# Jennie Toledo

Savannah, GA 31406 jenxcher03@gmail.com +1 806 681 6381

To obtain a job where I can effectively contribute and at the same time enhance my skills as a registered nurse. Execute flexibility, open-mindedness, resourcefulness, diligence in work. Be a team player, responsible person and work under pressure with minimal supervision.

Authorized to work in the US for any employer

# Work Experience

#### **Staff Nurse**

Encompass Health Rehabilitation Hospital - Savannah, GA May 2021 to Present

40 hours / week, 5-8 Patients Area: Rehabilitation Nursing

Roles, Responsibilities, Skills:

- ✓ Assess and evaluate patients to determine the cause and effects of illnesses, diseases and conditions.
- ✓ Work with doctors and other rehabilitation team members to develop individualized care plans for all assigned patients.
- ✓ Confer with patients' families to determine any special circumstances and ensure that any significant information is included in the patients' files.
- ✓ Provide companionship to patients throughout the rehabilitation procedure in a bid to keep them comfortable and earn their trust.
- ✓ Educate patients and families to help them adjust to the changes in their lives brought on by accidents or illnesses o Teach life skills to patients who may have lost them due to injury or chronic illnesses
- ✓ Act as patient advocate by actively listening, reflecting and guiding them through grieving processes
- ✓ Ascertain that each patient thrives in a safe and comfortable environment by ensuring that any hazards or problems are kept at bay
- ✓ Intervene with other members of the rehabilitation program to ensure that optimal opportunity for recovery is made available to patients

Equipment: Cerner, Pyxis, Welch Allyn Connex Spot Monitor, OneTouch Ultra II, Roche Diagnostics Coagucheck XS

#### **Staff Nurse**

Phi Clinics for Plastic Surgery - Doha, QA September 2020 to March 2021

P.O.Box 3352, Doha, Qatar

The Phi Clinics for Plastic Surgery - private owned Day Surgery Clinic in Doha, Qatar for cosmetic and reconstructive plastic surgery and non surgical aesthetic procedures.

Position: Staff Nurse, 48 hours / week, 5-10 Patients Area: Plastic Surgery/OR/Dermatology

Roles, Responsibilities, Skills:

- ✓ Reviewing patient's medical history and back ground and making sure they are fit for surgeries.
- ✓ Providing a caring and nonjudgemental environment for patients who are undergoing cosmetic or reconstructive surgery.
- ✓ Assessment of patients overall health including psychosocial status.
- ✓ Administering intravenous or venipuncture therapy, light and laser treatments, chemical peels, botox and fillers.
- ✓ Educating patients and their families regarding post-operation expectations and healing process.
- ✓ Preparing the operating room, making sure the surgical environment is safe and aseptic to avoid complications/infections.

Equipment: Centrifuge Machine, Cautery Machine, Equator Convective Warmer, Blood and Fluid warmers, Suction and Irrigation Machine, Duo Pro Lser Machine

#### **Staff Nurse**

Al Ahli Hospital - Doha, QA August 2015 to September 2020

Doha, Qatar www.ahlihospital.com

The Al Ahli Hospital - a 250 bed Australian Council on Healthcare Standards International (ACHSI) accredited Hospital.

Position: Staff Nurse, 48 hours / week, 4-6 Patients Area: Medical/Surgical

Roles, Responsibilities, Skills: ACHSI standards

- Provided direct guest (patient) care utilizing the nursing process within established hospital, divisional and unit specific policies and procedures, standards and protocols.
- Documents all assessments, interventions and other pertinent information in the guest's (patient's) health care record in timely and ongoing manner.
- Demonstrates effective communication and collaboration skills when interacting with patients/families, other health care team members and members of other departments.
- Acts as a unit management resource e.g. care coordinator, charge nurse, team leader, as assigned.
- Addresses issues using a problem solving framework. Initiates the nursing or medical/administrative chain of command if unable to resolve issues satisfactory.
- Works with all health care team members in activities designed for the improvement of guest (patient) care outcomes.
- Act as preceptor and/or resource for new employees, trainees and other staff.
- Demonstrates respect, compassion and cultural sensitivity to guests (patients)/families and other hospital employees.

Equipment: Infusion Pump, Syringe Pump, Suctioning Machine, GE Dinamap, Sphygmomanometer, Pulse oximeter, Stethoscope, Nebulizer, Glucometer, IVAC Thermometer, Pneumatic Pump, PCA Machine, ECG Machine, CPM Machine, Vein Viewer, Cardiac Monitor, Defibrillator, Incentive Spirometer, Oxygen equipment.

## **Registered Nurse III**

Dr. Sulaiman Al Habib Medical Services Group Holding March 2014 to August 2015

OI AYA

http://hmg.com/en/pages/home.aspx

The Dr. Sulaiman Al Habib Medical Group is one of the largest private medical cities in Saudi Arabia accredited by Joint Commission International (JCI) and the Saudi central Board for Accreditation of Healthcare Institutions (CBAHI)

Position: Registered Nurse III, 48 hours / week, 4-8 Patients Area: Day Surgery Unit

Roles, Responsibilities, Skills:

- ✓ Ensures efficient and coordinated workflow by coordinating and planning patient care activities; communicates patient's needs; makes referrals; serves as a resource person of insurance information.
- ✓ Delivers direct patient care; assesses patients physical, psychosocial and/or emotional needs; provides patient and family teaching; triages patients and informs physician of patient status; responds to phone messages from patients and informs physicians as needed; orders supplies; stocks and maintains patient's rooms; sterilizes instruments.
- ✓ Responsible for independent peri-anesthetic management of a complex varied surgical population, including, but not limited to, the Ophthalmology, ENT, GYN, General Surgery, Plastics, Urology services.
- ✓ Provides comprehensive care with surgical patients who might also have underlying medical and emotional problems.

Assimilate a multitude of patient needs and establish priorities. He/she must make skilled and advanced assessments and act in a preventive manner to minimize complication. Advanced decision making skills.

Equipment: Infusion Pump, Syringe Pump, Suctioning Machine, GE Dinamap, Sphygmomanometer, Pulse oximeter, Stethoscope, Nebulizer, Glucometer, IVAC Thermometer, Pneumatic Pump, PCA Machine, ECG Machine, CPM Machine, Vein Viewer, Cardiac Monitor, Defibrillator, Portable Doppler Ultrasound, Otoscope/Laryngoscope, Oxygen equipment.

#### Pres

Diosdado Macapagal Memorial Medical Center August 2010 to January 2014

A. Mabini St. Caloocan City, Philippines

The Pres. Diosdado Macapagal Memorial Medical Center (PDMMMC) Hospital in Caloocan City is 100 bed capacity government owned tertiary hospital in the Philippines.

Position: Staff Nurse, 48 hours / week, 5-10 Patients Area: Emergency Room

Roles, Responsibilities, Skills:

- ✓ Maintain optimum standards of nursing care and practice through thorough assessment, planning, implementation and evaluation of patients care. Perform patient assessment and nursing diagnosis.
- ✓ Perform frequent patient evaluations, including monitoring and tracking vital signs, performing procedures such as IV insertions and medication administration of emergency drugs.
- ✓ Provide and ensure emergency medical care and prompt triaging in accordance to patients requiring emergent treatment.

- ✓ Evaluate episodic and acute response to immediate/acute care rendered to patients.
- ✓ Coordinate patient referrals and discharge planning activities.

#### OTHER NURSING EXPERIENCE / CASES HANDLED

- Sleeve Gastrectomy
- Open and Laparoscopic Cholecystectomy
- Cholecystectomy + ERCP
- Laparoscopic Appendectomy
- Thyroidectomy
- Hemorrhoidectomy
- Lateral sphincterotomy
- Fistulotomy
- Rubber Band ligation
- Hernia repair/Umbilical hernia repair
- Gastric Ballon Insertion/Removal
- Laparoscopic Gastric Banding/Removal
- Breast Mass excision and biopsy
- Mastectomy/MRM
- Excision of Benign Tumor
- I&D of Abscess
- PNS Excision
- Wound Debridement
- Sclerotherapy + avulsion
- Septoplasty
- Turbinoplasty
- Myringotmy
- Tonsillectomy
- Stent Insertion/Removal
- Orchiedectomy
- OGD
- Bowel Obstruction
- Vasectomy
- Total Knee Replacement
- Total Hip Replacement
- Knee Arthrocopy + Menisectomy
- ACL/PCL Reconstruction
- Open reduction/internal Fixation
- Acromioplasty
- Spinal Decompression
- Spinal Discectomy
- Spinal Laminectomy
- Spinal Fusion
- Osteotomy
- Ganglion Cyst Excision
- Facet/epidural/caudal
- Achilles Tendon Repair
- Trigger Finger Release

- K-wire fixation
- Intraarticular Aspiration
- De Quervain's Release
- Dupuytren's Contacture
- Intraarticiular Injection
- Carpal Tunnel Release
- Back/Neck/shoulder pain
- Fractures/Dislocations
- Mastopexy
- Breast Augmentation
- Vaser Liposuction
- Blepharoplasty
- Face Tight/Body Tight
- PRP
- Laser Hair Removal, Cautery and suturing
- Thread Lift
- Scar Revision
- Pneumonia
- Diverticulitis
- Bronchitis
- Asthma Exacerbation
- Pulmonary Embolism
- DVT
- Influenza/H1N1
- Gastroenteritis/Gastritis
- Tonsillitis
- Ulcerative Colitis
- Pancreatitis
- Cystitis/UTI
- Electrolyte Imbalance
- Herpes Simples/Rubella
- Severe Allergic Reaction

## SEMINARS AND TRAININGS ATTENDED

Middle East Forum on Quality and Safety in healthcare

Qatar Colorectal Conference

I.V. Therapy Training Program

Thyroid Cancer Conference

Fundamentals of Electrocardiogram

**Basic Life Support Training** 

Immediate Life Support Training

Stroke Awareness Seminar

### Skills

• Basic IV

- Hospital experience
- Care plans
- Triage
- Patient monitoring
- Esthetic laser treatment
- Blood sampling
- Botox
- Medication administration
- Nursing
- Ophthalmology
- Communication skills
- Acute care
- Medical imaging
- Patient care
- Venipuncture
- Cerner
- Vital signs

# Certifications and Licenses

## RN

# **BLS Certification**