Shaliah Howard

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**Work Experience:**

**Distinctive Home and Health Care**

1100 Wilford Hall Loop

Lackland AFB, TX 78236 United States

**01/2020 - Present**

Hours per week: 40

**Women's Health Registered Nurse**

Duties, Accomplishments and Related Skills:

•Coordinate with physicians and women's health nurse practitioners to establish patients' plans of care, follow-up appointments, and ensure preventative health screening measures are met

•Utilize internal processes to coordinate women's health care to ensure readiness for external surveys and establish/maintain/improve quality

•Provide education and training for new employees on retrieval of women's health reports from various electronic databases

•Actively collaborate with various clinics to enhance/improve the delivery of patient care services

•Coordinate with multi-disciplinary team to identify requirements to develop virtual and face to face education and training designed to improve patient outcomes

•Utilize various software programs (e.g. Excel) to track women's health performance/progress measures

•Identify problem areas and recommend corrective actions/changes based on quality improvement processes

•Prepare, clean, maintain, and sterilize instruments for daily procedures; keep exam rooms clean/orderly

•Perform telephone nursing triage

•Notify patients about normal/abnormal results; make referrals to appropriate providers/clinics as needed

•Educate patients on the importance of completing yearly well women exams/completing pap smears based on American Society for Colposcopy and Cervical Pathology (ASCCP) guidelines

•Independently assess/educate patients and provide treatment using clinic approved protocols; notify provider as appropriate

•Administer medications via various routes as ordered

•Document patient encounters/procedures in computer medical records

Supervisor: Crystal Pringle (301-925-2900)

**Okay to contact this Supervisor:** Contact me first please

**Methodist Children's Hospital**

7700 Floyd Curl Dr.

San Antonio, TX 78229 United States

**07/2014 - 01/2020**

Hours per week: 36

**Mother/Baby Registered Nurse**

Duties, Accomplishments and Related Skills:

•Operate/monitor the performance of sophisticated equipment used in the care of compromised neonates; respond to emergency situations and provide immediate care as needed

•Educate new mothers and their families on postpartum, post-operative, and newborn care, including but not limited to instruction on breastfeeding, newborn diaper care, perineal and incisional care

•Precept interns/students/employees

•Transfer/discharge new mothers and newborns to/from the postpartum unit

•Examine/assess and provide comprehensive nursing care to obstetric patients and their newborns; interpret and report any assessment findings to physicians which require a change in patient care

•Administer complex medications via various routes as ordered to mothers and newborns

•Assist physicians/anesthesia providers with various procedures

•Properly document all nursing care in the electric medical record and hard chart

•Collaborate with the interdisciplinary team and delegate appropriate tasks to unlicensed personnel to provide high quality patient care

•Float to various units as needed

Supervisor: Trish Horlacher (210-575-0217); [Trish.Horlacher@mhshealth.com](mailto:Trish.Horlacher@mhshealth.com) (mother/baby nurse manager)

Jennifer Ours [Jennifer.ours2@mhshealth.com](mailto:Jennifer.ours2@mhshealth.com) (assistant mother/baby nurse manager)

**Okay to contact this Supervisor**: Yes

**Miami Valley Hospital**

1 Wyoming St

Dayton, OH 45409 United States

**08/2010 - 07/2014**

Hours per week: 36

Registered Nurse (various units)

Duties, Accomplishments and Related Skills:

**Mother/Baby Registered Nurse, 12/2011-7/2014)**

•Served as unit council member/unit liaison, collaborating with leadership, to help improve nursing care for normal and high-risk obstetric patients

•Educated new mothers and their families on postpartum, post-operative, and newborn care, including but not limited to instruction on breastfeeding, newborn diaper care, and perineal and incisional care

•Provided nursing care to new mothers on IV Magnesium

•Transferred/discharged new mothers and newborns to/from the postpartum unit

•Administered complex medications via various routes as ordered to mothers and newborns

•Examined/assessed and provided comprehensive nursing care to obstetric patients and their newborns; interpreted and reported any assessment findings to physicians which require a change in patient care

•Assisted physicians/ anesthesia providers with various procedures

•Properly document all nursing care in the electric medical record

•Collaborated with the interdisciplinary team and delegated appropriate tasks to unlicensed personnel to provide high quality patient care

•Floated to various units as needed

**Advance Care Registered Nurse, 11/2010-11/2011)**

•Performed assessments every four hours to closely monitor patients' condition; responded to emergency situations

•Admitted/transferred high acuity patients

•Interpreted cardiac strips/heart monitors

•Provided spiritual and emotional support to patients and their families

•Administered medications via various routes and completed patient treatment plans as ordered

•Completed blood transfusions, IV insertions, and urinary catherizations as needed

•Precepted interns/students/employees as needed

•Provided complex nursing care such as trach and wound/ostomy care for a three-to four-patient team

•Collaborated with the interdisciplinary team to provide high quality patient care

•Floated to various units such as Medical Intensive Care Unit (ICU) and Surgical Intensive Care Unit (SICU)

**Critical Care Nursing Internship (8/2010-11/2010)**

•Began the transition process from graduate nurse to self-assured practitioner while being precepted by an experienced nurse

•Became familiar with two advanced care units including staff and equipment

•Became familiar with hospital policies and procedures

•Participated in nursing refresher courses in order to review and expand knowledge

•Completed weekly self-evaluations to monitor growth and set goals towards becoming more self sufficient

Supervisor: Lisa Scherbauer (937-208-8000)-mother baby nurse manager

**Okay to contact this Supervisor**: Yes

**Education:**

Wright State University Dayton, OH

BSN Graduated: 5/2010

Major: Nursing

**Relevant Coursework, Licenses and Certifications:**

Certified in Maternal Newborn Nursing

Registered Nurse TX license (866191)

Basic Life Support for Healthcare Provider (BLS)

2x prestigious DAISY award nominee