**Stecy Ola RN, MSN FNP-BC**

**Experienced APRN who has maintained nursing skills in multiple specialties due to her passion for caring for the whole individual throughout the continuum of care.**

**Professional Summary**

**Maryland Addiction Rehabilitation Center**

Medical provider- July 2021 to Present (Contract)

* Manage medical clinic in a long term outpatient rehabilitation program.
* H&P
* Management of acute and chronic medical illnesses.
* Immunizations.
* Infection Control/ Covid management
* IM medication administration.

**Maxim HC Locums- Maryland Mass vaccination 6 Flags Site**

*Medical Branch Director- February 2021- April 2021 (Contract)*

* Manage Clinical Operations for Drive through Covid Vaccination Site servicing all of Prince Georges County.
* Personnel training and infection control education.
* Staffing and scheduling management in collaboration with National Guard and other FEMA contractors.
* Create policies and procedures in accordance with State and CDC guidelines to promote safe and efficient practices.
* Attend several meetings and virtual conferences with Stakeholders for operational overviews and daily changes to site planning and operations.
* Post Vaccination Clinical care of visitors with adverse or allergic reactions to vaccines ages 16-99. Assessment, evaluation, emergent treatment and collaboration with EMS for escalation as needed.
* Patient Education.

**Maxim HC Locums- Prince Georges County**

*Epidemiology Nurse Practitioner- May 2020-October 2020 (contract)*

* Part of COVID-19 Task Force Team at health Department
* Contact tracing, results review, patient education.
* Monitoring symptoms, management, trends, and recurrence.
* Public health education and disease prevention.
* Nasopharyngeal testing administrator for ages 2-99.

**Optum United Health group. Multiple locations**

*Telephonic Nurse Practitioner - October 20016 to December 2020*

* Review medical history of long-term facility geriatric patients
* Perform telephonic exams
* Formulate diagnosis, order appropriate test, and prescribe appropriate evidence-based medication
* Collaborate with nurses from various facilities in different states through phone to ensure accuracy in patient conditions and determine appropriate plan of action
* Work closely with primary care physicians from other disciplines to ensure continuity of care
* Patient and family education on disease trajectories, prognosis, and prevention. Advanced Care Planning.

**Locums- Walden Behavioral Health**

*Nurse Practitioner (Psychiatric) - September 2019 to August 2020*

* Medical provider in Inpatient addictions and mental health 56 bed facility.
* Manage medical and psychiatric care of dual diagnosed clients 16 to X age.
* Medication review and management, assessment, evaluation and initiation of detox protocols for both short and long term stays of 28+ days. (Suboxone, Subutex, Vivitrol).
* Management of acute and chronic psychiatric and medical conditions while inpatient.
* Referrals to community resources for continuity of care and safe rehabilitation post discharge.
* Patient and staff education on addictions, comorbidities, and selfcare management. Suboxone Waiver prescriber.

**Rockville Nursing and Rehabilitation-MD**

*Palliative Care Nurse Practitioner - December 2018-June 2019*

* Provide patient, family and staff support and education in the skilled nursing and long-term care setting.
* Collaboration with area hospital discharge planning teams as well as physicians.

**Optimize Healthcare Travel Contract- Multiple sites**

*ER/LTC/Medsurg RN August 2018-December 2019*

Triage/ER RN:

* Treat and stabilize patients in a fast-paced, 48-bed level I trauma center
* Assist physicians caring for patients requiring emergency care due to cardiac arrests, strokes, accidents, multiple traumas, assaults, and more
* Administer critical medications to patients orally and via IV and injection while taking precaution to avoid adverse reactions or other problems
* Communicate with patients and/or family members to determine medical history, allergies, and insurance information
* Explain diagnoses and procedures to patients and/or family members, answering questions and assuring them as needed
* Develop an organizational system that increased efficiency and led to a 10% improvement in patient outcome

LTC: RN Unit Supervisor

* Performs professional supervisory nursing practice in the care of the physically and mentally ill. Supervising the provision of quality nursing care given at the facility.
* Maintaining the quality and adequacy of nursing practice; for coordinating nursing and training programs; for recognizing and assisting in solving professional, administrative and supervisory problems in an assigned area.
* Position exercises considerable judgment in applying professional knowledge in solving nursing problems within established policies and practices.
* Skills used works with the head nurse to determine the optimal allocation of staff, per shift on each unit.
* Receives report from off-going supervisor (staffing and resident concerns) and gives a report to oncoming supervisor.
* Notifies administrator, associate administrator, head nurse or manager of urgent concerns during the shift.
* When the concern is non-urgent, notifies manager by phone message or e-mail.
* Keeps associate administrator informed of the needs and problems on a particular shift or unit.
* Assists RNs in completing risk assessments and investigations of injury.

**Colorado Assessment and Treatment Center**

*Nurse Practitioner August 2016 to June 2017*

* Psychiatric evaluation and medication management for clients on parole and probation in Denver Metro area.
* Close collaboration with therapists, parole/probation offices, community resources and medical providers to ensure safe re-orientation to society for these individuals.

**Optum United Health group Denver Colorado**

*Nurse Practitioner - October 2013 to October 2016*

* Review medical history of long-term facility geriatric patients
* Collaborate with radiologist, endocrinologist, pomologist, cardiologist, nephrologist, and therapist multiple times weekly.
* Work closely with psychiatry providers with patients with diagnosis requiring specialist follow up
* Work closely with families to formulate individual plan of care for chronic disease management and anticipate end of life planning and discussion
* Track schedule of patient well checks and annual physicals to perform resident assessment towards enhanced and ongoing wellness and prevention.

**ARDAS Family Medical - Denver Colorado**

*Nurse Practitioner August 2013 to February 2014*

* Perform Physical examination for clients seeking permanent residency in the united states
* Review medical history as available, order labs and other diagnostic test per guidelines
* Utilize lab results to provide patients with wellness plans or treatments for discovered and diagnosed illness, deficiency of imbalances,
* Provide patients with community resources as needed for integration into society

**Rocky Mountain Senior Care**

*Nurse Practitioner August 2016 to 2017*

* Care of adult and geriatric patients in home and community settings.
* Assessment, diagnostic, and treatment.

**Haven Behavioral Care Center- Thornton, CO**

*Nurse Practitioner -**January 2013- June 2013*

*Provide care to adult and geriatric patients in an inpatient psychiatric facility.*

Community/Volunteer Service Through the last 10 years.

**PROJECT PROGRESS INC- INTERNATIONAL NON-PROFIT**

• Leadership as founder and President.

• Community Liaison and partnership facilitator.

• Health Fair organizer in rural areas of West Africa

• Public Health Educator.

**ALG COLORADO NGO**

Led the health initiatives team created by African Leadership Group in collaboration with other healthcare providers, to educate and empower the African community living in the Diaspora. Family planning, self-help awareness, mental illness education and guidance to community resources.

* Participated in the health fair in the Denver metro area, assisted in performing mammograms, colorectal cancer screening, diabetes, and hypertension management. Immunizations, and patient education on prevention.
* Denver Health Infectious Disease Clinic 2011- 2013
* Clinical rotation in HIV/AIDS clinic
* Assist in managing both newly and existing diagnostic patients with HIV and AIDS
* Medication and disease education under the supervision of infectious disease doctor and other Nurse Practitioner
* Provide community resources for Homeless and non-compliant Patients with medications
* Member of multiple nonprofit organizations serving rural and low-income communities both in the US and abroad.
* Public Relations Officer for Association of Cameroonians in Colorado.
* Member of African Leadership Group.
* Health Educator March 2014 to June 2017
* Denver Colorado 2013 to 2016
* Clinical preceptor for 2nd year nursing students from Regis university.
* Performed over 200 hours of service

**EDUCATION**

Regis University

Master of Science in Nursing 2011 to 2013

Bachelor of Science in Nursing 2008 to 2010

University of Colorado

Master’s in international business: not completed.

Moraine valley Community College: 2004-2006

Truman College: 2002-2004

Training School for Health Personnel- 1995-1998

**CERTIFICATIONS**

Experienced ANCC certified Nurse Practitioner with outstanding patient relation and clinical Judgment skills.

Strong History of Primary care, Psychiatry, long term care, Family practice, geriatric care, Occupational health, and community/public health services.

Independent diagnostician with strong interpersonal skills promoting good collaboration with multiple departments, units, disciplines, and personnel, thereby ensuring better Patient outcome.

Energized by patient satisfaction and wellness.

**CORE QUALIFICATION**

BUPROPION WAIVER 30, BLS

• Proficient in MS office

• Preceptor/Instructor/Educator

• Adult and Geriatric Medicine

• Psychiatry

• Servant leadership

• Patient centered provider

• Strong knowledge of Sales force, CareOne, Practice Fusion and Meditech

• Demonstrated excellent public speaking and presentation skills.

**LANGUAGES**

Fluent in both written and spoken English and French.

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