

Mykel Matthews-Dase

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PROFESSIONAL SUMMARY

Through various clinical and community-based roles, I have demonstrated my ability to deliver patient-centered care as part of an interdisciplinary team while achieving quality, safety, care and compliance standards. I am a patient advocate who works collaboratively with the patient, family, and care team to achieve patient-guided goals. I have executed on multiple critical, competing priorities within required timelines through time management, organization, delegation and planning. I possess very strong, transferrable skills from my work experience and educational background which contribute to my successful performance and execution in my roles.

COMPETENCIES & SKILLS

- Nursing Care
- Case Management
- Electronic Medical Records
- Interdisciplinary Collaboration
- Telephonic Patient Support
- Patient-centricity
- Prioritization
- Time Management

WORK EXPERIENCE

Rehab Registered Nurse/Unit Manager

11/2020 – present

- Provide comprehensive nursing care to patients of various acuity levels including patients with tracheostomies and gastrostomy tubes
- Perform patient assessments as ordered and when indicated by change in condition
- Safely administer medications, including intravenously and through gastrostomy tubes, to patients as ordered and when indicated
- Implement and maintain safety precautions to minimize risk incidents and maintain a safe environment for patients, visitors, and staff
- Be a resource for new staff members to help them embrace the culture, care model, tools, and resources of the facility

Cigna

08/2014 – present

- Manage and lead teams of nurses and non-clinical support personnel in telephonic case management and care coordination including disease management, health coaching, and transitions of care management
- Support primary care providers in managing the health of their patient populations by conducting telephonic patient outreach, coaching, and follow-up to achieve care goals
- Connect patients with valuable and individualized resources to address health concerns
- Develop, review, and update individualized care plans to support patients in achieving wellness
- Assess documentation of telephonic patient interactions to ensure documentation is complete and accurate as aligned with quality standards

EDUCATION

Bachelor of Science in Nursing, 12/2013

University of Pennsylvania, Philadelphia, PA

- Active Registered Nurse Licenses: IL and PA
- Current Cardiopulmonary Resuscitation for Healthcare Providers
- Mental Health First Aid Certification