

Marienella Paras

Neuro Med Surg Nurse-NIHSS certified

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Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Houston Methodist - The Woodlands, TX

September 2021 to Present

I am currently working as a Neuro med surg nurse in HMTW., Before I moved here,I was from Missouri which I worked as a Neuro Medsurg nurse for 2.5 years in a Level 1 stroke and trauma center. I have been in the bedside nursing for 10 years.

Charge Nurse

Angeles Medical Center Inc

February 2011 to Present

Hour per week: 42 hours per week

- ❖ Employer: Angeles Medical Center Inc.
- ❖ City: Angeles City, Pampanga
- ❖ Country: Philippines

AMCI is classified as a private tertiary hospital with a 100-bed capacity. Continuous expansion and improvement is ongoing to further serve the more intricate needs of the community

HOSPITAL SERVICES

- 24hour Pharmacy Services (In-patient, OPD(walk-in) counter)
- Eye Center (diagnostic: early detection of eye disorders, Laser procedures and measuring system)
- Medical Laboratory (Bacteriology, Clinical Chemistry, Clinical Microscopy and other body fluids etc.)
- Renal Care Unit (Hemodialysis treatment, Slow/ low efficiency dialysis, Renal Nutrition Counseling etc.)
- Emergency Care (Food and Nutrition Services, Heart Services, Laboratory, 24-hr ambulance services etc.)
- Heart Station (2d-echo, Treadmill test, ECG etc.)
- Operating Room-delivery complex (General Surgery 5 theaters, PACU)
- Respiratory Care Unit (Nebulization, Chest physiotherapy, Mechanical ventilation etc.)
- Endo/Colonoscopy Unit (Percutaneous Endoscopic Gastronomy, Rubber band ligation, paracentesis etc.)
- Intensive Care Unit (6 bed-capacity with advanced technologies)
- Physical Rehabilitation
- Radiology Center (X-ray, Ct-Scan, Ultrasound)

❖ Function as a Charge/Senior Nurse in Medical-Surgical Ward with 16-bed Capacity (8patients:1nurse) ratio

Render professional nursing care to patients admitted within medical- surgical unit of the hospital, in support nursing intervention for the comfort and well-being of the patient.

SKILLS AND RESPONSIBILITIES

- Skilled in assessing patients from head to toe and keen observer in identifying subjective and objective cues to further determine the underlying conditions
- Identifies certain precautions (e.g. contact precaution)specific to the patient to decrease and prevent risks and transmission of infection
- Maintain hygienic environment (frequent hand washing before and after contact to the patient, the use of PPE kit)
- Responsible in analyzing disease process to contribute an essential management together with the other healthcare team
- Skilled in inserting contraptions like iv cannula, nasogastric tube and foley catheter aseptically
- With exceptional skills in administering therapeutic drugs thru IV piggyback, side drips, IM, ID, SC, and oral routes
- Skilled in wound dressing specifically decubitus ulcers in all grades, incision site with Penrose drain, burn skins, pus-draining wound, etc.
- Administer variety of blood products with pre, during, post transfusion reaction precautions
- Administer oncological intervention specifically iv chemotherapy
- Vigilant in monitoring changes in patient's condition
- Expert in bladder irrigation and catheter care
- Skilled in oral, endotracheal and tracheostomy suctioning
- Consistent in providing safe environment to the patient (e.g. raising side rails,)
- Meticulous in tracheostomy, colostomy and ileostomy care
- Carry out doctor's order systematically with prioritization
- Maintain hydration to the client by administering ordered fluids at specific time and iv rates
- Creating a flexible care plan to further stabilize patient's condition
- Promote a harmonious and collaborative relationships to other healthcare personnel
- Knows how to operate complex machines like mechanical ventilators, pulse oximeter, infusion pumps
- Organize a particular chain of survival by reviving patients with other emergency healthcare team
- Presenting a complete and precise documentation in patient's records
- Reinforce health teachings prior to discharge the client

❖ Medical-Surgical ward includes an average 16 various ranges of patients highlighting pulmonary conditions as the primary top cases (e.g. Community-Acquired Pneumonia, Chronic Obstructive Pulmonary Diseases) .Estimated number of pulmo patients per day to be admitted in Ward is 5 per 16 patients.

•OTHER CASES HANDLED (NOT LIMITED TO THESE CASES)

- Cardiovascular diseases
- Dengue Hemorrhagic Fever
- Diabetes Mellitus
- Ob gynecology diseases (myoma uteri)
- Surgical cases (e.g. caesarian section, ortho procedures, explore lap, etc.)
- Burn patients
- Hyperthyroidism

EQUIPMENTS USED:

- Infusion Pumps (inotropics, antibiotics etc.)
- Mechanical Ventilators (with knowledge in the parameters used)
- Oxygen therapy (nasal cannula, venture mask, partial re breather mask etc.)
- Chest tube drainage system
- Pulse oximeter
- Defibrillator
- Cardiac Monitor

Education

Holy Angel University
2010

Skills

- Nursing Skills (5 years)
- Catheterization
- Foley catheter
- Catheter care
- Basic IV
- Tube feeding
- Discharge planning
- Care plans
- Travel nursing
- Acute care
- Medication administration

Certifications and Licenses

United States Registered Nurse (TEXAS)

July 2019 to Present

BLS Certification

ACLS Certification

Additional Information

AREAS OF EXPERTISE

STAFF RN - MEDICAL-SURGICAL WARD, ANGELES MEDICAL CENTER INC. 2012-present

Provide personal patient care, rehabilitation, hospice, pediatric, orthopedic, intra-operative, acute care, public health and long-term care with clients and their families

- ❖ Exceptional in performing nursing skills with decent decision-making and sound judgment.
- ❖ Utilizes time management effectively.
- ❖ With vast clinical knowledge and leadership skills needed to direct people in achieving certain goals.

STAFF RN - PEDIATRIC WARD, ANGELES MEDICAL CENTER INC. 2011-2012

Render professional nursing care to pediatric patients ranging from infancy to early childhood with medical disorders.

- ❖ Maintain calm and nonjudgmental approach especially during assessment
- ❖ Explain procedures appropriate for patient's mental age level
- ❖ Practices doing procedure at the shortest possible time to prevent untoward incidents