# Education

* **Towson University, Towson MD**  **August 2016 – December 2020**
	+ Bachelor of Science in Nursing received 12/2020
	+ GPA 3.6, Dean’s List recipient four semesters
	+ Recipient of merit-based Provost Scholarship for four years

Clinical Education

* **Practicum Assignment Fall 2020**

Holy Cross Hospital, *4 East:* Mother Baby Unit

* + Worked under direction of a nurse preceptor providing care to mothers and infants
	+ Conducted assessments, bathing, and immunizations to newborns
	+ Educated patients regarding post-partum care for caesarian and vaginal deliveries
	+ Assessed pain to accurately provide appropriate medications and/or non pharmalogical pain management
	+ Assisted with catheter care including insertion, cleaning, and removal; while also documenting fluid loss status
	+ Provided culturally appropriate care to patients of several differing cultures, ethnicities and backgrounds including through the use of virtual translator services
* **Community Health Nursing**  **Fall 2020**

Towson University Health Center

* + Conducted COVID-19 testing, contact tracing of infected students and staff, and administered flu vaccinations
* **Pediatrics/Family Health** **Spring 2020**

Virtual simulation due to COVID-19 pandemic

* + Assessed Pediatric Patients in Virtual Scenarios to prioritize care plans
	+ Monitored changing status of ongoing Pandemic, and how it may impact children
* **Maternal Health Nursing Spring 2020**

Mercy Medical Center, *4 West & 4 East*: Triage & Labor and Delivery; *5 East:* NICU

* + Assisted in providing care to pregnant patients before, during and after delivery, as well as cared for premature and ill newborn babies
* **Medical Surgical Nursing Spring 2020**

St. Joseph Medical Center, *5 East:* Med-Surg Telemetry Unit

* + Monitored patients with heart complications by assessing ECG monitors
	+ Administered heart stabilizing medications, monitored for therapeutic effects, and also possible adverse reactions
* **Mental Health Nursing Fall 2019**

Johns Hopkins Hospital, *Meyer 6: Inpatient Chronic Pain and Geriatric Unit*

* + Provided patients with therapeutic communication and led group therapy sessions on mindfulness and stress management
	+ Participated in physical group exercise therapy activities
* **Foundations of Nursing Spring 2019**

Sinai Hospital of Lifebridge Health, *Inpatient Rehabilitation Unit*

* + Conducted head-to-toe assessments and assisted patients with activities of daily living
	+ Administered medication both orally and subcutaneously

Professional Experience

* **Pediatric Care of Rockville (June 2021-October 2021)🡪Johns Hopkins Community Physicians Rockville Pediatrics October 2021**
	+ Registered Nurse in Pediatrician’s Office
		- Greet and coordinate efficient and timely flow of patients
		- Prepare patients for physician’s exam by assessing vital signs and providing general nursing care as necessary for office treatment
		- Administer vaccines, medications, perform phlebotomy, and conduct various tests and procedures
		- Triage sick patients for appropriate appointment and treatment plans
		- Check and stock rooms daily for necessary supplies
		- Respond to and refer incoming telephone calls.
		- Instruct patients and family regarding medications and treatment instructions.
* **Johns Hopkins Hospital June 2019- February 2020**
* Certified Nursing Assistant in Pediatric Emergency Department
	+ Provided care for patients between the ages of 0-21
	+ Conducted blood draws for labs, collected vital signs, assisted with straight catheterizations, provided comfort measures, and chaperoned for examinations
	+ Provided critical care and responded to emergency trauma calls
	+ Managed treatment for multiple patients simultaneously, prioritizing care as needed
	+ Accepted extra shifts when the unit was understaffed
	+ Transported patients to tests, procedures, and admittance to other units within the hospital
	+ Collaborated with various physicians, nurses, and other departments to develop accurate diagnoses and treatment plans for patients
* **Big Lots Retail Company December 2018-January 2019**
	+ - Worked as a store sales associate, cashier, and merchandise stock clerk
* **Compass Group Dining Services November 2017-May 2018**
	+ Line Cook/Station Chef/Cashier
		- Served diverse populations in a busy, fast paced work setting
		- Ensured customers with allergies and dietary restrictions were served appropriate orders in contaminant free environment
		- Responded to customer complaints and concerns as necessary
* **Barnesville and Camp Sonshine Summer Camps Summer 2017 & 2018**
	+ - Performed counselor duties for children ages 4-16 directing themed physical activities, games, arts and crafts, day trips and overnight field trips

Community

* **Towson University St. John Henry Newman Center August 2016-December 2020**
	+ Participated in elderly wellness outreach programs and environmental clean-up events
* **Ingleside Assisted Living Home at King Farm Boulevard May-August 2016**
	+ - Volunteered in impaired memory center performing tasks such as physical stimulation through exercise, feeding patients with advanced dementia, and leading memory enhancing exercises
* **Germantown Elementary School August 2015-June 2016**
	+ - Interned as an assistant teacher in a class of Kindergarten and 1st grade children with severe disabilities

# Certifications & Skills

* BLS Certification, American Heart Association **August 7th, 2020- August 2022**
* Passed NCLEX examination  **March 10th, 2021**
* Proficient in Epic and Electronic Clinical Works electronic medical record software
* Other certifications include: Mandated Reporter Training, Vicarious Trauma & Building Resiliency Training, Naloxone Overdose Training, COVID-19 Contact Tracing Training, and International Health Basic Certificate in Quality & Safety

# References

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