

Heather Karl

Registered Nurse

Hillsboro, MO 63050

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Work Experience

Registered Nurse

United Surgical Partners International

October 2017 to February 2022

Assess, manage and provide peri-operative care.

Registered Nurse

BJC Healthcare

January 2017 to September 2017

Christian Hospital St. Louis, MO January 2017 to September 2017

Responsibilities:

Weekend charge nurse; responsible for scheduling, coordinating, facilitating and managing Operating Room department. Additionally, as the only RN on shift, I performed all perioperative and intraoperative patient care. I was responsible for pre-operative patient preparation and assessment, intraoperative patient care, maintaining continuity of care and assisting in postoperative recovery.

Registered Nurse

SSM Healthcare - St. Louis, MO

September 2013 to January 2017

Responsibilities:

Registered Nurse at St. Mary's in the Operating Room. Responsibilities included intraoperative patient care and continuity of care from the preoperative phase to the postoperative phase. I was a trained preceptor to new employees, acted as department charge nurse during off- shift hours and an active member of hospital committee.

Registered Nurse

Tenet Healthcare Systems - St. Louis, MO

December 2011 to April 2013

Responsibilities:

Registered Nurse in a top rated level one trauma center operating room. I am responsible for the specialty services of Robotics, Hipec procedures and Organ Transplants. However, I spend most days in trauma and large vascular cases. I am responsible for evaluating the patient preoperatively while anticipating and preparing for any and all expected and unexpected situations that may arise during the case. I prepare the OR suite with all necessary equipment, supplies and instrumentation. As a trauma nurse, I assess any and all patient information that is available to me and prioritize my interventions accordingly. I ensure that all necessary departments are notified and available. Upon patient arrival, I provide direct care and assist the surgical team in initiating and maintaining a safe and effective surgical experience.

After surgery, I ensure that the RN taking over patient care has been given a thorough history, details of surgery, and any addition necessary information that involves patient care.

Registered Nurse

St. Anthony's Medical Center - St. Louis, MO
January 2006 to December 2011

Charge Nurse

St. Anthony's Medical Center
December 2006 to February 2008

on a 24 bed adult dual diagnosis inpatient psychiatric unit. I was responsible for managing team assignments, leading group meetings, assisting in treatment planning, assessments, admissions, education and discharge planning. I became a preceptor for new employees, and worked as the perioperative nurse for ECT treatments.

OPERATING ROOM - February 2008 to December 2011

Responsibilities:

I transferred to the operating room. I was responsible for preparing both the patient and the operating room for surgery. This involved evaluating patient's preoperative testing and assessment, medical conditions and any changes from the patient's baseline. I would communicate the results to all team members and verify any changes in the patient's plan of care. During this time, I maintained my ACLS, BLS certifications; obtained training in the operation of laser equipment, and completed the certification to administer moderate sedation in the Operating Room.

student nurse

St. Anthony's Medical Center
January 2006 to August 2006

in the Emergency Department at St. Anthony's Medical Center. I was able to utilize and practice emergency patient care under the supervision of a Registered Nurse on staff. After graduation, I was offered the opportunity to participate in a new Graduate/ Registered Nurse Fellowship program specific to the Emergency Department. The program included training, certification and education specific to emergency medicine. After obtaining my RN licensure, I worked weekend shifts as a staff RN in the department until I completed the fellowship in August 2006.

Education

Associates in Nursing

St Louis Community College - St. Louis, MO
2004 to 2006

Associates in Arts And Sciences-Nursing

Jefferson College - Hillsboro, MO
2001 to 2003

Nursing Licenses

RN

State: MO

Skills

- Robotics
- Nursing
- Medication Administration

Certifications and Licenses

BLS, ACLS

September 2021 to September 2023

PALS

September 2021 to September 2023