Harleen Sandhu RN BSN

EDUCATION

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Walden University

Master's Science in Nursing - Adult Geriatric Acute Care Nurse Practitioner Program 06/2020-06/2022 Capella University, VA

Bachelor of Science in Nursing, February 2020

Omega Gamma Chapter of Sigma Theta Tau International Honor Society of Nursing (Sigma)

Bryant & Stratton College, VA

Associate Degree of Nursing, December 2018

Virginia Commonwealth University, VA

Bachelor of Science candidate in Biology & Psychology

TECHNICAL SKILLS

- Electronic Medical Records and management software: Cerner, Epic, MediTech, AllScripts, Point Click Care, Invision/SMS, Microsoft Office Professional Specialist, Microsoft Project, Excel, Outlook, Sorian, Invision, Document Imaging, ESI, EQ Health/Atrezzo, eligibility portals, provider portals, Change Healthcare, Emdeon
- ACLS & BLS Certified American Heart Association
- Crisis Prevention Certified
- Stroke Certified

ADDITIONAL

Languages:

• Fluent in Punjabi and vocally proficient in Hindi, Urdu, and French

PROFESSIONAL EXPERIENCE

HCA StoneSprings Hospital (Dulles, VA)

05-2021 to present

Post Anesthesia Care Unit

INOVA Fair Oaks Hospital (Fairfax, VA)

Intensive Care Unit Registered Nurse II

09-2020 to 05/2021

HCA Dominion Hospital (Falls Church, VA)

Child Unit Registered Nurse

03-2020 to 11-2020

- Specialize in child/adolescent patients care with mental disorders
- Provided medical and mental patient care for short, average, and long term stay
- Facilitated social, emotional, and pharmacological needs of patients and adolescent guardians
- Administered psychotropic medications as prescribed and as needed
- Increased familiarity with DSM and patient monitoring of psychotropic medication side effects
- Conduct baseline admission assessments and promoted safety and goal-oriented care plans
- Interfaced with an interdisciplinary team including: medical and mental physicians, case management, social workers, nursing staff, patients, and patients' guardians

INOVA Fair Oaks Hospital (Fairfax, VA)

Progressive Care Unit Registered Nurse II

8-2019 to 01-2021

- Providing care for cardiac patients on a ICU step down unit consisting of 36 beds
- Direct care of Covid-19 positive patients and Persons Under Investigations (PUIs)
- Monitoring patients with cardiac, renal, respiratory, and/or gastrointestinal disease processes
- Proficient in cardiac telemetry monitoring; frequent care of patients with acute heart problems, such as MI, arrhythmias, or CHF
- Administration of high alert medications
- Precepted new oncoming staff members
- Maintained stroke certification and performed NIH stroke assessments
- Consult with interdisciplinary team members: nurses, physicians, therapists, case management, and pertinent personnel to promote patients' ongoing recovery
- Maintained a 5:1 patient to nurse ratio
- Magnet recognized, top-ranked 182-bed acute care community hospital in Northern Virginia

Intensive Care Unit

Cross trained in the ICU following the team nursing model

- Promote patient health for individuals on a ventilator
- Direct care of Covid-19 positive patients
- Administered infusion therapy and high alert medications
- Worked with an interdisciplinary team of professionals including: physicians, intensivists, ICU RNs, specialists, patient family members, and personnel providing direct patient care

Southside Regional Medical Center (Petersburg, VA)

Cardiac Telemetry Unit Registered Nurse

02-2019 to 08-2019

- Proficient in cardiac telemetry monitoring of patients; arrhythmia assessment and interpretation
- Prepared patients for cardiac testing including: cardiac catheterizations, stress tests, and/or emergency procedures
- Provided post-op care of patients following recent cardiac procedures
- Monitored patient vitals, heart rhythm, and/or medication drip side effects

Cumberland Hospital For Adolescents (New Kent, VA)

Eating Disorders Unit Registered Nurse

02-2019 to 03-2019

- Medical-surgical certified hospital
- Administered nasogastric tube feedings to patients on the EDU
- Monitored patients for health promotion and wellness participation
- Monitored and prevented adolescent self-harming tactics
- Documented patient assessments and provided rounding as required per facility and JCAHO

HCA Henrico Doctors Hospital

Patient Care Technician (Student Nurse) Progressive Care Unit

03-2018 to 10-2018

- Record postoperative vitals, initiate IVs, lab draws, specimen collection, and assist nursing staff with patient care
- Full documentation in MediTech, EMR

VCU Health Systems (Richmond, VA)

Patient Care Technician (Student Nurse) Women's Care Unit

03-2018 to 10-2018

- Record postoperative vitals, initiate IVs, lab draws, specimen collection, and assist nursing staff with patient care
- Hourly documentation in Cerner, EMR, Epic
- Help promote and facilitate women's health needs among the patient population

Universal Health Services (UHS) Richmond, VA)

Governmental Billing Lead - Medicaid

11-2016 to 10-2017

- Bill and process claims for UHS facilities based on various protocol determined by: DC, Maryland, Virginia, South Carolina, Georgia, Florida, Oklahoma, and Texas Medicaid
- Experience in state authorization portals, such as EQ Health/Atrezzo, eligibility portals, provider portals, Cerner, Document Imaging, Invision/SMS, Change Healthcare, Emdeon, and other various billing software

Bilingual Pre-Services Representative

11-2015 to 011-2016

- Schedule patients using Sorian/Cerner scheduling software for UHS facility George Washington University Hospital Radiology Department
- Translating services for French, Punjabi, or Hindi speaking patients; Liaison between GWU hospitals and patients
- Extensive experience in Sorian, Invision, AllScripts, Document Imaging, Cerner, ESI, Microsoft, Excel, and Outlook

Parham Healthcare & Rehabilitation Center (Richmond, VA)

Recreation Therapy Assistant

03-2014 to 10-2016

- Plan and execute activities with residents and patients in a Long Term Care patient setting
- Document activity participation through Point Click Care (PCC)
- Complete patient assessments and determine deficiencies in recreational need for patients
- Therapeutic communication among patients, family members, and those participating in patient care

Riverside PACE (Petersburg, VA)

Recreation Therapy Assistant

05-2015 to 07-2016

- Design and execute recreational activities for various patient populations and those with intellectual disabilities
- Create and maintain rapport among participants, staff, providers, nurses, and patient families
- Manage multiple activities and work assignments while providing patient centered care