# Mindy Duch

#### **Licensed Practical Nurse**

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A Licensed Practical Nurse currently working in a Rehab and Long Term Care Facility. I am seeking to expand my knowledge of the nursing field and learn from my peers while giving excellent care to my patients. My previous background in quality control and management helps me with the day to day change of healthcare today.

Authorized to work in the US for any employer

## Work Experience

### **Licensed Practical Nurse (LPN)**

Lake Country Health Services - Oconomowoc, WI September 2021 to Present

- Continuous patient care in LTC unit, adeptly handling all aspects of treatment from medication administration, wound care, treatments and monitoring for 20-30 patients.
- Oversaw clinical and support staff in patient care activities while maintaining a high level of professionalism.
- Pharmacological and Non-pharmacological management and treatment of various disorders and diseases.
- Identified the need for, ordered, obtain and interpret appropriate lab tests.
- Closely monitoring acute conditions on a busy Rehab Unit.
- Take admissions and discharges.
- Counsel patients and families to provide education so they may obtain optimal function and health and adapt to an altered lifestyle.
- Guided patients to move toward independence by setting realistic goals and treatment plans.
- Operated as part of a multidisciplinary team and coordinate patient care and team activities.
- Provide end of life care.
- Work on Covid 19 Unit as needed during outbreak status to ensure proper infection control procedures during any unit lockdown.

#### **LPN (Licensed Practical Nurse)**

Franciscan Woods - Brookfield, WI June 2021 to September 2021

- Oversaw LTC floor with 20-30 patients.
- Applied learned skills for medication administration, wound care, and treatments of conditions.
- Monitored Covid patients.
- Oversaw clinical and support staff in patient care activities.
- Identified and ordered appropriate lab tests.
- Input orders for medications, called pharmacy to work on getting stat orders placed
- Guided patients to move toward independence by setting realistic goals and treatment plans.
- Operated as part of a multidisciplinary team and coordinate patient care and team activities.

- Provide end of life care.
- Learned to adapt to the fast pace of changing health care.

### Nanny/Babysitter/Caregiver X17 years

Self employed - Sussex, WI October 2004 to March 2020

- Organized fun and educational games and activities that increased learning
- Focused reading time that zeroed in on the children's attention of love of books and reading
- Modeled continuous access to outdoor activities using gross motor skills running, jumping, various sports. And fine motor skills like chalk, water tables, sand play, and arts and crafts with an emphasis on learning
- Prepared and served meals with balanced nutrition ensuring food safety for all children in my care, including breast milk warming or formula preparation for feeding children under age one and including safely feeding a child with severe peanut allergy and trained in emergency response for anaphylaxis treatment
- Promoted good behaviors by using positive reinforcement programs and worked with parents to develop and implement discipline programs to promote positive behavior
- Maintained accurate daily records of individual children's activities, behaviors, meals, naps, diapers, toileting, and bottles/ feedings
- Experienced with potty training children that have not had previous success
- Tutored older children up to age eleven in subjects of math, reading, and science

### **Trainer/Quality Control Manager**

Precise Underground Locating Company - Milwaukee, WI January 2002 to December 2003

- Provided training and support to new employees with an emphasis on stellar customer service and damage prevention
- Operated and trained employees on different electronic detection equipment to locate and mark underground facilities within prescribed accuracy limits
- Read and interpreted utility map/prints, electronic quarter section, and plat maps to identify the type and size of underground utilities and the use of underground utility mapping software
- Prepared written documents, took photos, verified utilities after damages to facilities occurred
- Educated technicians at site faults to provide remediation, to learn how their damages happened and what they the locater could have done differently if they were at fault
- Prepared clear and concise written reports and forms, including vehicle mileage reports, daily time sheets, work completed documents, call-out sheets, and vehicle maintenance records
- Interacted with contractors, coworker, and the general public to establish effective working relationships
- Trained employees to organize daily locate assignments into routes designed to minimize backtracking to increase efficiency in covering an assigned area of the city.
- Maintained a high volume of work output and saved the company money
- Ability to organize and assign responsibility to crew members in an efficient manner, functioned as a team while exhibiting strong leadership skills

#### Education

## **Diploma in Practical Nursing**

Herzing University - Brookfield, WI April 2021

#### Skills

- · Proficient in MS Office
- · Obtaining Medical History
- · Wound Care/Dressing
- · Patient Education
- Thorough understanding of Medical Terminology, Anatomy and Physiology
- · Experienced with performing clinical skills, including taking vitals, performing injections
- Knowledgeable with administering medications
- Works well independently and as a team player
- Training in the Stages of Life to include Pediatrics, OB/GYN, and Geriatrics
- Parenteral Administration
- Assisting with physical examinations, set up instruments and supplies, explaining procedures to patients
- Up to date Castlebranch
- Ensure patient safety during and after procedures
- Infection control, Aseptic, and Sterile techniques
- Assisting with EKG and Respiratory tests
- Specimen Collections
- Glucose Testing
- Bloodborne Pathogen Training
- Professional & Compassionate Bed Side Manner
- · Aseptic hand washing
- CPR
- BLS
- AED Certified
- Tutoring
- Babysitting
- Patient Care
- Hospice Care
- Triage
- Nursing

## Links

http://www.linkedin.com/in/mindyduch

# Certifications and Licenses

## LPN

#### Assessments

## **Patient-focused care — Highly Proficient**

June 2021

Addressing concerns and using sensitivity when responding to needs and feelings of patients Full results: <u>Highly Proficient</u>

# **Work style: Reliability — Completed**

June 2021

Tendency to be reliable, dependable, and act with integrity at work

Full results: Completed

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.