***Profile for*** (Alicia Clarke)***, MSc. BSc, R.N***

***Peri-Operating Nurse (Operating Theatre) and Endoscopy – 17 years***

***Total years of experience: 17 years***

**Objective**

To improve my knowledge and obtain a position that utilizes my vast knowledge and experience in order to enhance my skills. Thereby, functioning at my optimal level, to provide holistic, effective and efficient care to clients.

**Personal Summary**

I am a highly self-motivated, committed and goal-oriented individual. A trained general nurse, specializing in the field of perioperative nursing. including Minimally Invasive surgery (MIS), endoscopy, and nursing administration. In addition, I love interacting with clients and is non-judgmental towards displayed behaviors, thus, the reason for pursuing a degree in (Psychology Special). I am also trustworthy, ethical, and committed to providing excellent care to clients. As a result, I am seeking new methods to improve my current skills and enhance the quality of care given.



**Professional Experience**

June 17th 2019 to September 26th 2021 (Travel Assignment)

University of Maryland, Capital Regional Health

901 Harry S Tryman Dr Largo 20774

Registered Nurse (Operating Room)

40-45 hourly weekly

October 09th 2021 – present (extended contract)

Mary Washington Hospital (Travel Assignment)

1001 Sam Perry Blvd Fredericksburg Virginia

Registered Nurse (Operating Room- Charge Nurse)

36 Hourly weekly

September 27th 2021 to present - converted to staff (PRN)

University of Maryland, Capital Regional Health

901 Harry S Tryman Dr Largo 20774

Registered Nurse (Operating Room)

40-45 hourly weekly

October 11th, 2011 to July 2019

Practice Manager

40-45 hours weekly

Surgical Solutions Inc and Queen Elizabeth Hospital (privately)

# 23 The Dome Mall Warrens, St. Michael

Bridgetown

Barbados

November 4th 2004 to October 2011

Registered Nurse (Operating Room)

40 hours weekly

Queen Elizabeth Hospital

Martindale Road St, Michael

Barbados West Indies

**Clinical Skills Summary**

**Circulating Nurse**

* Preoperative checklist (surgeon’s preference sheet) before surgery
* Charge duties if needed, efficient in scheduling cases, running board, demonstrating effective communication skills among the team to ensure tasks are completed
* Performs brief head to toe assessment before surgery
* Ensures patient can verbally (if possible) state procedure to be performed and perform identification checks.
* Document during intraoperative phase and update patient’s record
* Collaborates and works with a multi-disciplinary team
* Reports changes and/or concerns to the team, resident or consultant
* Assessment of environment
* Preparing medication
* Ensure all equipment needed is working and readily available for use for surgical list
* Perform time out (anesthesia and procedure) using WHO checklist with team
* Handle all unsterile instrumentation, and open packages for the scrub nurse
* Connects all devices suction, electrocautery machine, and adjust settings according to procedure or surgeon’s preference
* Perform needle, sponge and instrumentation count with the scrub nurse, and inform team of results
* Monitor patient process and work with the team to maintain safety and reduce risks
* Assist in discharge planning with patients and relatives
* Promotes comfort and help in alleviating fears of the patient
* Specimen handling: proper collection, identification, transport, and storage of specimen/s
* Assists anesthesiologist with general and sedation procedures
* Stays by the patient’s bedside during the induction phase and emergence phase
* Position patient using the necessary positioning devices and pressure point devices, apply safety strap
* Insert indwelling catheter and position the drain tube of the indwelling catheter.
* Place anti-embolism socking or venodyne compression device on patient’s legs
* Assess skin integrity and shave skin (if indicated) according to institution policy
* Documents necessary information and is proficient in using Cerner and Epic application

**Scrub Nurse (Laparoscopic and General cases, minor orthopedics cases)**

* Review surgeon preference cards gather necessary equipment and prepares sterile instrumentation for procedure.
* Assist Gowns and draping of surgeon
* Perform prepping of surgical site using anti-septic solution
* Anticipates the needs of the surgeon throughout surgery, passing of instruments and needed supplies
* Maintains and monitors sterility throughout the procedure.
* Participates in time out procedure WHO Checklist for all patients
* First assist to surgeon (if indicated)
* Ensures safety of patients at all times
* Perform instrument, sponges and needles counts with circulating nurse and communicates results to team
* Proper handling of specimen prior to handing off to circulating nurse
* prepares staplers and sutures as indicated by the surgeon or according to the procedure

**Endoscopy Nurse**

* Preparation of the endoscopy suite, including suctioning unit, Pentax machine, gastroscope and colonoscope
* Airway management and oxygen administration
* Assisting the surgeon during the procedure when using polypectomy snares, biopsy forceps, spider nets and spot indicator.
* Specimen handling: proper collection, identification, transport, and storage of specimens
* Demonstrates knowledge in cardiac monitoring identifies dysrhythmias and conducts treatment appropriately
* Adequately assesses for pain and utilizes appropriate pain management techniques
* PACU nursing - monitoring of vital signs and recovery
* Post - operative follow-up - ensuring that patients are recovering well. This may also include channeling patients through the necessary health care services needed.



**Cases cared for:**

* Adult and children circumcision
* Endoscopy procedures (colonoscopies and Gastroscopies), esophageal dilatation
* Incision and drainage of abscesses
* Inguinal hernia repair, laparoscopic ventral hernia repair, supraumbilical hernia repair
* Open hernia repair
* Thyroidectomy
* Tonsillectomy and adenoidectomy
* Laparoscopic anterior resection
* Laparoscopic (Lap) appendicectomy
* Laparoscopic common bile duct exploration
* Laparoscopic cholecystectomy and cholangiogram
* Laparoscopic Cholecystectomy
* Laparoscopic common bile duct exploration set
* Laparoscopic total gastrectomy
* Right and left hemi-colectomy (open or laparoscopic)
* Laparoscopic Abdominal- perineal resection (APR)
* Open anterior resection
* Laparoscopic hiatal hernia repair
* Laparotomy
* Removal of lumps and bumps
* Percutaneous Endoscopic Gastrostomy
* Laparoscopic splenectomy
* Laparoscopic subtotal colectomy
* Laparoscopic Nissen Fundoplication
* Laparoscopic sleeve gastrectomy
* Caesarean Sections
* Tracheostomy
* Hysterectomies
* Myomectomies
* Hysteroscopy, Myosure
* Tibial Ligation
* Brest biopsies
* Open anterior resection
* Coronary Artery Bypass
* Thoracotomy
* Mastectomy
* Lumpectomies
* Craniotomy, cranioplasty, subdural hematoma
* Hemorrhoidectomy
* Podiatry procedures and wound vac application
* surgical wounds and wound complications (wound dehiscence)
* colostomies and ileostomies
* PEG tube care
* Drains – for e.g. hemovacs, Jackson pratts drains
* Fluid resuscitation
* Sedation, local, regional, epidural and general anesthesia patients
* ORIF
* Knee Arthroscopy
* AV Thrombectomy
* T.U.R.P
* Insertion of urethral stents

**Equipment Used but not limited to :**

* Braun medication pumps
* Ventilators
* O2 - Wall oxygen or cylinder oxygen (nasal pongs, face mask, or re-breather face mask)
* Feeding pumps
* Vital signs monitoring device
* Pulse oximeter
* Defrillator
* Glucometer
* Infusion pump, syringe pump
* Nebulizer
* Suction apparatus
* Pentax EPK - i machine (endoscopy procedures)
* Sysmex XP-300 and Piccolo Xpress chemistry analyzer (blood analyzers)
* Diathermy machines (conmed and Valleylab)
* Medivators scope buddy
* Harmonic
* Brown Dermatome
* Nihon Kohden cardiac monitor
* Harmonic machine
* Stryker laparoscopic tower with high definition camera, LED light
* Angiojet
* Myosure
* Ultrasonic cleaner
* Washer sanitizer
* Sterrad Machine
* Myosure
* Neptune
* microscope



**Educational Background/ Certificates**

**August 2020 CCI Institute (Competency and Credentialing Institute)**

Certified Perioperative Nurse (CNOR)

**March 2018 University of West Indies, American Medical Technologist**

Certificate in Registered Phlebotomy Technician

**September - University of West Indies, Open Campus, Barbados West Indies**

**December 2016** Certificate Law for Human Resource Practitioners

**September -**

**December 2015 University of Washington: Department of Global Health**

Certificate in Leadership and Management

**November 2011 Royal Alexandra Hospital- Alberta, Edmonton Canada**

Observe-ship program in Minimally invasive surgery and Bariatric

**January –**

**August 2009 Queen Elizabeth Hospital Human Resource Department**

Certificate Peri-operative Nursing

**EDUCATION**

**September 02 2013**

**October 2014 University of West Indies St. Augustine Campus, Trinidad and Tobago.**

Master Science in Advance Nursing **(Dist)**

**Cumulative GPA 3.75 (WES Evaluation service)**

**September 2005**

**October 2009 University of the West Indies Cave Hill Campus**

Bsc. Psychology (SPECIAL) (**Hons.)**

**Cumulative GPA 3.52 (WES Evaluation service)**

**September 2001 –**

**July 2004 Barbados Community College (2004)**

Associate Degree in Applied Science (General Nursing)

**Presentations**

**Prince George Operating Room Staff –** Evidence base studies of using N95 mask when performing **surgery on genital herpes**

**Caribbean Obesity Forum 2016 - Jamaica -** Intra-operative Challenges of Laparoscopic Surgery

**Caribbean Society of Endoscopic Surgeons and Caribbean Obesity Society 2015 -** Bariatric Nursing in the Caribbean

**Queen Elizabeth Hospital 2014** - Introduction to MIS surgery and equipment

**Caribbean Obesity Forum 2013 -** Role of Bariatric Nurse in Obesity



**Licenses and Certificates**

|  |
| --- |
|  |
|  |

NCLEX: Certificate National Council of State Board of Nursing

RN License: Barbados: issued March 2005, expires January 31st, 2020 (2695)

RN License: Maryland issued July 19th 2019, expires September 28th 2023 (R239552)

BLS: Issued 05/06/ 2021, expires 05/2023

ACLS: Issued 06/04/ 2021, expires 06/30/2023

CNOR: Issued 1/08 2020, expires 12/2025

**Honors and Awards**

Excellence in Nursing Peggy Inniss Award

Distinction in master’s Program

UMM operating room nurse of the year 2019

**Leadership**

**University of Maryland, Prince George Hospital – Hand Washing Observer Program 2020**

**General Member –** Provide data using a spreadsheet re: observed hand washing techniques and teach/promote optimal hand hygiene practices to ensure that good practices are sustained to reduce infection rates.

**University of Maryland, Prince George Hospital – Safety Officer 2020**

**General Member** - Advocating for quality and safety issues in the OR department, to prevent safety hazards to staff and patients

**Membership**

* Member of the Caribbean Obesity Community
* AORN

**Special Interest and Hobbies**

**Worship Leader**

**Youth service counselor and teacher**



**References**

Annet Adegboyega – Previous Clinical Supervisor

University of Maryland Regional Health Capital

901 Harry S Tryman Dr Largo 20774

Telephone Number – 240-374-2390

Tanika Johnson – Clinical Coordinator

University of Maryland Regional Health Capital

901 Harry S Tryman Dr Largo 20774

[Tanikaj.williams@gmail.com](mailto:Tanikaj.williams@gmail.com)

Telephone Number – 443-763-0417

Kimberley Person – Colleague

University of Maryland Regional Health Capital

901 Harry S Tryman Dr Largo 20774

Telephone Number – 443-924-4369