

# Monica Lontine

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## Summary

Dedicated and compassionate Licensed Practical Nurse with extensive experience in medical procedures, including sample collection, blood draw, IV insertion and infection control, wound care, head to toe assessments, monitoring patient conditions. Meticulous regard for detail and accuracy with strong follow-through and administrative skills. Maintains composure and makes accurate decisions in fast-paced, unpredictable and stressful environments. History of interfacing seamlessly with doctors, specialized support services, patients and visiting families.

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## Skills

- Samples collection
- Multi-tasking and prioritization
- Acute Care Expertise
- Patient triaging
- Caring for wounds
- Documenting incidents
- Tracking symptoms
- Patient and Family Education
- Staff direction and task delegation
- Rehabilitation techniques
- Assisting physicians
- Regulatory requirements
- Empathetic and compassionate
- Case management
- EMR/EHR
- Clinical Documentation
- Transcribing orders
- Chronic Disease Management

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## Experience

February 2018 to  
Current

**Sloan's Lake Rehabilitation Center**  
Denver, CO  
**LPN**

- Followed rehabilitation and treatment care plans to accelerate patient recovery, minimize pain and optimize patient outcomes.
- Guaranteed exceptional care quality by correctly administering medication, inserting and caring for catheters, dressing and changing wounds and assisting with personal hygiene.
- Collected and documented vital signs to track current patient conditions.
- Answered patient and family questions to educate on optimal treatment procedures.
- Delivered high-quality direct and indirect nursing care to up to 21 patients per day.
- Assisted physicians with conducting examinations and patient scans during diagnostic processes.
- Documented patient intake information, including medical histories, current symptoms and vitals such as height and weight.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.
- Educated clients, patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Examined and addressed lacerations, contusions and physical symptoms to assess and prioritize need for further attention.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.

- Collected biological specimens and packages for laboratory transport to complete diagnostic tests.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Prevented drug interactions and contributed to correct diagnosis by recording patient health information, monitoring vitals and updating patient files with PCC.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Worked with healthcare team, including social workers, physical therapists and speech therapists, to assess patient needs, plan and adjust plans of care and actualize nursing interventions to promote and restore patient health.

August 2014 to  
January 2018

**Alliant Home Health Care**

Broomfield, CO

**Intake/Admissions Nurse**

- Coordinated between patients and healthcare professionals to meet patient needs.
- Accessed patient information through variety of office software applications, maintaining strict confidentiality to remain compliant with HIPAA regulations.
- Checked daily doctor schedules and verified insurance.
- Educated patients and families on treatments, procedures, medications, continuing care and community resources.
- Utilized customer service skills and detailed system knowledge to support hospital and clinic operations.
- Scheduled and confirmed patient appointments with patients and healthcare professionals.
- Recognized by management for providing exceptional customer service.
- Demonstrated self-reliance by meeting and exceeding workflow needs.
- Juggled multiple projects and tasks to ensure high quality and timely delivery.
- Prioritized and organized tasks to efficiently accomplish service goals.

September 2010 to  
December 2013

**Azura Rehabilitation Center**

Lakewood, CO

**Unit Manager**

- Mentored nursing staff, as needed and set unit goals and standards.
- Stocked medical supplies, medications and equipment to maintain essential items for unit.
- Analyzed patients records to determine efficiency and effectiveness of care.
- Coordinated ongoing educational objectives to enhance staff competencies in safety, quality and core measures.
- Initiated audit process to evaluate thoroughness of documentation and maintenance of facility standards.
- Collaborated with multi-disciplinary staff to improve overall patient care and response times.
- Coordinated delivery of exceptional patient care by evaluating workflows and facilitating positive changes.
- Supervised administrative staff of 12 nurses and CNA's, delivering consistent coaching and mentoring to improve job efficiency.
- Worked closely with store manager to maintain day-to-day operations.
- Directed daily operations at facility caring for more than 30 individuals.
- Participated in meetings with department heads to discuss census information, admissions and discharges for residents.
- Solicited medical history information from patients to provide best and most effective medical advice.
- Communicated with patients with compassion while keeping medical information private.

December 2008 to  
September 2010

## **Broomfield Skilled Nursing & Rehabilitation Center**

Broomfield, CO

### **LPN**

- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Examined and addressed lacerations, contusions and physical symptoms to assess and prioritize need for further attention.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Collected biological specimens and packages for laboratory transport to complete diagnostic tests.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Worked with healthcare team, including social workers, physical therapists and speech therapists, to assess patient needs, plan and adjust plans of care and actualize nursing interventions to promote and restore patient health.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.
- Documented patient intake information, including medical histories, current symptoms and vitals such as height and weight.
- Assisted physicians with conducting examinations and patient scans during diagnostic processes.
- Delivered high-quality direct and indirect nursing care to up to 20 patients per day.
- Guaranteed exceptional care quality by correctly administering medication, inserting and caring for catheters, dressing and changing wounds and assisting with personal hygiene.
- Collected and documented vital signs to track current patient conditions.

September 2005 to  
October 2008

## **Villa Manor Care Center**

Lakewood, CO

### **CNA/LPN**

- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Supported diagnostic and treatment procedures, including setting up and operating specialized medical equipment.
- Collaborated with interdisciplinary healthcare teams to provide high-quality patient care.
- Collected specimens, monitored vitals and maximized patient comfort to maintain optimal environment.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.
- Documented information in patient charts and communicated status updates to interdisciplinary care team.
- Managed and maintained patient rooms, shared-living areas and nursing stations.

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## Education and Training

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May 2004

**Erie High School**

Erie

High School Diploma

March 2007

**Concord Career College**

Aurora

Nursing

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## Certifications

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- Licensed Practical Nurse - 2007
- IV Certification - 2007 to current
- CPR/BLS - current