

CHRISTINA LOWDER

Saint Joseph, MO 64505

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Willing to relocate to: Saint Joseph, MO

Authorized to work in the US for any employer

Work Experience

Certified Nursing Assistant

LaVerna Village Nursing Home - Savannah, MO

June 2016 to Present

Assist with daily personal and physical needs of residents laying down for bed help to go to restroom brush teeth hair and help with personal hygiene as needed help get dressed for morning breakfast as needed or wanted also give snack /feed snacks and ice water and pitchers tidy rooms and pick up laundry dishes trash etc talk to and comfort residential and family as needed /wanted I have been certified nursing assistant and level one med aid sense 1993 I love my job I love helping people I worked for citadel/abbey woods from 2003 til 2016 I was certified nursing assistant of the year in 2010 I have been working part time for heart land residential care one facilities as level one med aid /cook I have been back there this time since around june of this year I have worked for them part time on and off since 2010 I always leave with notice and in good standing before that I worked at green acres residential from 1996 til they closed at end of February of 2003 I was aid the level one medication aid there then housekeeping and I moved up to housekeeping and maintenance supervisor and would fill in on floor as needed as aid I love helping people and gaining new experience as opportunity presents itself and flexible and reliable

Housekeeping Supervisor

Green acres residential Care - Saint Joseph, MO

May 1997 to February 2003

started out as medication aid then went to housekeeping and was promoted to housekeeping / maintenance supervisor

Education

Certified nursing assistant/level one medicine aid cpr/fa certified

Hillyard votech for certified nursing assistant in 1993 - Saint Joseph, MO

July 1993 to August 1993

None

High school diploma or GED

Skills

- CNA
- Cna Certified (10+ years)
- Level one medication aid (10+ years)
- Home Health
- Housekeeping supervisor
- Certified Nursing Assistant (10+ years)
- Laundry
- Order supplies making sure to stay on budget including shopping at Walmart dollar store Amazon for better pricing making sure all supplies have msds material safety data sheets hiring and letting go of staff housekeeping laundry making sure faciacy is clean and orderly looking help motivate and support staff (5 years)
- Medication Administration
- Home Care
- Caregiving (10+ years)
- Patient Care (10+ years)
- Basic life support
- Meal Preparation (10+ years)
- Nursing
- Critical Care Experience (10+ years)
- Hospice Care
- Case Management
- Phlebotomy
- Housekeeping I (5 years)
- Housekeeping management (5 years)

Awards

CNA of the year

June 2008

Each nursing home would pick one nursing assistant to be recognized by staff and resident desicion on being certified nursing assistant of the year the facility I worked at only perticepated for a couple years then was told program ended

Certifications and Licenses

CNA

CPR Certification

BLS Certification

Certified Nursing Assistant (CNA)

Present

Assessments

Nursing assistant skills — Expert

September 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Home health aide skills — Highly Proficient

July 2021

Providing care to patients in a home setting

Full results: [Highly Proficient](#)

Protecting patient privacy — Proficient

September 2021

Understanding privacy rules and regulations associated with patient records

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.