

Kjersten Folstad

Registered Nurse-BSN

Decorah, IA 52101

kjerstenborreson2_wr9@indeedemail.com

+1 507 429 1509

Authorized to work in the US for any employer

Work Experience

Registered Nurse Case Manager/Infection Control/QAPI/Educational

Gundersen Tweeten Care Center - Spring Grove, MN

April 2021 to Present

- Case management, health promotion engagement for geriatric population
- Tele-health: present with patient during tele-health visits, performed RN duties associated with these visits including assessment, communication, med-rec.
- Reviewed and coordinated immunizations
- Infection control practices
- Skin/Wound care and management

Registered Nurse (RN) Charge Nurse

Gundersen Lutheran Medical Center

September 2020 to April 2021

- Provided direct care of up to 8 patients per shift
- Carried out the care plan planning
- Monitored and documented patient's vitals
- Provided education and discharge instructions
- Assessed patient physical, social, language or mental needs
- Admitted patients
- Facilitated the plan of care
- Delivered patient education

Director of Nursing

Spring Valley Care Center - Spring Valley, MN

August 2019 to September 2020

- Manage and lead all nursing personnel operations.
- Develop short and long-term goals for the entire nursing department.
- Establish new policies and update existing policies to improve the standard of care for patients.
- Plan and oversee admission, nursing, and patient care processes.
- Maintain department budgets and record all expenses.
- Respond to any nursing-related issues in a timely manner.
- Coordinate with medical staff and other departments to ensure hospital efficiency.
- Oversee all record-keeping processes and ensure all necessary documents are accurate and up-to-date.
- Hire and train new nursing staff members.

- Evaluate staff performance and prepare accurate reports detailing your findings.

Registered Nurse Charge Nurse

Community Behavioral Health Hospital - Rochester, MN
April 2019 to August 2019

Manage and direct staff; LPN's and CNA's Conduct vitals and assessments
Process order admissions and discharges
communicate with patient, family, and doctor

Licensed Practical Nurse/Registered Nurse

Gundersen Tweeten Care Center - Spring Grove, MN
2017 to April 2019

Assessed need for, ordered, obtained and interpreted appropriate lab tests.
Documented patient information obtained from interviews.
Assisted residents with bathing, dressing, feeding, lifting and transferring.
Measured urine and delivered specimens to lab.
Monitored fluid intake and output levels.
Followed infection control procedures.
Effectively managed clinical oversight for 50-bed unit.
Ensured HIPAA compliance.

Education

Masters in Family Nurse Practitioner

Walden University
May 2020 to February 2022

Bachelor's in RN

Walden University - Minneapolis, MN
January 2019 to May 2020

Diploma in Nursing

Northeast Iowa Community College - Calmar, IA
2017

Nursing Licenses

RN

Expires: January 2022

State: IA

RN

Expires: January 2022

State: MN

Skills

- QUALITY ASSURANCE (4 years)
- HIPAA (1 year)
- Infection Control Training- CDC
- Employee Evaluation
- Hospital Experience
- Patient Care
- Team Work
- Epic

Certifications and Licenses

CPR

January 2020 to January 2023

BLS through the AHA

Additional Information

Direct Patient Care Courses through FNP:

640 hours direct patient care hours through course

700+ documented direct, supervised patient encounters including adult, women's health, hospice, long-term care, and pediatrics.