

Catherine Castillo

Adaptability, Strong work ethic, Critical thinking, Handle pressure

Bakersfield, CA 93313

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Patient-focused and well-organized registered nurse. Expertise in compassionate patient care and delivering nursing services while maintaining the code of ethics. Proficient in recommending changes in patient care through expertise in observation of patient needs

Authorized to work in the US for any employer

Work Experience

RN Supervisor/IV Nurse

San Joaquin Nursing & Rehabilitation - Bakersfield, CA

November 2021 to Present

- Schedule nurses' shifts
- Assign nurses to patients
- Ensure nursing operational standards are met
- Provide reports on productivity, quality and customer service metrics
- Ensure all nurses follow policies and procedures
- Train new team members
- Evaluate nurses' performance
- Inform family members about medical procedures and doctors' instructions
- Handle complaints or other issues
- Establish a compassionate environment by providing psychological support to patients, family and friends
- Keep records of nurses' files, patients' cases and procedures
- . Identifies, assesses and diagnoses problems through patient assessment and interactions; and evaluates actual or potential patient health problems

Develops and participates in educating patients, their families, or significant others about post discharge care programs.

Initiates patient care meetings with the health care team to revise the plan of care as the patient's

condition warrants.

1. Maintains a safe and therapeutic patient care environment.
2. Provides guidance and direction to members of the health care team to ensure quality patient care.
1. Keeps current on advances in nursing care by participating in educational programs.
2. Orients and educates new staff in nursing techniques and departmental procedures.
3. Provides and oversees direct patient care in accordance with established nursing protocol and physicians' orders.
4. Utilizes knowledge of medications, procedures, infection control, and safety precaution; and initiates appropriate interventions in crisis situations.

5. Participates in total quality management to positively affect patient and system outcomes to improve care.
6. Documents patient care in the health care record according to standards.
7. Directs and delegates care to other team members.

RN Circulating Nurse/OR-Surgery(Pier-Diem)

Good Samaritan Hospital - Bakersfield, CA

October 2021 to Present

- Coordinate the plan of care. Conduct patient teaching specific to disease entity and home management. Actively participate in assuring care continuum.
- Collaborate with other nursing and ancillary services to assure seamless communication and uninterrupted patient care.

Key Skills

- Read, analyze, and interpret hospital policies and procedures, professional journals, technical procedures, or governmental regulations
- Apply concepts such as fractions, percentages, ratios, and proportions to practical situations
- Define problems, collect data, establish facts, and draw valid conclusions
- Interpret an extensive variety of technical instructions in mathematical or diagram form and deal with several abstract and concrete variables

Registered Nurse, Per Diem

The Orchards Post-Acute - Bakersfield, CA

August 2021 to October 2021

- Assist residents in achieving the highest practicable level of self-care, independence and well-being.
- Make rounds and provide report.
- Administer IV's, Routine Medications, PRN medications
- Participates in orientation and on-going training of staff.
- Chart nurses' notes in an informative and descriptive manner that reflect the care provided to the resident, as well as the resident's response to the care.
- Chart all reports of accidents/incidents involving residents. Follow established procedures.
- Respond to and monitor care issues and changes in condition.
- Supervise, instruct and assist nursing assistants in provision of care including prompt response to call lights.
- Assist physicians and other healthcare providers when making visits and conducting examinations.
- Communicate with physicians and other health professionals regarding resident care, treatment and condition.
- Admit, discharge and transfer residents according to the facility's policies and procedures.
- Coordinate and participate in response to medical emergencies.
- Communicate new or updated orders for rehabilitation therapies.
- Provide resident care including carrying out physician's orders for care, including providing medication and treatment.
- Report significant findings or changes in condition and potential concerns to Director of Nursing (DON).

- Protect the resident's rights, privacy and property.
- Direct the day-to-day functions of the nursing assistants in accordance with current rules, regulations, and guidelines that govern the long-term care facility.
- Many residents may be upset or in need of reassurances at times and will benefit from your services the most if you are patient, caring and compassionate.
- Participate in facility surveys (inspections) made by authorized government agencies as requested by
- Directs daily work, evaluate performance, recruits, recommends promotions and terminations.

COVID-19 Vaccinator RN (13 week assignment)

Delta Health Care - Bakersfield, CA

March 2021 to July 2021

- Responsible for safe and proper handling and administration of COVID-19 vaccine
- Adheres to manufacturer guidelines with little to no waste of vaccine
- Follows proper aseptic technique in administering vaccinations
- Maintains accurate and timely documentation of all vaccination activities
- Educates patients regarding vaccination process and possible adverse reactions
- Maintains proper use of required Personal Protective Equipment (PPE), which will be provided
- Performs all duties and functions in compliance with state and federal laws and regulations
- Adheres to infection control procedures
- Maintains confidentiality in accordance with HIPAA
- Administer Covid-19 vaccines

RN Supervisor (Full-time)

Kern River Transitional Care - Bakersfield, CA

August 2020 to March 2021

- Assist residents in achieving the highest practicable level of self-care, independence and well-being.
- Make rounds and provide report.
- Administer IV's, Routine Medications, PRN medications
- Participates in orientation and on-going training of staff.
- Chart nurses' notes in an informative and descriptive manner that reflect the care provided to the resident, as well as the resident's response to the care.
- Chart all reports of accidents/incidents involving residents. Follow established procedures.
- Respond to and monitor care issues and changes in condition.
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- Many residents may be upset or in need of reassurances at times and will benefit from your services the most if you are patient, caring and compassionate.
- Participate in facility surveys (inspections) made by authorized government agencies as requested by
- Directs daily work, evaluate performance, recruits, recommends promotions and terminations.

RN Circulator/ per diem

Good Samaritan Hospital - Bakersfield, CA

October 2020 to December 2020

- Assumes responsibility for the efficient management of preoperative patients admitted to the Holding Area
- preparing them for the operative procedure that they require.
- Possesses comprehensive knowledge of clinical components of care required in the immediate preoperative and intraoperative period to provide for direct patient care in a circulating position in the operating room.
- Possesses comprehensive knowledge of medicolegal responsibilities in completing documentation and checking for the presence of required consents and preoperative documents, including chart review and surgical checklist, verification of surgical site, appropriate operative orders and consent.
- Applies principles of surgical asepsis required for the surveillance of the operating room suite environment.
- Assumes responsibility as circulator on assigned cases, assisting both the anesthesiologist and the sterile surgical team when needed, or as surgical scrub nurse if competencies are appropriate.
- Care for specimens according to standards ensuring proper identification, proper handling and delivery to lab with appropriate documentation.
- Proficient in the utilization of specialized equipment and gadgets to provide care to patient applying principles of surgical asepsis and care to prevent burns and injury.
- Provides direct supervision to other personnel ensuring that patient care is provided by staff with identified competencies in meeting individual patient needs.
- Possesses comprehensive knowledge of clinical components of care required from the time of completion of the procedure until transport to the Post Anesthesia Care unit or the Intensive Care Unit.
- Provides appropriate information to nursing personnel regarding the patient's status on transfer of patients to the Post Anesthesia Care Unit or the Intensive Care unit or other designated area.
- Assumes responsibility for the efficient management of patient in the immediate post anesthesia period.
- Possesses comprehensive knowledge of clinical components of care required in the Post Anesthesia Care unit to provide for direct patient care.
- Maintains communication with the Nurse Manager and with anesthesia staff to ensure that any problems during the immediate postoperative period are promptly communicated.
- Ensures that required patient assessments and reassessments are completed in a timely manner with use of assessment data in the formulation of individualized nursing diagnoses or patient needs/ problems to include an assessment of patients immediately upon admission, maintenance of a patent airway, observation for cardiopulmonary complications, identification of bleeding or other potential complications related to the surgical site, assessment of patients level of fear or pain with corresponding provision of comfort and support.
- Maintains environmental control through constant surveillance of patient temperature and physiological responses. Utilizes special precautions in the direct care to sedated patients to minimize potential for injury.

- Assesses patients appropriately for discharge based on approved discharge criteria. Ensures implementation of operational standards which promote the maintenance of patient rights, including maintenance of confidentiality of patient information, prevention of unnecessary exposure of the patient, explanation of treatment processes and the like.
- Applies principles of body mechanics in the provision of direct patient care activities and in the supervision of other personnel in the PACU, including during transport of patient to other patient care units. Provides appropriate information to nursing personnel regarding the patient's status on transfer of patients from the PACU to other patient care units.

RN Supervisor/Charge Nurse/ Full time

EvergreenHealth Care - Arvin, CA

February 2020 to August 2020

- Manage and administer IVs.
- Supervise, instruct and assist LVN/LPN Nurses, Treatment Nurses and CNAs in provision of care with prompt response to call signals.
- Make rounds and provide report.
- Perform skilled care assessments.
- Participate in orientation and on-going training of staff.
- Respond to and monitor care issues and changes in condition.
- Assist residents in achieving the highest practicable level of self-care, independence and well-being.
- Supervise staff, including taking or assisting with appropriate disciplinary measures.
- Assist physicians and other healthcare providers when making visits and conducting examinations.
- Communicate with physicians and other health professionals regarding resident care, treatment and changes in condition.
- Communicate with resident families/significant others regarding care.
- Coordinate preparation for new admissions.
- Coordinate and respond to medical emergencies.
- Communicate new or updated orders for rehabilitation therapies.
- Verify laboratory test samples are obtained as ordered, results are received timely and physicians are notified of results promptly.
- Provide resident care including carrying out physician's orders for care, providing medication and treatment.
- Report significant findings or changes in condition and potential concerns to Director of Nursing.
- Participate in development, maintenance and implementation of the facility's quality assurance program for the nursing department.
- Participate in facility surveys (inspections) made by authorized government agencies as requested by Administrator, Director of Nursing or Assistant Director of Nursing.
- Oversee direct care activities to assure care delivery is consistent and follows policies and procedures.
- Oversee the development and implementation of care plans. Review for regulatory compliance and nursing standards.
- Assure physician orders are current, accurate, signed, and communicated to the nursing staff and other clinical disciplines.
- Assure documentation and investigation of incidents are appropriate and monitor for accuracy and completeness.
- Facilitate interdisciplinary communication and collaboration.
- Collaborate with ancillary services for efficient, timely, and accurate delivery of services and reports (Pharmacy, Labs, Therapies).
- Regularly communicate information and changes to staff.

- Counsel, coach, and educate employees to maintain or improve performance.
- Complete audits of the med carts, med rooms, charting/documentation and other nursing practices.
- Monitor and evaluate infection control practices.
- Participate in new employee orientation and trainings.
- Identify staffing needs.
- Be ready and willing to function in all areas of direct patient care that your license supports.

RN Charge Nurse

Parkview Julian Convalescent - Bakersfield, CA

October 2019 to January 2020

- Assist the Charge Nurse on investigation of alleged abuse or unusual occurrence as outlined within our established policies and procedures ,
- Start and monitor intravenous medication as ordered.
- Assist the Charge Nurse and other nursing personnel in performing nursing procedures as necessary ,
- Assist the Charge Nurse in admitting, transferring and discharging residents,
- Assist in correcting findings and deficiencies from the Department of Health Services, Consultants, Assist in completing restraint assessments, pain assessments, oral assessments, psychotropic assessments, bowel and bladder assessments and I & O weekly evaluations,
- Assure that all nurse's notes are charted in an informative and descriptive manner that reflects the care provided as well as the resident's response to the care, Attend and participate in staff meetings and in-service classes.

Education

Associate in High school

Delano High School - Delano, CA

June 1990 to June 1994

Nursing Licenses

RN

Expires: October 2021

State: CA

Skills

- Nursing (10+ years)
- Medication Administration (4 years)
- EMR Systems
- Vital Signs (10+ years)
- Triage (4 years)
- Experience Administering Injections (4 years)
- Medical Office Experience
- Patient Care (10+ years)

- Infection Control Training
- Critical Care Experience
- Laboratory Experience
- Sanitation (10+ years)
- Supervising Experience (4 years)
- Nurse Management
- Nursing (10+ years)

Certifications and Licenses

Registered Nurse (RN)

July 1994 to Present

West College Chula Vista , San Diego CA

BLS for Healthcare Providers