

Alyssa Tillman

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Work Experience

CNA - Certified Nursing Assistant

Benton House Tiffany springs - Kansas City, MO

July 2021 to Present

Being patient and understanding of there needs and any signs of distress. Learning how to get adjusted to there needs. Lifting and transferring patient/resident. Giving showers/baths almost daily. Cleaning daily and serving dinner. Charting and recording vitals.

Volunteer Work

Hillyard tech center - Saint Joseph, MO

August 2019 to May 2021

Volunteering in the hospital and nursing home setting 2 days a week for 5 weeks. Learning how to do vitals(temp,pulse,blood pressure), cleaning dentures, helping lifting heavy weight or light, giving showers/baths, help assist with eating and dressing in clothing if needed, and learning how to encourage and listen to there needs.

Lifeguard

Tiffany Springs Water Park - Kansas City, MO

June 2019 to August 2019

Watching over people's lives to make sure they don't drown, knowing how to do CPR in any situation, cleaning the water parks, helping anyone who is in need, and being very observant.

Education

High school diploma in Dental Assisting

Metropolitan Community College Area - Kansas City, MO

August 2021 to Present

CNA in Human Services

Hillyard Technical Center - Saint Joseph, MO

August 2019 to May 2021

Skills

- Cleaning Experience
- Food Preparation
- Heavy lifting, medical terminology, being observant, and vitals

- Lifeguard
- Nursing
- Swimming
- Experience with children

Certifications and Licenses

CNA

CPR Certification

First Aid Certification

AED Certification

Lifeguard Training