

# Cindi Hedgepeth

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## Objective

Dedicated Registered Nurse (RN) (VA Nurse 2) for 24 years with specialty experience in ICU and ED, seeks to join a medical team that offers a constructive and challenging work environment to continue and enhance my nursing skills using best practice techniques, study based therapies and Nurse directed bedside standards in order to contribute in reaching excellent healthcare standards.

## Skills Summary

- ◆ Administer medications using five rights and three checks
- ◆ Arctic Sun Therapy
- ◆ Blood/Urine drug screen collection
- ◆ Budgeting awareness for the unit and hospital
- ◆ Aseptic/sterile insertion and removal of all medically necessary tubes and lines needed for care of critically ill patient
- ◆ Chest pain/STEMI management
- ◆ Colostomy/Urostomy care
- ◆ Computerized charting
- ◆ Accurate and timely physical assessments
- ◆ Preceptor of New Grad and New Hire RNs
- ◆ Prioritizing/managing deadlines
- ◆ Problem resolution
- ◆ Professional bedside manner
- ◆ Rapid Response Team (RRT) Development & Responder
- ◆ ABG collection and interpretation
- ◆ Culturally competent care
- ◆ Diabetes and nutrition education
- ◆ EKG interpretation
- ◆ Flow sheet and EMR charting
- ◆ In- and out-patient care (ED)
- ◆ Minor surgery assistance(ED/ICU)
- ◆ Excellent Organizational skills
- ◆ Patient and family advocacy
- ◆ Patient triage and intervention(ED)
- ◆ Code Blue Team Leader
- ◆ Proficient using computerized medication delivery equipment
- ◆ Delivery, assessment and management of multiple vasoactive drips
- ◆ Sterile central, arterial and aseptic peripheral line insertion assist and management
- ◆ Safe practitioner
- ◆ Fast, adaptable learner
- ◆ Infection control accountability
- ◆ Sub Q, and IV Drip Insulin administration and management
- ◆ IV drug therapy management
- ◆ Lab value evaluation
- ◆ Laceration repair(ED)
- ◆ Self-directed
- ◆ Skilled cardiac care nurse
- ◆ Specimen collection/processing
- ◆ Sterile Procedure techniques
- ◆ Strong clinical judgment
- ◆ Strong medical ethic
- ◆ Tracheotomy care
- ◆ Conscious and deep sedation
- ◆ Ventilator management
- ◆ Rapid Sequence Sedation Therapy and ETT insertion/management
- ◆ Rapid assessment, identification, and reporting of sepsis and other critical events
- ◆ BLS/ACLS/PALS/TNCC certified
- ◆ Ultrasound IV placement

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## Employment History

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Siskiyou Community Health Care- 02/11-2021-03/04/2022

Davita Renal Care-12/07/2020-02/07/2021

Core Medical Staffing Travel Contract- 09/04/2020-12/07/2020

Santa Cruz Valley HCS ED- Full time January 2020-July 6, 2020

Integrated Healthcare Staffing- Contract/Per Diem Ongoing

Favorite Healthcare Staffing – Per Diem Ongoing

Santa Cruz Valley HCS ED Per Diem May 2019-December/2019

Southern Arizona VA HCS ED/ICU Full time January 2015 to May 2019

Southern Arizona VA HCS ICU December 2012-January 2015

Agency RN – Integrated Healthcare Solutions- 08/2012 to September 2013

ICU Staff RN – Three Rivers Community Hospital  
2003 to 2012

Charge Nurse – 12 Bed ICU – Three Rivers Community Hospital  
2001-2003

ICU Staff RN – Three Rivers Community Hospital  
1997-2001

New Grad RN – Three Rivers Community Hospital  
1996-1997

## Education

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TNCC 2022

PALS Certification 2021

BLS/ACLS Certification 2022

EKG competency 2021

Open Heart Certification Class 2014

**Critical Care Management Workshop 80 hours February 1998**

ROGUE COMMUNITY COLLEGE – Grants Pass, OR  
Associate of Applied Science, Nursing, 1996      GPA: 3.9/4.0  
Phi Theta Kappa, 1994-1996  
CEN (In Progress)