

Crystal Michel

Lafayette, LA

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Determined individual seeking to join a health care facility where I can utilize my skills, knowledge, and experience to provide quality care. An extremely organized and professional with over 12 years of experience in nursing and patient care. Highly resourceful and energetic with an ability to stay calm and intervene during crises, facilitate groups and educational seminars, and collaborate with multidisciplinary teams. Proven ability to build positive relationships with patients, family members, physicians and other medical professionals, while implanting evidence based treatment.

Core Qualifications and Highlights

- Demonstrates understanding and adherence to service, teamwork, accountability, respect, and safety of patients, family members, and the organization.
- Demonstrates the adherence and principle of infection control through universal precautions.
- Appropriately handles all confidential information.
- Strives to anticipate and exceed expectations of the patients as demonstrated by positive customer comments and management observation.
- Communicates in clear, courteous manner demonstrating positive interpersonal skills.
- Utilizes medical equipment and resources effectively and efficiently.
- Willingly accepts and performs all assigned duties

Specialties and Skills

- Vast knowledge of sedation and IV administration, as well as reversal antidotes.
- Expertise in IV insertion including ultrasound guided needle insertions. Competent in peripherally inserted central line [PICC] insertion, care, and maintenance.
- Able to handle emergency situations in an appropriate and safe manor.
- Effective in assisting physicians and healthcare professional during surgical and medical procedures.
- Hands-on experience in handling and operating diagnostic and imaging equipment.
- Demonstrated ability to train and counsel new nurses.
- Working knowledge of Electronic Health Record (EHR), proficient in entering, accessing, and retrieving patient data.
- Clinical expertise in creating and maintaining a sterile field.
- Participates in on-call assignments and demonstrates flexibility to cover staffing as needed.

Work Experience

RN Operating Room

Opelousas General Health System - Opelousas, LA
November 2019 to Present

Operating room circulating nurse that assist in the preparation and care of patients undergoing surgical intervention, and oversees the maintenance/sterilization of OR supplies and equipment. Prepares the surgical suite according to surgery and surgeon preference, while collaborating with the surgical team to ensure the highest safety and surgical standards for the patient. Adheres to AORN standards of perioperative practice.

RN Cath Lab

CIS - Lafayette, LA

January 2018 to October 2020

Functioned as a procedural RN for an outpatient cath lab focusing on peripheral procedures. Provided care before, during, and after peripheral catheterizations and special procedures with proficiency in caring for patients undergoing diagnostic and interventional cath. Assists in procedures including circulating and patient monitoring, provides patient education, patient assessments, and administering of medications including conscious sedation.

RN Operating Room (PRN)

Our Lady of Lourdes Regional Medical Center - Lafayette, LA

July 2019 to June 2020

Operating room circulating nurse that assist in the preparation and care of patients undergoing surgical intervention, and oversees the maintenance/sterilization of OR supplies and equipment. Anticipates needs of surgeons and surgical teams, and assists in operative procedures. Prepares OR room for procedures and ensures all required tools or equipment are available and sterilized before any operation.

RN cath lab travel nurse

Virginia Mason Medical Center - Seattle, WA

June 2017 to December 2017

RN cath lab travel nurse for the cardiac catheterization lab whose duties include procedure documentation and nurse circulation. Responsible for patient assessments, preparing patients for cardiac procedures, obtaining and monitoring vital signs, oxygen levels and heart rhythm, ensuring the patient's chart and records are up to date. Participates in emergent procedures and on call status with extensive experience with cardiac catheterizations, angioplasties, peripheral vascular procedures, implanting cardiac pacemakers and defibrillators, and PFO/ASD closures.

RN Cath Lab

Rapides Regional Medical Center - Alexandria, LA

March 2013 to June 2017

Registered nurse in the cardiac catheterization laboratory for a level II trauma center as a procedural room nurse, including surgical scrub assistant, nurse monitor, circulating nurse, and possessing the knowledge and capabilities to operate radiologic equipment. Knowledgeable and efficient in circulated among surgical teams, coordinating communication, advocating for patients, monitoring airway, vitals signs, pain levels, responds promptly to adverse indications and distress to stabilize patients and prevent emergent conditions. Performed on call duties for emergency procedures after hours and on weekends. Peripherally inserted central line [PICC] placement and maintenance hospital wide.

RN Hospice Case Manager

Oasis Healthcare Hospice - Alexandria, LA

January 2012 to March 2013

Coordinated care for patients and families in the home setting. Duties included patient admission, bi-weekly physical assessments, medication management, assisting with activities of daily living, patient and family support, and post mortem care.

RN Medical Surgical Unit

Rapides Regional Medical Center - Alexandria, LA

June 2009 to February 2012

implementing patient care plans, administering prescribed drugs, providing treatments, and patient education. Performed duties as a relief charge nurse during.

Education

Bachelor of science in nursing

Northwestern State University - Natchitoches, LA

January 2014 to May 2016

Associate in nursing

Louisiana State University at Alexandria - Alexandria, LA

August 2002 to May 2009

Nursing Licenses

RN

Expires: January 2022

State: LA

RN

Expires: September 2023

State: CA

Skills

- RN
- Cardiac Catheterization
- Nursing

Certifications and Licenses

CNOR

2023

BLS Certification

ACLS Certification

Additional Information

ACLS PALS and BLS certified