Jessica Bonura Nail, RN

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**PROFESSIONAL SUMMARY**

Over 25 years’ experience as a nurse participating in a broad spectrum of employment opportunities covering all levels of care including: Independent Client, Home Health, SNF Unit, and Critical Care specifically ICU/CCU/PACU. Motivated entrepreneur and intrapreneur with a proven history of cross-training to areas of interest including: Wound Care, Hyperbaric, Rehab, and Ambulatory Surgery. Proficient in assisting with patient preparations for operations and monitoring the condition of patients following surgery. Specializing in ensuring an optimal level of care through the close observation and detailed tracking of acute changes in patient condition following anesthesia. High levels of expertise related to wound care, neurology, and stroke protocols. Expansive career experience focused on intensive care and critical care. Demonstrated ability to readily adapt to new environments. Organized self-starter with excellent time management skills and exemplary customer service values and communication skills. Sharing knowledge through patient/family education and focused on compassionate care.

**LICENSES**

RN, NIH Stroke Scale Certification, BLS and ACLS

**EDUCATION**

**DELGADO/CHARITY SCHOOL OF NURSING NEW ORLEANS, LA**

*ADN*  August 2012-*May 2014*

* Clinical Excellence Award for Critical Care

**JEFFERSON TECHNICAL INSTITUTE METAIRIE, LA**

*LPN December 1995*

**SKILLS**



* Establishing and maintaining IV access. Maintaining central lines
* Proficient in the use of patient monitoring equipment
* Assist with the insertion, care and maintenance, troubleshooting, dressing change and removal of arterial lines
* Assist with the insertion and care of EVD (External Ventricular Drains).
* Monitoring and removal of femoral sheaths
* Experienced with CRRT
* Strong knowledge of infection control procedures
* Ability to train support staff in all aspects of care
* High-level expertise in phlebotomy, venous access, and intravenous therapy
* Early career experience in rehabilitation and home health

**PROFESSIONAL EXPERIENCE**



**SOUTHEAST LOUISIANA VETERANS HEALTH CARE SYSTEM *New Orleans, LA***

***Registered Nurse, Acute*** *November 2020-Present*

*52 hours a week/Full Time*

Charge nurse of a team of over 20 RN/LPNs and multiple ancillary staff members in a variety of settings including Hospice and Acute Care. Ratio 6:1 medsurg.

* Staffing and making assignments based on skill and acuity as well as being a resource to the team/staff
* Mentoring and training new staff.
* Overseeing direct day to day administrative and operational functions for the facility, providing guidance and leadership to employees across multiple departments.
* Implementing best practice standards, employee development, staffing management and scheduling while working with the administrative team to support staff in providing excellent care.
* Investigate and quickly resolve problems.
* Excellent customer service skills.

## Performing comprehensive physical, psychological and social assessments in order to detect early clinical changes and prioritize needs of my patients in a timely manner.

* Insertion and maintenance of IVs and Foley catheter.
* Provide wound care according to protocol and/or doctor order while assessing for effectiveness of treatment by observing signs and symptoms of infection and/or healing.
* Observe patients to determine signs of discomfort or changes in conditions and ensure any significant observations are timely addressed and communicated to the charge nurse and doctor.
* Administer medications and monitored patient for adverse effects.
* Proficient in CPRS computerized charting
* Skilled in end of life and comfort care measures.

**BRIDGEPOINT CONTINUING CARE HOSPITAL *MARRARO, LA***

***Critical Care Registered Nurse, ICU/MedSurg*** *October 2020-March 2021*

*48 hours a week/Full Time*

Providing direct patient care at a ratio of 3:1 in a busy LTAC ICU and 6:1 MedSurg to patients with various types of disease processes.

## Performing comprehensive physical, psychological and social assessments in order to detect early clinical changes and prioritize needs of my patients in a timely manner.

* IV insertion and maintenance of central lines.
* Assist with efforts to minimize mortality through hemodynamic monitoring and support through the titration of vasopressors.
* Provide incision wound care according to protocol and/or doctor order while assessing for effectiveness of treatment by observing signs and symptoms of infection and/or healing.
* Insert and monitor catheters, apply leads, managed chest tubes, and change tubing to ensure proper functioning and decrease the risk of infection.
* Observe patients to determine signs of discomfort or changes in conditions and ensure any significant observations are timely addressed and communicated to the charge nurse and doctor.
* Set-up, regulate and maintain life-saving equipment such as ventilators, external ventricular drains, arterial/femoral lines and record patients’ responses in an accurate manner.
* Administer medications via various routes and monitored patient for adverse effects.
* Monitoring and interpreting telemetry.
* Proficient computerized charting especially HCS and EPIC.
* Excellent customer service skills.

**EAST JEFFERSON GENERAL HOSPITAL *METAIRIE, LA***

***Critical Care Registered Nurse, Surgical ICU*** *September 2018-November 2020*

*36 hours a week/Full Time*

Providing direct patient care at a ratio of 2:1 in a busy intensive care unit to patients with various types of disease processes with an emphasis on recovering and taking care of acute surgical patients.

## Performing comprehensive physical, psychological and social assessments in order to detect early clinical changes and prioritize needs of my patients in a timely manner.

* IV insertion and maintenance of central lines.
* Assist with efforts to minimize mortality through hemodynamic monitoring and support through the titration of vasopressors.
* Provide incision wound care according to protocol and/or doctor order while assessing for effectiveness of treatment by observing signs and symptoms of infection and/or healing.
* Insert and monitor catheters, apply leads, managed chest tubes, and change tubing to ensure proper functioning and decrease the risk of infection.
* Observe patients to determine signs of discomfort or changes in conditions and ensure any significant observations are timely addressed and communicated to the charge nurse and doctor.
* Set-up, regulate and maintain life-saving equipment such as ventilators, external ventricular drains, arterial/femoral lines and record patients’ responses in an accurate manner.
* Administer medications via various routes and monitored patient for adverse effects.
* Monitoring and interpreting telemetry.
* Proficient computerized charting especially Cerner and EPIC.
* Excellent customer service skills.

**WEST JEFFERSON MEDICAL CENTER MARRERO, LA**

***Critical Care Registered Nurse, Neuro ICU***  *June 2014-September 2018*

*50-60 hours a week/Full Time*

## *Providing direct patient care at a ratio of 2:1 in a busy ICU/CCU/PACU to patients with various types of disease processes with an emphasis on neuro trauma and collaborating with a team of doctors, residents, physical, occupational, speech, and respiratory therapists; and other nurses to care for acutely ill patients.*

## Performed comprehensive physical, psychological and social assessments in order to detect early clinical changes and prioritize the needs of my patient base in a timely manner.

## Care for patients with various neurological disorders with the emphasis on patients with strokes and aneurysms, arteriovenous malformations, post Angio recovery, post tPA (tissue plasminogen activator) treatment and Traumatic Brain Injuries.

* Assisted with efforts to minimize mortality through hemodynamic monitoring and support through the titration of vasopressors.
* Proficient in IV insertion and maintenance of vasopressors and cardiac drips crucial to life saving measures.
* Assisted with bedside cardioversions, insertion of central lines and arterial lines.
* Set-up, regulate and maintain life-saving equipment such as ventilators, external ventricular drains, arterial/femoral lines and record patients’ responses in an accurate manner.
* Assessed, planned, implemented and evaluated patient care and performed patient and family education in accordance to unit standards for all patient types and age groups.
* Promoted a team environment by effectively identifying needs of other staff members and assisting them with the care for our critically ill patients.
* Administer medications via various routes and monitored patient for adverse effects.
* Monitoring and interpreting telemetry.
* Proficient computerized charting.
* First responder to Code Blues and Rapid Responses throughout the hospital.
* Cross-trained and worked in CCU as well as PACU, Wound Care/Hyperbaric, Ambulatory Surgery PACU and Rehab.
* Worked as a float nurse to medical surgical units and other critical care areas.
* Volunteered to mentor nursing students and train new-hires.
* Developed clinical autonomy at the point of patient care and integrating evidence- based practice to patient care. Developed organizational, interpersonal and critical thinking skills.
* Provide incision care according to protocol and/or doctor order while assessing for effectiveness of treatment by observing signs and symptoms of infection and/or healing.
* Insert and monitor catheters, apply leads, managed chest tubes, and change tubing to ensure proper functioning and decrease the risk of infection.
* Observe patients to determine signs of discomfort or changes in conditions and ensure that any significant observations are communicated to the charge nurse and doctor.
* Initiate patient education plans to teach both patients and their families how to manage their illnesses and injuries during their hospital stay and post-treatment homecare needs, including diet and exercise.
* Work in conjunction with the Hospice and Palliative Care team to ensure the patient and family goals of care are honored.

**ADVANCED HEALING CENTER NEW ORLEANS, LA**

***Owner/LPN/Educator*** *April 1999 - August 2010*

*50-60 hours a week/Full Time*

* Monitor blood pressure, glucose level and organize medications for the independent geriatric patient.
* Scheduled appointments and coordinate services for clients.
* Coordinate educational seminars at a variety of event locations including health fairs, hospitals and schools.

**GIRLING HOME HEALTH JEFFERSON, LA**

***LPN/Field Nurse*** *August 1997 – April 1999*

40 visits a week/Full Time

Home visits mainly to the geriatric population performing wound care, medication reconciliation, monitor vital signs and communicate findings to and receive orders from the patient’s primary care physician.

**CRESCENT CITY HEALTH CARE NEW ORLEANS, LA**

***LPN-SNF***  *January 1995 – August 1997*

*40 hours a week/Full Time*

* Provide direct and indirect nursing care to long and short-term care residents in a self-directed manner
* Proficient in skilled nursing including placement of nasogastric tubes, wound care and respiratory support including tracheostomies
* Provide nursing care and support to patients with Dementia and Alzheimer’s disease in a caring, respectful manner; while providing education to families related to disease process to increase knowledge base and understanding.
* Perform daily geriatric evaluations for a holistic approach to an individualized plan of care which is shared with Physicians, Occupational and Physical therapy as well as other disciplines.
* Encourage and motivate Rehabilitation patients in order to restore them to their highest level of functional capacity and promote recovery; including education to support self-management after discharge.

**ADDITIONAL SKILLS**

* I have worked with the public extensively and perfected customer service.
* I have excellent organizational and time management skills.
* I was blessed with a very amiable personality and possess an innate ability to effectively communicate with people regardless of their race, gender or age.

*SLVHCS 2400 Canal Street, New Orleans, LA 70119*

*Bridgepoint Continuing Care Hospital 1101 Medical Center Blvd., Marrero, LA 70072*

*East Jefferson General Hospital 4200 Houma Blvd., Metairie, LA 70006*

*West Jefferson Medical Center* 1101 Medical Center Blvd., Marrero, LA 70072

*Advanced Healing Center* 4704 St. Peter, New Orleans, LA 70119

*Girling Home Health* 990 N. Corporate Drive, Ste. 220, Jefferson, LA 70123

*Crescent City Health Care* 1420 General Taylor Street, New Orleans, LA 70115