**KATHY SMOTHERS, RN**

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To seek employment in a Telehealth Case Manager RN position which allows me to show and practice my nursing experience in the field and to develop new skills and abilities.

**Qualifications**

Organized, compassionate nurse and case manager with 5 years experience in healthcare and occupational health; specialized in acute nursing care: telemetry, cardiac step-down, and medical surgical, home care services, and skilled nursing care. As an excellent healthcare provider, I am dedicated to providing the highest level of patient-centered, innovative care and support while facilitating healthcare coordination. Widely recognized as an efficient and competent member of the interdisciplinary team; with knowledge of Medicare regulations and JHACO standards, physician support, and highly proficient communication skills. Acknowledged for being an exceptional team leader and problem solver with expertise in quality, utilization and risk management. Passionate about delivering quality care with a record of establishing personalized, rapport with patients, being an active listener, and delivering safe and effective care in any fast-paced clinical setting.

**Profiencies**

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| BLS - AHA | NIH Stroke Scale Certified- ANCC |
| Advanced Cardiac Life Support- AHA | Medication Administration |
| Patient Assessments  Patient Advocacy | IV Administration: Titration, IV Therapy, Central line care  quality assessments |
| Pain Management | Blood Transfusions |
| Multicultural Awareness  Telephone Etiquette | Central Line Blood Drawing  Ventilator Care |
| Diabetes Management | Customer Service |
| Patient/Family Educator  Documentation: Computer Charting- EMR | Triage  Cardiac Monitoring |

**Education**

***2013-2015***

Riverside College of Health Careers

Diploma in Nursing. Graduated in Aug. 2015

***2020-Present***

Old Dominion University

Bachelor of Science, major in Nursing and Psychology. Anticipated Graduation MAY 2023

**Experience**

***Anthem BCBS***

Nurse Case Manager, 2021

Provided proactive case management by anticipating and facilitating medical treatment. Developed highly defined and measurable action plans including assessments, evaluations, and nursing diagnosis. Collaborated with a multidisciplinary team to ensure the best level of care. Evaluated health care needs and assisted with coordinating care and services, such as home health, DME, etc. Educated and provided support to patients with CAD, DM, and asthma.

***Adhere Health***

Medication Case Manager, 2020-2021

Liaison to patients, physicians and employees. Counseled and educated patients about medications, side effects, and compliance issues. Ensured that patients compiled with their medication regimen. Helped closed the medication gap by addressing patient concerns with clinicians which led to increased patient care and satisfaction. Maintained Medicaid standards and made recommendations to prescribing physicians.

***Southern Regional Medical Center***

Registered Telemetry Nurse, 2018 - 2020

Provided high quality nursing care for 6 acutely ill patients with a wide variety of diagnoses including pre/post-operative and medical conditions. Administered medications and feeding to pts via NG tube, G-tube & PEG tubes per phy order. Assessed and did admission of critical ill patients. Monitored patient vitals and administered treatment plans for those dealing with cardiac, pulmonary, and diabetic issues. Readied patients for stress testing echocardiogram, peripheral diagnostic studies, cardiac catheterization procedures and the operating room. Collaborated with physicians, residents, intensives physician, surgeons, and ancillary support staff. Offered patient and family guidance and support in illness management and home care. Communicated with physicians regarding clinical changes in patient status. Counseled and educated patients about health issues and wellness. Developed patient care plan, including assessments, evaluations and nursing diagnoses. Track and evaluate treatment progress focusing on maximizing patient safety and comfort

***Riverside Regional Medical Center***

Registered Telemetry Nurse, 2016 - 2017

Experienced with care of patients involving tracheostomies, IVs, central lines, IV pumps, EKG monitoring, PD catheters, NG- tubes, post-op care. Responsible for titration of critical drips. Closely monitored hemodynamic variances to identify signs of cardiac and other life-threatening complications. Patient advocate in situations that require immediate action and act as a liaison between the patient, the patient's family and other healthcare professionals. Collaborated with physicians during medical rounds, updated and maintained discharge plan of care with physician, members of the health care team, patients and families to ensure accuracy of patient treatment plan. Facilitated patient return to extended care facility, assisted living facility, or group home. Experience with geriatric patients and those with mental health issues. Assessed and reviewed patients for discharge planning.

***Riverside Regional Medical Center***

Preceptorship Nurse, Sr. Practicum, 2015

Communicated effectively and respectfully with patients, their family members, and members of the healthcare team. Monitored seven assigned patients, updating information on vitals and progress of treatment. Documented data related to patient's care including assessment results, interventions, medications, patient responses, or treatment changes. Assessed the condition of patients, ordering and evaluating diagnostic test as needed

***MyCare: Private Care Provider***

Patient Care Assistant, 2014-2015

Provided leadership and direction in accordance with organizational and developmental goals and objectives. Coordinated home care and durable medical equipment to reduce stress for patients. Bathed patients, prepared meals, and provided house cleaning. Set up patient medications weekly and monitored patient compliance of medication regimen as ordered by a physician. Drove clients to appointments, picked up medications, and completed various errands.

**Awards and Acknowledgements**

***Champion of Caring. 2017***

Recognized for using strong clinical judgment, going above and beyond to deliver the Riverside Care Difference by helping a patient heal and thrive.