Sandra Gates

**·** (850) 319-3881 **·** sandra.gates@yahoo.com

**Professional Summary**

Registered Nurse, proficient in many skills. Highly proficient in all areas of patient care, including assessments, medication administration and health education. Skilled in wound care, medication/IV therapy drugs, and high-risk medication administration/education. Eager to continue my career in Intensive/Critical Care settings. Proven history of leveraging critical thinking, analysis and medical knowledge to deliver superior care in high-pressure environments. Expert multi-tasker capable of prioritizing clinical and operational tasks in fast-paced emergency medicine settings. Attentive and focused Healthcare professional offering hands-on experience in hospital environments. Successful in quickly building rapport with patients and families. Organized RN, certified in NIHSS, BLS, ACLS training. Experience with **EPIC** and **MEDITECH** systems for documentation.

**Skills**

* **ETT, VENTS, TRACHEOSTOMY CARE**
* **HIGH ALERT/RISK DRIPS. TITRATION, WEANING, ADMINISTRATION, AND MONITORING**
* **CARE TEAM CALLABORATION**
* **PATIENT AND FAMILY ADVOCACY**
* **CARE PLAN MANAGEMENT**
* **MEDICATION ADMINISTRATION AND EDUCATION**
* **CARE OF CRITICAL CARE/HIGH RISK PATIENTS**
* **ACUTE/CHRONIC ILLNESS MANAGEMENT**
* **IV THERAPIES**
* **STRONG CLINICAL JUDGEMENTS**
* **WOUND CARE KNOWLEDGE**

**Work History**

**Registered Nurse,** 8/2021 to current

**Prolink staffing- Covid ICU Baptist Health**

* Care of Covid 19 patients and the possibility of critical patients with have rapidly declining conditions.
* Proper administration, titration, monitoring, weaning, charting, and care for pt. with high-risk medications such as Levophed, Esmolol, Neosynepherine, Precedex, Vasopressin, Fentanyl, Propofol, Nimbex, and Versed.
* Proper care of high-risk airways, ETT, vents, trachs, trach collar and capped pt. Proficient with inline suction as well as yankauer suctioning.
* Ability to critically think in emergent situations to aid in emergency care of patients with deteriorating conditions.
* Ability to proficiently care for critical patients with high acuity and high ratios 3:1 or 4:1 when needed.
* Assisting in emergent bedside procedures such as intubation, PEG placement, trach placement, chest tube placement, and central line/HD cath placement.

**Registered Nurse,** 4/2021 to 8/2021

**Prolink Staffing- Acute Care, Regency Hospital,** Macon, GA

* Proper administration, titration, monitoring, weaning, charting, and care for pt. with high risk medications such as levophed, esmolol, neosynepherine, precedex, vasopressin, fentanyl, propofol, and versed.
* Proper care of high-risk airways, ETT, vents, trachs, trach collar and capped pt. Proficient with inline suction as well as yankauer suctioning.
* Ability to critically think in emergent situations to aid in emergency care of patients with deteriorating conditions.
* Ability to proficiently care for critical patients with high acuity and high ratios 3:1 or 4:1 when needed.
* Placement of OG/NG tubes, proper care of G/JG tubes and placement checks prior to meds administration and feedings.
* Care of Covid 19 patients and the possibility of critical patients to have rapidly declining conditions.

**Registered Nurse,** 12/2020 to 4/2021

**Health Carousel-Sycamore Hospital: ICU,** Dayton, OH

* Perform daily assessments on patients with a multitude of medical issues and a variety of disease processes.
* Follow proper company procedure and protocol while running critical, high alert drips, such as levophed, vasopressin, fentanyl, propofol, and insulin.
* Assessing signs and symptoms of effectiveness of treatment during care in order to advance care of patients as their needs change.
* Care of ventilator/tracheotomy patients on multiple high alert medications, proper suction techniques, mouth care, and vital variations.
* Ability to critically think in emergent situations to aid in emergency care of patients with deteriorating conditions.
* Ability to perform CPR, push lifesaving medications during codes, vital recording abilities, ability to work as a vital member of the code team while working for the best outcome possible.
* Ensure on-time charting of all procedures, restraint documentation, order verification, medication administration, and daily care is done throughout shift.

**Registered Nurse,** 02/2020 to 10/2020

**Regency Hospital-** Macon, Georgia

* Perform frequent checks on life support equipment and made necessary adjustments to preserve optimal patient conditions
* Manage care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to over multiple patients daily
* Perform ongoing assessments to evaluate mental health needs, working with multidisciplinary team to develop, initiate, manage and modify individualized plans of care
* Manage patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management
* Monitor patient reactions after administering medications and IV therapies
* Collaborate with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions
* Deliver medications via oral, IV and intramuscular injections, monitoring responses to catch and address new concerns
* Implement interventions, including medication and IV administration, catheter insertion and airway management
* Review post-operative orders and continuously monitored patients' post-operative vitals, set up fluids, suction equipment, and oriented patients to unit to achieve optimal outcomes
* Collect blood, tissue and other laboratory specimens and prepared for lab testing
* Educate family members and caregivers on patient care instructions
* Provide complete care to ICU patients, including physical assessments, medication and chronic disease management
* Facilitate therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability
* Communicate with healthcare team members to plan, implement and enhance treatment strategies
* Adhere to strict safety measures by carefully determining proper dosages before administering medications
* Provide skilled, timely and level-headed emergency response to critically ill patients

**Education**

**Associate of Science: Middle Georgia State University**

**Licensing: Georgia Board of Nursing, Compact License**

**License # RN292407, Exp: 1/31/2024**

**Licensing: Ohio Board of Nursing**

**License # RN485049, Exp: 10/31/2023**

**References:**

Kelly Shelnutt: 478-293-0013

Dr. Jeremy Mills: 478-342-5675

Leisa Ward: 478-447-6881

Stephanie Ford: 478-803-7300 (House Supervisor)

**Certifications**

* BLS-Exp: 03/2023
* CPR- Exp: 03/2023
* ACLS- Exp: 08/2023
* NIHSS- Exp: 08/2023