

Cindy Andere

Bilingual (Spanish) pre/post PACU RN, IV proficient

Plainfield, IL 60586

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Bilingual (Spanish), team player with great multitasking abilities who is detail-oriented and a well organized self-starter. Known to be kind, empathetic, and positive while providing safe and therapeutic patient care. Excellent IV skills.

Authorized to work in the US for any employer

Work Experience

Senior Chronic Care Management (CCM) RN (Remote)

CCI, INC - Florida

November 2021 to Present

Perform monthly, non-face-to-face, chronic care coordination with remote assess patient monitoring encounters & documentation on Athena, per company protocol. Develop, review, and update individual patient care plans with patient input. Work with patient on each item of care plan to promote optimal health. Remotely monitoring patient's medications, vital signs, blood sugars, and appropriately advise each patient. Coordination of patient care including patient diagnosis education and providing community resources. Provide patient education on self-management of chronic conditions, medications, healthy lifestyle activities, and optimal vital signs and labs. Bilingual liaison for Spanish speaking patients, as needed.

Pre/Post, PACU RN

Illinois Back & Neck institute - Chicago, IL

October 2013 to Present

Assist in the pre-admission, PACU, and discharge processes for patients undergoing pain management procedures/surgeries as well as orthopedic outpatient surgeries. Document medical histories, POC testing, as well as starting IV's and providing discharge education on admission to outpatient setting. Monitor, assess, and care for post-surgical patient's status post sedation. Provide bilingual patients with verbal and written post-operative instructions and education. Communicate any changes in patient condition to physician and document on paper record. Provide care with minimal supervision in a timely fashion. Maintain a safe environment for patients and staff. Utilize Universal Precautions, asepsis, and infection control procedures.

Surgical Services RN (Pre/Post, PACU, Endoscopy)

AMITA Bolingbrook Hospital - Bolingbrook, IL

February 2016 to July 2021

Providing a safe and therapeutic environment for patient/family. Conducting pre-operative interviews, patient/family teaching, obtain health history, verify surgical sites and educate patients/family regarding understanding of surgical procedure. Draw blood, perform IV starts, provide medications/infusions as ordered during pre-op, PACU, or post operatively. Responsible for assessing and managing a patient's status after medication administration and intervention, in accordance with compliance standards.

Assesses patient for possible complications and provide necessary prophylactic interventions. Assesses for elimination needs and any other basic human needs the patient might have while awaiting surgery. While in PACU/recovery, implement and monitor patient care plans. Monitor, record and communicate patient condition and changes as appropriate. Assess and coordinate patient's discharge planning needs with members of the healthcare team. Assess and coordinate patient's discharge planning needs with other ancillary and staff members of the healthcare team. On-call several days monthly for endoscopy, PACU, and Same Day.

Staff RN, Pediatric & Adult Medical Surgical Unit

Ingalls Memorial Hospital - Harvey, IL

December 2014 to October 2015

Responsible for the coordination of and performing direct nursing care for pediatric and adult patients. Initiate, develop, and document patient plan of care based on patient's assessment and medical diagnosis with setting priorities for nursing care. Review and update the plan of care as necessary. Develop patient teaching and discharge plan as needed. Collaborate with other health team members in planning and providing care. Provide safe and comprehensive nursing care according to state regulations, hospital policy and procedure and Joint Commission standards. Provide medication administration, including IV initiation for medication therapy. Provide care with minimal supervision in a timely manner. Maintain a safe environment for patients.

Certified Medical Assistant Float Pool

Little Company of Mary Hospital - Evergreen Park, IL

2006 to 2012

Obtain and chart vital signs, aid physicians with patient refills, notify patients of test results, provide patient education on ongoing, chronic illness management. Administer vaccinations to pediatric through geriatrics, run office POC and QC's. Verify patients insurances, prior authorizations, and process copays.

Education

Bachelors of Science in Nursing

Chamberlain College of Nursing - Downers Grove, IL

October 2014

Associates in Applied Science degree

Northwestern College - Bridgeview, IL

August 2012

Skills

- Nursing
- Infusion
- Phlebotomy
- Venipuncture
- Triage
- Pediatrics
- Organizational skills

- CPR
- Experience administering injections
- Spanish
- Medical records
- Insurance verification
- Critical care experience
- Laboratory experience
- Bilingual
- Anatomy knowledge
- Hospital experience
- Pain management
- Blood sampling
- Infection control
- Basic IV
- Vital signs
- Medical office experience
- Care plans
- Discharge planning
- Patient care
- Medication administration
- EMR systems
- Microsoft Office
- Customer service

Languages

- Spanish - Fluent

Certifications and Licenses

ACLS Certification

PALS Certification

BLS Certification

NURSES_LICENSE_RN

CPR Certification