Karen Smith

Kcs35@yahoo.com | 805-748-3118 | Atascadero, CA 93422

**Education and Training**

**California State University, Monterey Bay**  |   Monterey, CA

* Student Representative Class 2022

Bachelor of Science: Registered Nursing |  Expected in 05/2022

* Awarded Challenge Coin for Excellence in Student Advocacy/Representation by Dean, John Cascamo
* President Class 2021

**Cuesta College**  |   San Luis Obispo, CA   |   05/2021

Registered Nursing

**Experience**

Registered Nurse |**Twin Cities Community Hospital** - Templeton, CA| 08/2020 - Current

* Refined critical thinking, problem solving, organization and acute care skills to work effectively with critically ill patients on the med-surg/telemetry unit. Managed care from admission to discharge
* Practiced environmental, as well as personal hygiene, to reduce the spread of disease, while caring for multiple patients in Covid and Med-surg/telemetry units.
* Collaborated with physicians and axillary services to quickly assess patient sand deliver appropriate treatment while managing rapidly changing conditions. Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.

Nursing Student |**Cuesta College** - San Luis Obispo, CA| 08/2019 – 05/2021

* Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
* Observed strict safety measures, including checking medication dosages before administration to patients.
* Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.

Proprietor | **Coastal Investment Properties** - San Luis Obispo, CA| 02/2006 - 05/2011

* Negotiated, facilitated, and managed real estate transactions.
* Met with people from all over and evaluated needs to help clients realize personal real estate goals.
* Increased customer satisfaction ratings by addressing issues effectively for speedy resolution.
* Verified documentation accuracy and fund disbursement for sales.

**Certifications**

* Phlebotomy Technician (PT): #CPT-01013689
* Basic Life Support
* Registered Nurse: #RN95254552

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**Clinical Experience**

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| **Clinical Experience**  **Twin Cities Community Hospital, Templeton, Med-Surg**  August 2020 – Current   1. Refined critical thinking, problem solving, organization and acute care skills to work effectively with critically ill patients on both the med-surg unit and DOE. Further enhanced communication and therapeutic relationships with family members, while caring for multiple patients. Experienced out-rotations to the operating room, PACU, and day stay. Provided complete nursing care for up to 5 patients, while further assisting with other patients and nurses as needed.   **Sierra Vista Regional Medical Center, San Luis Obispo, OB/Pediatrics**  April 2020 – May 2020   1. Effectively provided complete care for postpartum mothers and newborn infants. Completed observational shifts in the Neonatal ICU, Labor & Delivery, and Emergency Room.   **French Hospital Medical Center, San Luis Obispo, Med-Surg/Tele**  January 2020 – March 2020   1. Developed an excellent understanding of time management while learning to care for multiple patients. Fostered excellent therapeutic communication with patients and family members. Collaborated with various health care professionals to provide excellent patient outcomes. Completed observational shifts in the ICU and emergency room.   **Sierra Vista Regional Medical Center, San Luis Obispo, Med-Surg**  August 2019 – December 2019  Developed effective medical and surgical interventions and treatments, while providing safe medication administration. Established excellent documentation skill, while provided complete care |  |

**Mission View, SNF, San Luis Obispo**

January 2019 – March 2019 (CNA Coursework)

Provided patient care for residents, including ADLs, feeding, companionship performed all aspects of CNA responsibilities.