 2012

Responsibilities

Medication administration, drawing blood for labs, wound care, watching for reactions to med, patient care, charting, vitals, enemas, catheter insertion, managing CNAs, working with patients families, doctors, administration, admitting and discharge of patients, checking patients pain levels and making sure patient needs are met.

Accomplishments

I loved the nursing home and the residents. I met some of the best people and residents ever in the nursing home.

Skills Used

Phlebotomy, enemas, sterile catheter insertion, medication administration and reactions, wound care, helping with exercise class before lunch, managing CNAs, vital signs, helping residents get ready for the day, caring and compassionate.

Preps operator

RR Donnelley - Osage, IA
November 1987 to June 2011

Responsibilities

I started out by doing graphic design with unix system and MAC. I designed business forms for several businesses. Our plant also printed the forms. In late 2000 we were bought out and our jobs changed a bit. The graphic design was sent out to India to be done and I ended up doing a lot of proofreading of the forms making sure they will print properly in the factory. I also set up forms for computer to plate with electronic system. Eventually my job was eliminated and sent to India.

Accomplishments

I designed all the W-2 and other tax forms so that we could print them for other companies and also proof read many forms and set them up for computer to plate.

Skills Used

Computer skills on many different computers, proofreading, working with management, sales representatives, factory employees along with the customers.

Respiratory Technician

Osage, IA
1983 to 1989

Responsibilities

Drawing arterial blood test, analyzing blood and doing regular controls on machines, breathing treatments, pulmonary function testing, oxygen monitoring, charting, CPR, running ventilators and working in all departments

Skills Used

CPR, codes, treatments, pulmonary function testing, following protocols, patient care and working in many different departments.

Education

Diploma in LPN

North Iowa Community College - Mason City, IA
August 2010 to May 2011

Associate Degree in Science major in Biology in Biology

North Iowa Community College - Mason City, IA

2008 to 2010

Associate Degree in Business in management

North Iowa Community College - Mason City, IA

August 1984 to May 1987

Diploma in Clerical in Clerical

North Iowa Community College - Mason City, IA

1981 to 1982

Nursing Licenses

PN

Expires: July 2019

State: IA

Skills

- Phlebotomy (10+ years)
- Venipuncture (10+ years)
- EMR Systems
- Experience Administering Injections
- Medical Office Experience
- Primary Care Experience
- Medication Administration (10+ years)
- Laboratory Experience
- Nursing
- Triage
- Vital Signs (10+ years)

Certifications and Licenses

LPN

LPN

LVN

CPR Certification

Additional Information

SKILLS

Working in many different areas of nursing and respiratory and CNA, I have attention to detail. I enjoy taking care of patients and residents. I have done phlebotomy, worked in scheduling patient for procedures and testing, rooming patients and scribing. I enjoy working with the public.