

Jo Elbert

Lexington, KY 40503

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Authorized to work in the US for any employer

Work Experience

PMHNP-BC

Parsons Counseling & Play Therapy Center - Richmond, KY

January 2021 to Present

See clients across the lifespan and assess for conditions such as depression, anxiety, mood disorders and ADHD. Prescribe medications and provide follow-up to treatment.

Psychiatric Nurse Practitioner

Counseling Associates - Richmond, KY

September 2020 to December 2021

I see clients across the lifespan, and they have the option to be seen in person or via telehealth. I assess them and we decide if they would like to start medication management. We make a goal for them to achieve their quality of life they once had.

Psychiatric Nurse Practitioner

PPL Therapeutic Services - Louisville, KY

March 2020 to September 2020

Worked in nursing homes visiting clients and collaborating with the house MD's and the social services staff. Unfortunately, COVID made this job end.

PMHNP-BC

self-employed - Lexington, KY

July 2019 to March 2020

I worked as a PMHNP in a company that I was a contract worker with. I left due to ethical reasons.

PMHNP-BC

St. Elizabeth Physicians - Erlanger, KY

June 2018 to July 2019

I worked at the freestanding behavioral health unit in Erlanger, KY. At the hospital, my main focus was on the adolescent and child unit. I did work some on the unit for adults with depression and anxiety and some had psychosis.

Full-time on call RN

Hospice of the Bluegrass - Lexington, KY

July 2014 to June 2018

Worked nights answering emergency calls. Would go to the homes of clients and assist as needed.

Staff RN

Ephraim McDowell Regional Medical Center - Danville, KY
February 2012 to July 2014

Worked on the orthopedic floor taking care of post-operative clients.

Education

Masters of Nursing

Eastern Kentucky University - Richmond, KY
August 2015 to May 2018

Nursing Licenses

CNP

Expires: October 2022

State: KY

CNP

Expires: April 2022

State: SC

RN

Expires: October 2022

State: KY

CNP

Expires: October 2021

State: KY

Skills

- Behavioral Health (4 years)
- Hospital Experience (2 years)
- Nursing
- EMR Systems
- Medication Administration (6 years)
- Mental Health Counseling
- Experience Administering Injections (6 years)

Certifications and Licenses

ANCC

May 2018 to May 2023

APRN LICENSURE

October 2020 to October 2021

APRN LICENSE IN KY

APRN LICENSE SOUTH CAROLINA

August 2020 to April 2022

BLS Certification