KENYA STITH

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**Professional Summary**

Energetic and personable RN with 9 years of experience in critical care, trauma, cardiac/progressive care, medical and surgical nursing. Highlighted by a wholehearted commitment to establishing meaningful connections with patients, their families, and coworkers. Highly adaptable and receptive, with ability to manage a multitude of fast-paced, emergent scenarios and fluctuating clinical changes.

**Skills**

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| * Non-invasive hemodynamic monitoring (Vigileo) * CRRT (Prismaflex) * Prone therapy * Massive blood transfusion (Belmont) * Mechanical Ventilation * Organ procurement process * External Ventricular Drains | * Lumbar Drains * Tracheotomy care * Chest tube management * Temporary Pacemakers * EKG interpretation * IV Drip Titration |

**Work History**

**Travel Nurse,** 01/2021 – 04/2021

**Virginia Hospital Center** – Arlington, VA

* Magnet, Level II Trauma Hospital – ICU (28 beds)

**Staff Nurse,** 04/2020 to present

**Virginia Commonwealth University Medical Center –** Richmond, VA

* Level I Trauma Hospital - Surgical Trauma ICU (28 beds)
* Provide comprehensive care to diverse population including continuous renal replacement therapy, advanced modes of ventilation, extensive wound care, massive transfusion, and post-surgical resuscitation and care
* Patient population includes: acute general, transplant, burn, GYN, ENT, colorectal, orthopedic, plastic, oncology, and trauma

**Staff Nurse,** 07/2019 to 2/2021

**CJW Medical Center – Chippenham Campus –** Richmond, VA

* Medical/Surgical/Telemetry/ICU/COVID 19 Care - Hospital-Wide Float Pool

**Staff Nurse**, 08/2016 to 7/2019

**CJW Medical Center - Chippenham Campus** – Richmond, VA

* Level II Hospital - Medical Surgical Trauma ICU
* Provide therapeutic medical, emotional, and psychosocial care to critically ill patients in a 32 bed Level II trauma hospital ICU
* Care for patient populations and conditions such as respiratory failure, DKA, sepsis, surgical procedures requiring higher level of care in the postoperative period, and trauma patients such as gunshot and car accident victims.
* Assist with bedside procedures such as intubations, bronchoscopies, endoscopies, echocardiograms, invasive line insertions, emergent bedside surgeries, and cardioversions
* Maintenance and titration of various critical care drips such as vasopressors and sedatives
* Respond to rapid responses and emergency codes in designated hospital units
* Provide education and support to families in the immediate acute care phase and in preparation for post-acute care needs
* Collaborate with interdisciplinary team members to address needs in order to provide comprehensive care

**Flexipool/Float Nurse** , 06/2016 to 04/2019

**Bon Secours Hampton Roads Health System** – Hampton Roads, VA

* Medical/Surgical/Telemetry/ICU Float Pool.
* Provide care to acutely and chronically ill patients on various units in all three Bon Secours Hampton Roads facilities.

**Staff Nurse**, 10/2015 to 08/2016

**CJW Medical Center - Johnston-Willis Campus** – Richmond, VA

* Neurosurgical ICU
* Provide therapeutic medical, emotional, and psychosocial care to critically ill patients with various neurological disorders and in need of post neurosurgical interventions in a 12 bed level III trauma hospital ICU
* Assist with bedside and emergent procedures such as ventriculostomy insertions and spinal taps
* Maintenance and titration of various critical care drips
* Provide education and support to families in the immediate acute care phase and in preparation for post-acute care needs.
* Collaborate with interdisciplinary team members to address complex needs in order to provide comprehensive care.

**Flexipool/Float Nurse** , 08/2014 to 06/2016

**Bon Secours Mary Immaculate Hospital** – Newport News, VA

* Medical/Surgical/Telemetry Float Pool.
* Provide close monitoring and cardiac rhythm interpretation of acutely and chronically ill clients with diagnoses including but not limited to: patients with arrhythmias, vascular surgery, ACS/MI, acute CVA, CHF, DKA, sepsis, respiratory failure, and GI Bleed.
* Routine progression of care for patients status post CABG, cardiac cauterization, ablations, and AICD or pacemaker placement.
* Postoperative care of the gynecological, bariatric, and orthopedic surgical patient.
* Administer prescribed medications, closely monitor and taper IV drips
* Perform treatments, including wound care and physical therapy of patients as prescribed by physicians and specialists.

**Staff Nurse and Weekend/Holiday Relief Charge Nurse**, 05/2012 to 01/2015

**Chesapeake Regional Medical Center** – Chesapeake, VA

* Women and Pediatric Surgical/Adult Short Stay Unit.
* Provide nursing care to patients with various gynecological, urological, and medical/surgical diagnoses including but not limited to: post-operative hysterectomy, exploratory laparotomy, TURP, nephrectomy, and bowel resections.
* Member of Unit Based Council - staff shared governance committee.
* Provide supervision and serve as a resource to team members and auxiliary staff when fulfilling charge nurse duties.

**Staff Nurse**, 03/2011 to 08/2014

**Bon Secours Maryview Medical Center** – Portsmouth, VA

* Perform nursing responsibilities including but not limited to: assessments, medication administration, plan of care development and implementation, and patient/family education for patients requiring continuous cardiac monitoring.

**Counselor and Intake Coordinator**, 04/2009 to 12/2011

**Hillcrest Clinic** – Norfolk, Virginia

* Interviewed clients to obtain medical histories and conducted psychosocial assessments.
* Explained procedural options; provided post-surgical care instructions.
* Reviewed and obtained consent for surgical procedures; provided referrals for additional community resources.
* Completed comprehensive documentation and counseling notes.
* Provided confidential and supportive atmosphere for clients to discuss pregnancy outcomes and reproductive care choices.

**Education**

**Bachelor of Science**: Nursing, August 2018

**Old Dominion University** - Norfolk, Virginia

**Associate of Applied Science Degree**: Registered Nursing, December 2010

**Medical Careers Institute** - Virginia Beach, Virginia

**Bachelor of Arts Degrees**: Women and Gender Studies and Sociology, May 2008

**University of Virginia** - Charlottesville, Virginia

**Certifications**

* Basic Life Support (BLS) Certification
* Advanced Cardiac Life Support (ACLS) Certification

**Other Work-Related Experience**

* Team Captain for CJW Medical Center Olympics event, August 2017
* Unit-Based Council, August 2016-present