

Ellen Jae Wong Cave, BSN, RN

ellenjaewong@gmail.com

510-386-3193

Professional Skills

- Prior experience working with inpatient/outpatient psychiatric, mental health or behavioral health patients.
- Skilled Nursing and Rehab experience
- Med/Surg
- Catheter and Ostomy care
- Venipuncture/blood drawing
- Direct and indirect patient care
- Dementia and Alzheimer's knowledge
- Wound care
- NGT, GT , Enteral feeding
- Ability to manage a team and work with others within a team to ensure quality patient care
- Good communication and interpersonal skills

Professional Experience

LifeGuard Home Health/Pleasanton – BSN, RN

January 2019 - Present

- Case manages and provides clinical oversight and direction to the interdisciplinary team, physician, and family
- Performs patient admission assessment, recertification, subsequent visits, and discharge visits
- Provide mental health assessments, developed treatment plans, conducted progress visits and wellness check for patients of behavioral disorders, psychiatric diagnosis and cognitive deficits
- Execute appropriate risk-assessment and mitigation strategies
- Implements a plan of care and instructs the patient/caregiver on signs and symptoms of complications and home management related to the patient's disease process
- Accurately documenting nursing actions of all care given and communication with family and physicians
- Performs blood work per MD order
- Performs wound care treatment
- Assuring a safe environment for staff and patients; educating and monitoring infection control, and safe patient handling and emergency management
- Provides effective communication to patient/family, team members, physicians, and other health care professionals

VA Hospital Palo Alto Health Care System - LVN

February 2016 - September 2019

- Responsible for the care of the sick, injured, and disabled veterans under the direction of physician
- Responded to emergency situations based upon nursing standards
- Quickly responded to crisis situations when severe mental health and behavioral issues arose

- Changes in patient's physiological, behavioral and medical status are recognized, reported, and documented as they occur
- Prepared, administered and appropriately documented actions taken specific to commonly prescribed oral, topical, subcutaneous, intramuscular medications
- Performed wound care dressing as ordered by Physician
- Performed colostomy care, bowel and bladder care
- Prepared and performed GT feeding (Bolus and Kangaroos pump feeding)
- Documentation via CPRS, BCMA, and Care Tracker
- Observed patients and reported reactions to medications

LifeGuard Home Health - LVN

November 2014 - July 2016

- Maintain compliance with applicable laws for patient care
- Monitor patient and change treatment as required
- Provided high-quality nursing care to patients
- Take appropriate decisions in case of emergency
- Assessed, monitored and documented patient progress, symptoms and vital signs on each visits
- Maintained clean, safe, and orderly treatment of wound care
- Followed infection control policies and procedures
- Assisted wound nurse specialist with wound debridement and wound VAC dressing change
- Treated chronic wounds including bedsores, abscesses, and ulceration
- Cleaned and dressed wounds and instructed patients for follow up care
- Educated patients and their families on the safe treatment of injuries, illnesses and conditions

Avalon Care Center/SNF/Sonora – LVN/Charge Nurse

July 2014 - April 2015

- Performed admission assessment to new patients
- Administered prescribed oral medication, injections and performed treatments accurately
- Performed blood glucose test
- Performed wound care
- Performed bowel and bladder care
- Performed skin test
- Performed blood draw
- Administered enteral feeding
- Supervised and assigned CNAs to specific duties and provide quality patient care - Reports and evaluates the effectiveness of medical and nursing intervention including laboratory and therapy results

Licenses/Certifications

RN License in the State of California: 95182515

Expiration: 7/31/2022

LVN License in the State of California: 259043

Expiration: 7/31/2020

Education

**Bachelor of Science in Nursing 2002
Baguio Central University
Baguio City, Philippines**

**San Jose High School 1993
La Trinidad Benguet, Philippines**

