

# Robert Portillo

Fresno, CA 93720

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BSN prepared, Spanish bilingual nurse committed to compassionate, patient-centered care. United States military veteran with experience in developing relationships with diverse, multicultural populations and providing first responder care and field health assessments. Individual attributes reflect competent use of the nursing process with ability to provide effective collaboration with interdisciplinary health care team members.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse (RN)**

California Home Health - Fresno, CA

August 2021 to Present

- Conduct comprehensive nursing assessment and medical history review within the home setting
- Create patient plan of care specific to patient medical and psychosocial needs
- Audit LVN/HHA visit notes
- Educate patient, family, and caregivers on disease management, medications, medical procedures and treatments

### **Registered Nurse**

Fresno County Jail/ Wellpath - Fresno, CA

December 2019 to November 2021

- Perform initial screening/assessments for all patients entering a detention facility to deter complications for potential spread of airborne, droplet, and contact transmissible diseases.
- Initiate standard procedures for patients experiencing alcohol/drug withdrawal
- Prepare and administer medication as directed by physician orders to include insulin, antibiotics, narcotic pain medication, and IV solutions.
- Respond to man down calls, identify medical emergencies, initiate lifesaving measures, arrange transportation to hospital for higher level care.
- Conduct sick call to triage patient health needs and initiate appropriate referrals for physician, dental, optometry.

### **Registered Nurse**

Our House Residential Care Center Inc - Madera, CA

October 2019 to April 2020

- Oversee patient care of individuals with intellectual disabilities by utilizing the nursing process to guide LVN's and direct care staff in patient care.
- Provide instruction and education on wound care, indwelling catheter care, medication management, ostomy/colostomy teaching and management, tube and drain care, post-op care, patient and caregiver teaching to certify direct care staff for patient care in the home setting.

- Promote patient health and well-being by performing initial health assessments for patients with new onset medical conditions, identifying potential life-threatening signs and symptoms, recommending emergency response or higher level of care.

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WORK EXPERIENCE continued

### **Registered Nurse**

Compassionate Care Home Health - Fresno, CA  
September 2019 to December 2019

- Utilize the nursing process to develop an individualized plan of care to include interventions, goals, and outcomes to be implemented by RNs, LVNs, HHA
- Provide wound care, indwelling catheter care, IV antibiotic administration, medication management, ostomy/colostomy teaching and management, tube and drain care, post-op care, patient and caregiver teaching
- Promote patient independence of health management through education on medication, home safety measures, standard precautions, and identifying potential life-threatening signs and symptoms

### **Registered Nurse**

Madera Community Hospital - Madera, CA  
June 2019 to October 2019

- Promote patient recovery and well-being by utilizing the nursing process in a Medical/Surgical department
- Provide individualized education for patients, family, and caregivers in the care process
- Collaborate with physicians, respiratory therapists, physical therapists and other members of the care team to provide effective, quality healthcare
- Perform patient assessments and implement nursing interventions to achieve patient health outcomes and encourage patient independence throughout the recovery process

### **Certified Nursing Assistant**

Palm Village - Reedley, CA  
January 2015 to March 2015

- Assisted residents, families, nursing staff and medical staff to provide optimal patient recovery and care
- Encouraged resident independence through compassionate guidance with all personal care functions and activities of daily living: bathing, oral hygiene, dressing, ambulating, grooming, and dining
- Completed daily resident care responsibilities of 15 residents on average within specified time restrictions

### **Tutor**

Reedley College Writing Center - Reedley, CA  
2013 to 2014

- Collaborated with tutoring staff and college instructors to develop expected standards for student goals and coursework competencies
- Motivated and developed college students with organizing ideas for oral and written presentations
- Guided small group exercises that focused on the writing process
- Conducted one-on-one instructional sessions to help students improve writing techniques and accomplish goal orientated assignments

## **Military Policeman**

United States Marine Corps - Camp Pendleton, CA  
2007 to 2012

- Provided life-saving first responder care to wounded military and Afghan locals in a combat environment
- Established monthly health evaluation clinics for Afghan locals to screen and gather data for community health needs
- Improved community relations with foreign military groups through building rapport with Afghan locals and village leaders
- Mentored and trained foreign military, police, and border units in operational techniques and procedures to combat terrorism and counterinsurgency

## Education

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### **Bachelor of Science in Nursing**

National University, School of Nursing - Fresno, CA  
September 2018

Reedley College - Reedley, CA  
2012 to 2015

## Nursing Licenses

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### **RN**

Expires: August 2022

State: CA

## Skills

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- Caregiving
- Medication Administration
- Nursing
- Catheter Care
- Tube Feeding
- EMR Systems
- Vital Signs
- Triage

## Certifications and Licenses

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### **BLS Certification**

December 2021 to December 2023