

# Jacqueline Bensfield

Chicago, IL 60640

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Enthusiastic registered nurse and public health professional with international clinical nursing and research experience. Demonstrated success developing nursing care plans, administering medications, and maintaining patient medical records.

Highly skilled in health program facilitation, clinical and non-clinical research, grant writing, maintaining budgets, stakeholder recruitment and community engagement. Compassionate professional adept at establishing rapport with patients, supervisors, and colleagues. Proficient in EMR, SPSS, and MS Office.

Please note: The gap in my employment (from October 2020 - current) is due to my husband's employer relocating us to Hong Kong for a temporary assignment.

## Work Experience

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### **Scrub Nurse & Pre-operative/Recovery Nurse**

ONEWELBECK SURGERY CENTRE - London, OH

January 2020 to December 2020

- Worked as a theatre nurse and preoperative/recovery nurse at the OneWelbeck Surgery Centre in Central London which specialized in orthopaedic, general, colorectal, breast, gynaecology, ENT, cardiac and pain.
- Worked collaboratively with the healthcare team to prepare the operating theatre according to requirements of patient, physician, and procedure.
- Carried out scrub duties according to policies and procedures, contributing to quality improvement, and promoting best evidence-based practice.
- Promoted a patient focused approach to care in collaboration with all relevant healthcare professionals.
- Responsible for assembling surgical sets, ordering supplies and inventory of stock.

### **Clinical Research Nurse, King's College London, Department of Twin Research and Genetic Epidemiology**

CONTINENTAL NURSE AGENCY - London, OH

January 2019 to December 2020

- Maintained and promoted safety and wellbeing of study participants in clinical trials within the ICH GCP guidelines and NMC code of conduct.
- Regularly performed cannulation, recorded vital signs and medical histories; executed phenotype and cognitive functioning tests, such as the MMSE.
- Entered data into clinical trial database, in real time.
- Able to perform DXA bone density and body composition scans.
- Adaptable and confident prioritizing the combination of diverse demands of conducting a clinical trial.
- Demonstrated excellent communication skills with study participants and colleagues.

### **Registered Nurse II, Emergency Department**

WEST SUBURBAN HOSPITAL MEDICAL CENTER - Oak Park, IL

January 2018 to December 2018

- Practiced within scope of Illinois Nurse Practice Act, ensuring comprehensive, high-quality, individualized nursing care to approximately 30-40 patients per shift.
- Worked with medical team to assess health issues and develop patient care plans.
- Consulted with patients and their families on disease prevention and health maintenance.
- Administered oral, injectable, IV medications and proficient in phlebotomy.
- Extensive knowledge and understanding of the pathophysiology and treatment of a variety of chronic and emergent disease.
- Extensive knowledge of the pharmacodynamics of medications and pathophysiology of disease processes.
- Recorded patient medical histories, vital signs, interpreted ECGS, and maintained medical records.
- Delegated appropriate tasks to Certified Nursing Assistants to improve patient care.

### **Graduate Assistant - Simulation Laboratory**

DEPAUL UNIVERSITY - Chicago, IL

January 2016 to December 2017

- Collaborated with simulation team to implement high-fidelity nursing simulations.
- Taught clinical skills ranging from medical-surgical to critical care to clinical groups.
- Facilitated open labs to guide students in basic and advanced health assessments.

### **Health Education Program Services Coordinator**

MARCH OF DIMES - Chicago, IL

January 2014 to December 2016

- Coordinated annual March of Dimes Perinatal Nursing Conference in 2015 and 2016, recruiting high-profile presenters and managing planning committee of 26 nurse professionals in order to provide CEUs to over 500 nurses nationwide.
- Oversaw budgetary and personnel for successful execution of nationwide conference.
- Establish and maintain network of stakeholder across the state of Illinois to provide education and resources in an effort to reduce maternal and infant mortality.
- Served as liaison for Healthy Start grantees, providing education and community outreach to low income areas throughout the state of Illinois.
- Collaborated with community partners to reduce preterm birth and birth defects in Illinois.
- Participated in CoIIN (Collaborative Improvement & Innovation Network) Safe Sleep Initiative to establish evidence-based, state wide initiatives in order to reduce infant mortality, as well as disparities in, infant mortality and related perinatal outcomes.

### **Community Health Specialist & Program Coordinator**

LAKE COUNTY HEALTH DEPARTMENT - Waukegan, IL

January 2012 to December 2014

- Collaborated with colleagues to implement tobacco prevention, cessation, and policy initiatives/ programs.
- Facilitated evidence-based smoking cessation programs for disparate populations and worksite wellness programs.
- Distributed and monitored nicotine replacement therapy for clients.
- Trained and provided technical assistance to health care providers on tobacco identification and treatment.
- Coordinated REALITY Teen Illinois youth group that successfully advocated for two tobacco prevention laws that were passed and implemented countywide.

### **Emergency Department, Clinical Immersion (130 HRS)**

West Suburban Hospital Medical Center - Oak Park, IL

### **Surgical/Medical Intensive Care & Telemetry Units (120 HRS), Advocate Illinois**

Masonic Medical Center - Chicago, IL

### **Pediatric Cardiac Care Unit (80 HRS)**

Ann & Robert H. Lurie Children's Hospital of Chicago - Chicago, IL

### **Labor & Delivery/OB Triage/Postpartum Units (80 HRS)**

Northwestern Medicine Prentice Women's Hospital - Chicago, IL

Community Health (80 hrs), Associate House of Chicago - Chicago, IL

Adolescent & Adult Psychiatric Units (80 hrs), Advocate Lutheran General Hospital  
- Park Ridge, IL, USA

### **Spinal Cord Injury Unit**

Shirley Ryan AbilityLab - Chicago, IL

### **Neurology Unit (80 HRS)**

Northwestern Memorial Hospital - Chicago, IL

Extended Care Facility (24 hrs), Swedish Covenant Hospital - Chicago, IL

## Education

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Crisis Prevention Institute

2018

### **Master's degree in Nursing**

DEPAUL UNIVERSITY - Chicago, IL

2017

### **Master of Public Health in Epidemiology**

ST. LOUIS UNIVERSITY - St. Louis, MO

2012

### **Bachelor of Science in Exercise Science & Gerontology**

MIAMI UNIVERSITY - Oxford, OH

2010

## Skills

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- Clinical Research
- SPSS
- Clinical Trials
- Nursing
- Hospital Experience
- Triage

- Medication Administration
- Grant Writing
- Vital Signs
- Medical Imaging
- Patient Care
- Medical Records
- Phlebotomy
- Experience Administering Injections
- Research
- Critical Care Experience
- EMR Systems
- CPR
- Aseptic Technique
- Venipuncture

## Certifications and Licenses

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**NIHSS Certification**

**BLS Certification**

**RN**

**CPR Certification**

**AHA Certification**