CONTACT

920.858.7279

mjkaas90@gmail.com

Tomahawk, Wisconsin

EDUCATION

Nursing Associates Degree

Northcentral Technical College, Wausau, WI

LICENSES / CERTIFICATIONS

Wisconsin RN Nursing License

BLS & ACLS American Heart Association Exp. 1/2013

PALS

American Heart Association Exp. 6/2023

PROFESSIONAL SKILLS

- Patient Monitoring
- Adaptability
- Prioritization
- Work Ethic
- Time Management
- Critical Thinking
- Collaboration
- Professionalism
- Problem Solving
- Patience
- Health Education
- Compassion

MARY JANE KAAS, RN

PROFESSIONAL NURSING EXPERIENCE

PACU RN

St. Elizabeth Hospital, Appleton, Wisconsin January 2019 – Present

PACU

- Closely monitor post-anesthesia patients and maintain adequate airways, pain control, surgical site care, VSS and communication with surgeons and anesthesiologists to ensure quality care.
- Relay important information to Post-Op and Inpatient RNs when criteria met.

PRE-OP

- Admit patients and review charts, medications and Pre-Op orders.
- Start IVs and help with skin preps.
- Assist anesthesia with nerve blocks, cardioversions and other procedures.
- Provide emotional support to patients and families.

POST-OP

- Monitor patients closely for VSS, pain control and reactions to anesthesia / pain medications.
- Educate patients and their support person on care of post-surgical sites, wound care, drains, foley catheter care, crutch walking and follow up care appointments.

PACE

- Prepare patient charts for admission by collecting tests, lab work, surgeon's orders, history and physicals / enter information into computer.
- Call patients the day prior to surgery to share instructions and time confirmation.
- Provide special one-on-one instructions to all cardiac surgery patients and specified joint surgery patients (prior to COVID).

ICU RN

St. Elizabeth Hospital, Appleton, Wisconsin September 1994 – January 2019

- Maintained responsibility for total care of critically ill, post-surgical, cardiac, thoracic and neuro patients.
- Monitored patients closely and notified physicians of all clinical changes immediately.
- Transcribed and completed orders with accurate documentation of all nursing assessments, treatments and lab values.
- Assisted with intubations, line placements, chest tube placements and multiple IV medication therapy.
- Treated patients and families with compassion while providing emotional support.
- Rotated with charge nurse roles.
- Precepted new/student nurses.

CARDIAC CARE RN

St. Joseph's Hospital, Marshfield, Wisconsin May 1990 – September 1994

- Worked on a 30-bed telemetry unit managing up to 12 patients.
- Rotated 12-hour day/night shift.