

Michelle Parham

Certified Nursing Assistant

Saint Paul, MN 55117

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Compassionate healthcare professional with excellent written and verbal skills. I have 9 years of experience working as a CNA. Including Long term care, Alzheimer's and Dementia care, Hospice, Rehabilitation, and Mental Illness. BLS and CPR certified.

Work Experience

CNA - Certified Nursing Assistant

Divine Healthcare - Saint Paul, MN

January 2019 to March 2021

Assist patient with ADLs including showers, bed baths, grooming, oral hygiene, feeding, transfer using mechanical lift, incontinence care, catheter care, record vitals, report to charge nurse, and chart

CNA - Certified Nursing Assistant

BRIA Health Services - Chicago Heights, IL

May 2015 to December 2018

Assist Patients with ADL's including personal hygiene, showers, complete bed baths, groom, transfer, feeding, toilet, record vitals, report data in kiosk, and report to charge Nurse

CNA

Heather Manor - Harvey, IL

June 2013 to March 2015

Assist in planning programs for residents, provide entertainment activities including exercise, art projects, music, movie time, board games, card games, bingo exc. help keep records of equipment

Home Health Aide

Have a Heart - Chicago Heights, IL

September 2012 to June 2013

- Assist clients with personal care, including dressing, mobility, administering medication, personal hygiene, eating and transporting to doctor's appointments
- Maintain open communication between families and health care professionals regarding the client's medical and emotional condition
- Ensure highest client safety and well-being
- Transportation to and from doctor's appointments, family visits, and shopping excursions
- Personal hygiene, toileting, dressing and maintaining the appearance

Education

Phlebotomist Technician

Excelsior Health Care Academy - Chicago Heights, IL
January 2016 to May 2016

Certified Nursing Assistant

Prairie State College
April 2012 to September 2012

Skills

- Medical Terminology
- Time management and organizational Skills
- Excellent verbal and written communication
- Empathy and compassion
- Customer Service
- Nursing home experience
- Assisted living
- Dementia Care
- Alzheimer's Care
- Nursing
- Caregiving
- Home care

Certifications and Licenses

CPR

Certified Nursing Assistant (CNA)