

# DeContee Karnga

**DeContee Karnga 16801 90th Ct N Maple Grove MN 55311 Contee22@gmail.com**

**267-916-9692 CERTIFIED NURSING ASSISTANT Strong passion for helping others.**

**OBJECTIVE A motivated Certified Nursing Assistant known for the ability to effectively provide patient care and perform tasks in a wide variety of duties related to that of a professional Certified Nursing Assistant.**

Maple Grove, MN

-Email me on Indeed: <http://www.indeed.com/r/DeContee-Karnga/eea80539c0c51d71>

Hard working, results-oriented, disciplined, punctual and consistently meet deadlines. • Respectful, friendly, enjoys diverse people, outgoing and can inspire others. • Positive, willing to learn, patient, determined and a team player • A hard worker, set high standards for myself, and possess exceptional customer service skills. • Welcome responsibilities and challenges, and adept at seeking them through from inception to completion.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **CNA - Certified Nursing Assistant -Float Pool Nurse Assistant**

EVIDENT STAFFING - Woodbury, MN

March 2021 to Present

Worked for and adapted to various nursing departments, cared for patients of diverse stage of developments.

Assigned to different departments between two satellite hospitals

Worked closely with a Register Nurse

Reviewed clinical tasks within scope of practice with minimal supervision.

### **Certified Nursing Assistant**

Rose Arbor & Wildflower Lodge - Maple Grove, MN

July 2019 to September 2020

Help with ADLs, administering medications, treatments and other cares as needed.

Bath and laundry.

### **CNA - Certified Nursing Assistant**

Mt Olivet Home - Minneapolis, MN

September 2018 to June 2019

Bath and dress patients

Serve meals and help patients eat

Take vital signs

Turn or reposition patients who are bedridden

Collect information about conditions and treatment plans from caregivers, nurses and doctors

Provide and empty bedpans

Lift patients into beds, wheelchairs, exam tables, etc.

Answer patient calls

Examine patients for bruises, blood in urine or other injuries/wounds

Clean and sanitize patient areas

Change bed sheets and restock rooms with necessary supplies.

### **CNA - Certified Nursing Assistant**

North Ridge Health and Rehab - New Hope, MN

November 2016 to July 2018

\* Assist with daily living activities. This includes delivering meals to patients, turning and ambulating patients and providing plenty of fresh water, as well as extra nourishment between meals

\* Help patients with personal hygiene. Provide patients with bedpans, help with baths, shampoos and showers

\* Provide adjunct care for the patient, including ice packs, non-sterile dressings and therapeutic baths

\* Check vital signs and record daily information in the patient's chart

\* Assist the nurses and other staff as needed.

Help clients in their daily personal , such as bathing or dressing and laundry.

Provide basic health-related services according to a client's needs, such as checking vital signs or administering prescribed medication at scheduled times.

### **Home Health Aide (HHA)**

CarePine Home Health Care - Wayne, PA

November 2015 to July 2016

- Responsible for implementing and support patient-care.

- Provide routine care like, bathing, dressing, and feeding as well as recording patient vita signs.

- Providing support to patients in areas of laundry and lines changes. Prepared and served food.

- Assisted patients in and out of bed, getting into automobile or wheelchair, to lavatory, and up and down stairs.

### **Home Health Aide (HHA)**

Preferred Home Health Care & Nursing Services - Bensalem, PA

August 2013 to October 2015

Responsibilities

Provided one-on-one service to patients in a private home, hospital, sanitarium, or nursing care facility.

- Cared for individuals with dementia, Alzheimer's disease, physical disability, those undergoing post-operative recovery and convalescents.

- Answered patients' calls and responded to patients' requests for service.

- Prepared and served food or fed patients needing assistance.

- Assisted patients in and out of bed, getting into automobile or wheelchair, to lavatory, and up and down stairs. • Cleaned rooms, changed bed linens, and attended to patients' comfort and cleanliness.

Accomplishments

I provided a consistent positive attitude in even the more stressful situations by working extra, and ensuring my teammates completed their tasks effectively.

Skills Used

Strong analytical skills with the ability to take and understand instructions

- Effective written and verbal communication skills
- Load lifting ability: 50 lbs

### **In Store Service Representative**

Executive African beauty & Fashion Store - Philadelphia, PA

November 2011 to June 2013

Handle customer inquiries, Complaints, billing questions and payment extension/service requests.

- Handled incoming calls from policyholders, resolving problems and correcting policy errors.

### **• Serve customer with orders while shopping in store.**

Executive African beauty & Fashion Store - Philadelphia, PA

November 2011 to January 2013

Responsibilities

- Handle customer inquiries, Complaints, billing questions and payment extension/service requests.
- Handled incoming calls from policyholders, resolving problems and correcting policy errors.

Accomplishments

Communicated openly and directly

Worked smarter, harder, faster

Treated customers and coworkers respectfully and professionally.

Skills Used

- Exceptional ability to stay attentive when dealing with customers
- Clear communication skills aimed at understanding customers' needs and providing corresponding services

Analytic thinking aimed at resolving customers' issues in a proactive manner

- Able to find conflict resolution without losing self composure
- Detail-oriented and efficient in providing customer service in adverse situations
- Assertive but polite when it comes to product or service endorsement
- Capable of depersonalizing self with customers
- Known for utilizing humor sense during stressful interactions with customers
- Excellent body language targeted at providing customers with a positive image of the company.

## Education

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### **Certified Nursing Assistant(CNA) in CNA**

North Dakota Board of Nursing - Fargo, ND

October 2016 to October 2018

### **High school**

Bensalem high school

## Skills

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- Demonstrated ability to develop and maintain positive relationships with patients • Competent at changing linens, providing personal care and assisting residents in transportation • Able to comply with clients' confidentiality and privacy standards • Vigilant professional who has effective progress monitoring skills • Adept at obtaining specimens for lab testing and monitoring vital signs • Substantial knowledge of medical terminology and infection control procedures • Proficient in providing nutritional assistance to clients including serving and feeding (4 years)
- CNA
- Home Health
- Cna Certified
- Certified Nursing Assistant
- HHA
- Medication Administration
- Dementia Care
- Alzheimer's Care
- Senior Care
- Analysis Skills
- Caregiving
- Meal Preparation
- Nursing
- Medical Imaging
- Laundry

## Certifications and Licenses

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### **CNA**

Present

Certificate Nursing Assistant

### **Certified Nursing Assistant (CNA)**

### **Drivers License**

### **Home Health Aide**

### **CPR Certification**

## Additional Information

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I have chosen senior care as a career because I genuinely love to help people. I love putting smile on people faces and making a difference in people life's. I also love helping and giving the elderly the respect and care they deserve. To me, choosing a career means doing what I love -where I can demonstrate the values of life that I strongly believe in. I believe all people should be treated with honor, dignity and respect regardless of their circumstances.

### MAJOR STRENGTHS

- Over 5 years' working experience as a nursing assistant extern
- Familiar with medical terminology and disease control standards
- Hands-on experience in taking vitals
- Able to maintain neat and arranged patient room
- Adept at providing assistance to residents in activities of daily living including feeding and bathing
- Proven ability to report and record patients' condition