

# April Strode

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| (423) 333-6138 |astrode7@gmail.com

## Certifications

-RN, States of Tennessee  
-Infection preventionist training from CDC

## Education

Bowling Green Technical College - 2009      **RN | Associate Degree in Applied Science, Nursing**

## Technical Skills

CareAdvance | Microsoft Office | Agent Workspace

## Competencies

Detail-Oriented	Hard Working	Care Management
Proficient Communicator	Trustworthy	Leadership
Organized	Quick Learner	Self-Motivated
Education	Customer Service	Utilization Management

## Relevant Experience

**BlueCross BlueShield of TN (Chattanooga, TN) September 2018- April 2019**  
*Transition of Care Nurse-Total Health Management*

- Assists hospital care coordination team with discharge planning needs of the members
- Communicates with member, and/or family /significant other, and designated health care providers to assess, plan and implement care plans to transition the member to the appropriate level of care
- Reviews request for health care services, according to guidelines, to ensure quality and cost effective care
- Assesses resource utilization and cost management; diagnosis, past and present treatment and prognosis.
- Negotiates rates and monitors appropriate cases and services for members
- Assesses clinical information to develop and implement treatment plans for transition to appropriate level of care

**Spring City Nursing Home (Spring City, TN)**

April 2018-September 2018

*Staff Development Coordinator and Assistant Director of Nursing*

- Facilitated classes for Certified Nursing Assistant Certification
- Provided Continuing Education for Staff
- Assisted with management of the Department of Nursing, including evaluation of staff
- Evaluated and took action around complaints, failed audits, and staff problems.

**BlueCross BlueShield of TN (Chattanooga, TN)**

October 2017-April 2018

*Transition of Care Nurse-Total Health Management*

**BlueCross BlueShield of TN (Chattanooga, TN)**

February 2016-October 2017

*Case Manager-Total Health Management*

- Patient advocate
- Resource Utilization
- Cost Management
- Care Planning
- Evaluated member status including physical, psychosocial, environmental, financial, and health status expectation
- Maintained communication and collaborate with patient, family, physicians and health team members, and payer representatives.
- Routinely assessed client's status and progress

**Spring City Nursing Home (Spring City, TN)**

August 2012-January 2015

*Staff Development Coordinator and Assistant Director of Nursing*

**Rhea Medical Center (Dayton, TN)**

May 2012-July 2012

*Med-Surg floor nurse*

- Assess patient status
- Gave medications as ordered
- Provided care to patients for acute needs and post op care
- Education to patients and family

**Athens Regional Medical Center (Athens, TN)**

February 2012-May 2012

*Women services and post-op overflow*

- Worked with labor and delivery on some occasion as needed
- Worked in nursery as needed
- Provided post-op care to patients
- Postpartum care for new mothers

**Monroe County Medical Center (Tompkinsville, KY)**

November 2006-February 2012

*Med- Surg floor- CNA from 2006-2009, RN 2009-2012*

- Provide care to patients
- Administer medications as ordered
- Procedures as ordered
- House supervisor as RN on nights
- Admissions and discharges
- Family and patient education

Currently: Tennova Healthcare Case Management ( Cleveland, TN )

February 2019- present

Complete utilization reviews for insurance submission

prior authorizations for services

Schedule peer to peer appeals

Prior: Life Care of Rhea County  
(Dayton, TN) May 2019- Februar 2021  
Director of Nursing  
Overseen the nursing department