Demoh Thullah

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# PROFESSIONAL SUMMARY

Caring Clinical team lead with 5 years in a fast-paced ICU environment. Hardworking, driven and passionate about delivering high quality patientcare as a reliable team-oriented member.

# SKILLS

* Mentoring
* Researching
* Patient and family advocacy
* Culturally sensitive
* Chronic disease management
* Relationship building
* Staff supervisor
* Strong clinical judgment

# WORK HISTORY

**Clinical Team Lead|** 04/2020 to Current

**Carilion Clinic- Roanoke, VA**

* Provides day to day leadership for successful implementation of goals and objectives for a department.
* Responsible for daily throughput of unit, patient experience rounding, employee rounding for engagement, quality monitoring of unit, planning of budget and managing expenses.
* Communicates, organizes, prioritizes, leads, facilitates, coaches and problem solve with reporting staff to ensure that goals and objectives are met. (Quality, Patient Experience, Employee Engagement, and Throughput)
* Works with other department leaders to carry out new health care services and performance improvement initiatives.  Positively and appropriately represents Carilion Clinic at public and professional meetings.

PRECEPTOR | 06/2018 to 04/2020 **Carilion Clinic - Roanoke, VA**

* Collaborated with other preceptors and instructors to enhance student experience.
* Oversaw work of nursing student, new hires and current staff to educate on proper procedures and how to prioritize care tasks.
* Provided individualized instruction.
* Met with orientee one-on-one to design learning plans.
* Precepted new nurses following established standards of practice and organizational policies.
* Provided skilled, timely and level-headed emergency response to critically ill patients.
* Leveraged feedback and process improvement opportunities to create safer and healthier environment and increase patient satisfaction.
* Reported patients' status and delegated nurse assignments to achieve optimal outcomes.
* Provided direct patient care, stabilized patients and determined next course of action.

**REGISTERED NURSE** | 08/2016 to Current

**Carilion Clinic - Roanoke, VA**

* Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
* Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
* Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
* Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
* Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
* Managed as a charge nurse 6-7 nurses a in 12-bed ICU by providing comprehensive nursing guidance and maintaining outstanding patient satisfaction and care standards.
* Audited charts and reviewed clinical documents to verify accuracy.
* Addressed disruptions in patient care, including delays in discharge, postponed procedures and discharge equipment unavailability.
* Performed triage on all incoming patients and determined severity of injuries and illnesses.
* Managed quality care for patients with varied conditions, including heart failure, end-stage renal disease and coronary artery disease.
* Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
* Quickly responded to situations impacting safety and security to unit, actualizing crisis prevention interventions to control and de-escalate situations.

**WORK STUDY STUDENT** | 02/2013 to 05/2016 **Carilion Clinic - Roanoke, VA**

* Upheld strict security procedures to maintain data confidentiality.
* Greeted incoming office guests, answered questions and directed individuals to desired locations to enhance team efficiency.
* Kept physical files and digitized records organized for easy updating and retrieval by authorized team members.
* Enhanced collaboration between team members by preparing meeting materials and taking clear notes to distribute to stakeholders.
* Helped with administrative support, including managing incoming calls, coordinating files and sorting mail.
* Delivered expert clerical support by efficiently handling wide range of routine and special requirements.
* Provided clerical support to Registrars department.
* Restocked supplies in neat and easily accessible fashion.

**ASSISTANT DEPARTMENT MANAGER** | 11/2010 to 03/2012 **Hamricks - Roanoke, VA**

* Maintained records related to sales, returns and inventory availability.
* Trained and developed new sales team associates in products, selling techniques and company procedures.
* Maintained organized, presentable merchandise to drive continuous sales.
* Implemented up-selling strategies, encompassing recommendation of accessories and complementary purchases.
* Prepared merchandise for sales floor by pricing or tagging.
* Liaised with customers and recommended specific products and specials, aligning with individual needs, requirements and specifications.

# EDUCATION

**Jefferson College of Health Sciences - Roanoke, VA | Bachelor of Science** Nursing, 05/2016

* Minored in Biology
* Dean's List spring 2016

**AFFILIATIONS**

* Member, American Nurses Association, 2019 to Current

# CERTIFICATIONS

ACLS

BLS