

Valerie Lascano, RN

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EXPERIENCE

Carbon County Public Health, Rawlins, WY — Registered Nurse- Maternal Child Health

JULY 2021 - PRESENT

Maternal Child Health nurse assisting families, specifically moms and babies to reach optimal health and well-being. I am a home visitor and begin seeing my clients at any stage between the prenatal period and 2 years old. I assist parents to become future oriented and aspirational. I assist with family and social relationships and provide child development parent education. A final key component is providing lactation consultation services and support to my clients.

Memorial Hospital of Carbon County, Rawlins, WY — Registered Nurse- Medical Surgical (Recent RN graduate)

AUGUST 2021 - PRESENT

Professional nurse position in which I provide care to ill, injured and recovering adults. Assessment of the patient, administering medications, dressing changes, monitoring vital signs, documentation and patient teaching are key components of this job. I do have experience caring for COVID-19 positive patients in this role.

Carbon County Public Health, Rawlins, WY — Case Investigator/LPN

JULY 2020 - JULY 2021

This position consisted of support for the COVID-19 public health response. Key responsibilities included interviewing reported cases, identifying contacts of cases, and implementing measures to help slow the spread of COVID-19. While in this role, I also assisted with vaccination clinics.

Carbon County Child Development Programs/Head Start — LPN

APRIL 2016 - JULY 2020

While in this role, I was the sole health professional for a school of approximately 90-100 students between the ages of 3-5 years old. I performed screening measures including lead and hemoglobin finger sticks, hearing and vision screening, and social emotional screening. I provided education to parents, staff and families related to the health and

SKILLS

Team Player
Quick Learner
Technologically inclined
Supervisory experience
COVID-19 experience
COVID-19 vaccinated

CERTIFICATIONS

BLS
Certified Breastfeeding
Counselor

LANGUAGES

English
Spanish- mostly proficient

safety of children. I also implemented and coordinated an annual event that assisted with providing free physical and dental examinations for the children. I maintained all health records for the children and staff. I coordinated safety and health training for 30+ staff members and I directly supervised 3 staff members during my tenure. I also provided basic first-aid to children and staff and implemented care plans within my scope of practice.

Carbon County Sheriff's Office, Rawlins, WY — Correctional Nurse, LPN

MARCH 2015 - APRIL 2016

Responsible for intake, assessment, and management of patients within the correctional facility setting. Assisted with weekly doctor and dentist call, as well as assisting with mental health appointments as needed. I also administered medications and treated basic healthcare conditions as able within the correctional facility. One key component of this position was to manage the care of patients who were withdrawing from controlled substances and alcohol.

EDUCATION

Western Wyoming Community College, Rock Springs, WY — Associates Degree in Nursing

MAY 2021

Western Wyoming Community College, Rock Springs, WY — Licensed Practical Nurse Certificate

JUNE 2013

Western Wyoming Community College, Rock Springs, WY — Associate of Arts with Emphasis in Psychology

MAY 2010

*I am currently completing training to become a certified lactation counselor. I will soon be beginning an ACLS and PALS training. I also do have 4+ years of experience in long-term care and assisted living settings. I worked as a CNA for 3 years doing LTC and assisted living and was employed for 1 year as an LPN in the LTC setting.