

Rebecca Cauthen, RN/AGACNP-BC

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Professional Summary:

During my 17-year nursing career, I have delivered exceptional patient centered care in a variety of areas in both the inpatient and long-term acute care hospital settings. The majority of my nursing career was spent in critical care areas including the intensive care unit and emergency department. Over the past six years, I have performed a broad range of advanced practice nursing in several areas including hospital medicine and long-term acute care and rehabilitation. I provide compassionate, thorough evaluation and management of both adult and geriatric patients with complex medical and psychosocial needs. I have excellent skills in leadership, mentoring, physician collaboration, team communication and educating patient families.

Experience:

Krucial Staffing, Overland Park, KS 09/2020 - present

Acute Care Nurse Practitioner/Registered Nurse

I worked with a hospital medicine group during this time and was responsible for assessment and management of both stable and critically ill Covid-19 patients. I did both direct admissions and admitted through the emergency room. I also rounded on a census of 15-20 patients daily. I was responsible for transferring and discharging patients in both critical and non-critical areas. The majority of these were Covid-19 patients with a multitude of health issues. As an RN, I worked in the Intensive care unit. I managed patients on mechanical ventilation with numerous critical drips. The primary diagnosis of these patients was Covid-19.

Revitalize Hydration Therapy, Flowood, MS 03/2019 - 09/2020

Acute Care Nurse Practitioner

Responsible for researching, writing and prescribing all IV hydration, electrolyte and vitamin treatments for patients. Assessment and monitoring of all treatment plans for all patients. Consultation and education to all patients and employees. Responsible for all lab, charting and billing of clinic. Responsible for scheduling and coordination of employees to maintain clinic operations.

Mississippi Baptist Medical Center, Jackson, MS 09/2018 - 04/2021

Registered Nurse - PRN Intensive Care Float Pool

Provide exceptional care in a variety of areas including the intensive care unit, telemetry floor, oncology, orthopedics and medical-surgical areas. Responsible for physical assessments, chart review, drug administration and close collaboration with other members of the healthcare team to provide excellent patient centered care. Provide appropriate and effective education to both patients and their families.

Select Medical Hospital, Jackson, MS 06/2017 - 06/2018

Acute Care Nurse Practitioner

Responsible for assessing, evaluating and managing care of both stable and critically ill patients in an acute care hospital setting. Assess need for and order appropriate interventions for patients, including lab studies, medications, radiological studies and rehabilitation needs. Provide first response evaluation and intervention of patients with acute status changes. Document daily progress notes, history and physicals and discharge instructions. Led monthly in-services to educate nurses on various topics to improve patient care and outcomes. Work closely with all staff including physicians, nurses and rehabilitation department to formulate and implement best plan of care for all patients.

G.I. Associates - Mississippi Baptist Medical Center, Jackson, MS 07/2016 - 06/2017

Acute Care Nurse Practitioner

Responsible for rounding on inpatients requiring a GI consult. Initial physical assessment, review of systems and treatment plan updated on all consulted patients. Follow patients during their hospital stay and collaborate with physicians to formulate best practices in treating GI related diagnosis. This included review and follow up of laboratory and radiographic studies, ordering, monitoring and interpretation of all labs. Formulated a course of treatment including admission, necessary GI procedures, patient/family teaching and performing discharge duties.

St. Dominic Medical Associates, Jackson, MS 05/2015 - 11/2017

Acute Care Nurse Practitioner - Hospital Medicine

Responsible for admitting patients to the hospital from the both the emergency department and direct admission from clinics. Initial assessment and evaluation of acute issues including gathering admission history, bedside physical exam, formulating treatment plan and providing appropriate care. Responsible for ordering, monitoring and interpreting lab and radiographic studies. Formulate discharge planning including medication continuation, rehabilitation needs, educating families and consulting other specialties as needed.

Select Medical Hospital, Jackson, MS 10/2013 - 12/2015

Charge Nurse - LTACH

Oversight and daily management of thirty-six bed LTACH including orchestrating physician orders, writing care plans, managing vent settings, reading and relaying lab values, responding to and running ACLS driven codes, rapid assessment of critically ill patients, collaborating with physicians and nurse practitioners to coordinate acute care. Other duties included wound care, daily management of sixteen staff members, maintain schedule with budgetary restraints, handling of all patient, family, nursing and physician issues.

Merit Health - Rankin, Brandon, MS 02/2008 - 12/2015

Emergency Department Registered Nurse

Provided emergent nursing care to a wide range of patients from clinical illness to trauma related injuries. Rapid triage and prioritization of patients illness based on evidence based practices. Used bedside hands on assessments combined with best practices to make critical decisions in a fast paced, ever changing environment. Collaborated with multi-disciplinary teams to coordinate care of trauma related injuries. Management of artificial airways, use of cardiac devices, interpreting EKG's, ABG's and titration of critical drips. Developed skills for rapid assessment, collection of accurate patient history, medication reconciliation and initiating appropriate physician led protocols.

Education:

University of Mississippi Medical Center, Jackson, MS 2015
Masters of Science in Nursing
Board Certified Adult-Gerontology Acute Care Nurse Practitioner

University of Southern Mississippi, Hattiesburg, MS 2005
Bachelors of Science in Nursing
Registered Nurse

Certifications/Licensure**Memberships:**

Board Certified AGAC-NP - Mississippi
Registered Nurse - Mississippi, California, Pennsylvania, Minnesota
Basic Life Support
Advanced Cardiac Life Support
American Nurses Association Member