

Dana Waters

danadougans51@icloud.com | 540-669-7493
Luray, Virginia 22835

SUMMARY

Caring, hardworking and service-oriented Registered Nurse with more than 20 years of Medical-Surgical and Progressive Care experience. Well-versed in offering evidence-based, therapeutic care for patients dealing with acute and chronic disorders. Collaborative and motivational leader with expertise in training new nursing staff while providing top-notch service to all patient populations.

SKILLS

- Patient monitoring
- Unit administration
- Medical screening
- Patient Care
- Nursing staff leadership
- Culturally sensitive
- Performing bladder scans
- Compassionate STD care and counselor
- Team supervision
- Immunization skills
- Direct and Indirect Patient Care
- Epic EHR Management
- Tracheostomy care
- Medication administration expert
- Preparing for procedures
- Acute and rehabilitative care
- Catheters
- Vascular care understanding
- Medical assessment
- Strong medical ethic
- Long-Term Care
- Monitoring vital signs
- Gastrostomy tube care

EXPERIENCE

RN

Sentara RMH | Harrisonburg, VA | July 2019 - Current

- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Documented all therapies, including lab values and need for oxygen therapy to keep patient charts up-to-date.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Answered patient questions and provided take-home materials for further information.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Responded to emergency situations with speed, expertise and level-headed approaches to

provide optimal care, support and life-saving interventions.

- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.

RN, Critical Care

Valley Health - Serving Virginia West Virginia & Maryland | Front Royal, VA | January 2016 - June 2019

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Administered medications, tracked dosages and documented patient conditions.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Instructed patients, caregivers and families on diagnoses, treatment options and self-management to maintain continuity of care.

RN Progressive Care

Fauquier Health System Inc. | Warrenton, VA | August 2009 - March 2016

- Maintained thorough, accurate and confidential documentation in electronic medical records.
- Directed care for patients in PCU, including implementation of treatment plan, monitoring vitals and administering medications.
- Maintained adequate unit supplies to meet expected patient demands.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.

RN Staff Nurse

Novant UVA Medical Center | Culpeper, VA | May 2001 - May 2004

I also worked at Culpeper hospital.2005-2008,2011-2013, 2016.

- Monitored and educated nursing students and externs on proper care procedures and prioritization strategies.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Promoted healthy lifestyle choices to reduce re-emergence of painful or dangerous symptoms.
- Facilitated strategic goals aimed at increasing satisfaction and improving outcomes through compassionate, precise and high-quality nursing care.
- Maintained reports to provide oncoming shift with full patient status.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.

EDUCATION AND TRAINING

Associate of Science: Nursing

Shenandoah University | Winchester, VA