

Tamara Vangstad

Experienced and driven Nurse who has 5 years of hospital experience. ONC certified in Biotherapy and immunotherapy administration. Both BLS and ACLS certified. Has a passion for patient care and helping others. Is able to prioritize and advocate for her patients. Skilled in IV starts, along with accessing ports and picc lines.

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WORK EXPERIENCE

Golden Living — Registered Nurse

06/2015 to 02/2016, Stillwater MN

I started here working as a CNA, and then as a Registered Nurse. Taking care of both long term residents and transitional care patients.

Assessed, organized and documented patient data to develop an appropriate plan of care. Instructed patients and families regarding diagnosis, treatment plan and preventative care according to individualized health needs. Interacted with family, physicians and other disciplines regarding patient care.

Heath Partners Specialty Clinic — Registered Nurse

02/2016 to 10/2016, Saint Paul MN

Clinic setting working in the Endocrinology department. Working alongside the Providers with patients who were dealing with diabetes and other hormone issues. Phone triage and refilling prescriptions. Administering injections and running procedures.

SCRMC — Registered Nurse

10/2016 to Present, St Croix Falls WI

Hospital setting working both the Med/Surg and Infusion center. Working directly with COVID+ patients. Administering chemotherapy and other immunotherapies. Accessing Ports and working with picc lines. Great IV starts. Diagnose and respond to illnesses and physical conditions through therapeutic measures, including prescription of medication, health counseling and education, and provision of care supportive to and restorative of life and well-being. Assessed, organized and documented patient data to develop an appropriate plan of care. Instructed patients and families regarding diagnosis, treatment plan and preventative care according to individualized health needs. Interacted with family, physicians and other disciplines regarding patient care.

EDUCATION

ARCC — Associates Degree in Science

01/2010 to 17/2015