Krystal Shanklin, RN, BSN

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# Objective

Dedicated, empathetic and self-motivated nurse with exceptional clinical nursing skills featuring consistently effective assessment, preservation, promotion and protection of patient health.

* Adept at collaborating with nursing, technical and inter-departmental teams with a shared commitment to patient welfare and positive clinical outcomes.
* Easily adapts to diverse illnesses and conditions; known for sound decisions and good judgment.
* Strong critical thinking, patient assessment, diagnostic evaluation and organizational skills.
* Compassionate, ethical and outcome-focused; effectively works with all types of people.
* Experience in *Epic*, *Athena*, and *Practice Fusion* computer software charting systems

*Professional Credentials:*

* Registered Nurse-Illinois Department of Financial & Professional Regulation
* Stroke Care Certification- National Institutes of Health Stroke Scale
* Advanced Cardiac Life Support (ACLS) - American Heart Association
* Basic Life Support (CPR / AED) Certification – American Heart Association

# Education

GOVERNORS STATE UNIVERSITY, University Park, Illinois

**Master of Science Nursing-FNP Concentration, 12/2021**

*Member of Sigma Theta Tau International Honor Society of Nursing*

PURDUE UNIVERSITY NORTHWEST, Hammond, Indiana

**Bachelor of Science in Nursing, 6/2018**

PRAIRIE STATE COLLEGE, Chicago Heights, Illinois

**Associate Degree in Nursing, 5/2016**

**Associate of Arts, 5/2014**

**Nursing Assistant Diploma, 10/2013**

# Experience

AUNT MARTHA’S HEALTH & WELLNESS, Olympia Fields, Illinois **07/2020-Present**

**Transition of Care Nurse Care Manager 07/2020-Present**

The Aunt Martha’s care coordination program is designed to improve patient experience, improve health populations and reduce cost for communities. TOC Nurse Care Managers monitor patient health care needs including but not limited to access to care, disease management, behavioral health access, health education, social determinants and identifying and addressing barriers. Care management is designed to minimize the number of high-cost members and decrease ED utilization.

FRANCISCAN HEALTH, Olympia Fields, Illinois, **10/2015 to 04/2020**

**Staff Float Pool Nurse: 05/2019-04/2020**

**Staff Nurse: Telemetry : 08/2016-05/2019**

Member of a nursing team caring for patients in a 24-bed telemetry unit. Perform physical assessments, rhythm interpretation and appropriate therapies for patients with congestive heart failure, coronary artery disease, hypertensive crises, stroke (CVA), renal disease and life-threatening arrhythmias requiring continuous cardiac monitoring, along with post-surgical bariatric patients. Advanced from Certified Nursing Assistant (10/2015-8/2016).

* Check vitals and provide assessment, monitoring and treatment of new and existing patients.
* Start IVs, draw blood, administer medications and update electronic medical records.
* Hook up 5-lead monitoring units and prepare patients for various tests
* Record symptoms, relay acute changes to physicians and perform nursing interventions.
* Extensive follow-up for blood work results; evaluate lab results and remit to physicians.
* Administer IV medications: Lasix, Cardizem, Heparin, Primacor and Dopamine.
* Provide basic and advanced life support, including chest compressions for cardiac arrests.
* Perform EKGs, assess blood glucose and perform tracheostomy and endotracheal suctioning.
* Administer peritoneal dialysis, monitoring input and output for electrolyte balance.
* Maintain heparin locks, PICC lines and central lines, wound treatments and dressings.
* Administer and monitor GT/NGT feedings and suctioning.
* Implement pain management, treat bed sores and build patient rapport to foster cooperation.
* Educate patients and family members concerning basic care upon return home.
* Apply clinical judgement to emergent situations, such as strokes and heart attacks.
* Experience with EPIC computer software charting system

SMITH CROSSING, Orland Park, Illinois, 9/2014 to 3/2015

SOUTH SUBURBAN REHAB CENTER, Homewood, Illinois, 5/2014 to 10/2014

**Certified Nursing Assistant**

Responsible for ensuring maximum level of patient comfort and care across two assisted senior living settings while attending to nursing duties and clients’ daily living needs. Supported physicians and nurses, coordinating with team members to implement care plans and make adjustments as needed.

* Recorded patient vitals: temperature, blood pressure, height-weight, pulse and respiration, along with food and fluid intake and output, and overall patient mental/emotional condition.
* Assisted patients with bed turns, feeding and movement (walkers/wheelchairs) throughout each facility, along with activities of daily living.
* Provided for patient hygiene needs: oral hygiene, hair care, nail care, shaving and bathing.

TORRID, Orland Park, Illinois, 8/2013 to 12/2013

JC PENNEY, Matteson, Illinois, 5/2011 to 5/2013

**Sales Associate**

Service and sales positions where the highest standards of customer service were not only expected, but required. Consistently built a high level of customer retention/loyalty while maintaining profitable sales, inventory controls and merchandising standards.

* Greeted customers, established rapport, assessed needs and promoted products for special sales.
* Conducted cash, check and credit card transactions; prepared deposits and balanced drawer.

# Nursing clinical experience

**Clinical Rotations- Student Family Nurse Practitioner**

***Family Health Center of Plainfield: Plainfield, IL***

June 2021-present

-Provide women’s health including pelvic and breast exams, oral contraceptive counseling, and PAP smears.

*-*Perform focused assessments, histories, and interventions for acute/episodic scheduled appointments

-Perform comprehensive wellness visits and health screenings in pediatric patients (newborn to 19 years) including developmental screenings, immunizations, and extensive patient/parental education.

***Family Practice-Dr. Kailash Sharma: Oak Forest, Illinois and Frankfort, Illinois***

August 2020-December 2020

135 Clinical Hours

-Collaborate closely with treatment team to appropriately coordinate client care and assess needs based on social determinants of health.

*-Performed evidence-based comprehensive primary care management for a wide variety of chronic and acute health conditions in the adult and pediatric population including asthma, diabetes mellitus, COPD, hypertension, and hyperlipidemia, with referral provided as appropriately indicated.*

***Family Practice- Advocate at Walgreens: New Lenox, Illinois***

January 2020-May 2020

125 clinical hours

-Performed evidence-based comprehensive primary care management for a wide variety of chronic and acute health conditions in the adult and pediatric population including asthma, diabetes mellitus, COPD, hypertension, and hyperlipidemia, with referral provided as appropriately indicated.

-Perform comprehensive wellness visits and health screenings in pediatric patients (newborn to 19 years) including developmental screenings, immunizations, and extensive patient/parental education.

-Performed focused patient histories, assessments, and interventions for acute or episodic appointments.

-Establish evidenced-based plan of care, in addition to medication management and follow up care.

**Clinical Rotations-Registered Nurse**

***Mother-Baby/OB Unit – Franciscan Health: Chicago Heights, Illinois***

Supported the nursing team in providing care to mothers and newborns during and after deliveries, with an emphasis on patient (mother) teaching along with psychosocial and emotional comfort.

* Monitored and recorded infant feeds, voids and stools, signs/symptoms of jaundice, lab results and normal bonding between mothers and infants.
* Provided newborn care, including feeding, bathing, changing and companionship.

***Hospice Unit – VITAS at Franciscan Health: Chicago Heights, Illinois***

Delivered and maintained exceptional care for geriatric residents: managing overall patient care and support, assessing patient vital signs and handling emergent/non-emergent situations.

* Calculated and administered medications; inserted and monitored intravenous treatments; managed patient insulin therapy; administered and monitored GT feedings.
* Performed physical assessments; handled pain management; maintained patient records.

***Medical-Surgical Unit – Franciscan Health: Olympia Fields, Illinois***

***Medical-Surgical Unit – Kindred Hospital Northwest Indiana: Hammond, Indiana***

Responsible for patient charting, discharge and transfer processing, and scheduling of ancillary procedures for patients undergoing a wide range of surgical procedures in various states of health.

* Provided overall nursing care: head-to-toe assessment, interventions, IV treatment, pain management, post-operative care, laboratory tests and discharge planning.