Sarah Freitas

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Compassionate and patient-focused registered nurse seeking position to utilize nursing experience, expand knowledge, and broaden skill set.

Authorized to work in the US for any employer

Work Experience

Circulator RN

St. Joseph East Hospital - Lexington, KY February 2021 to Present

I corroborate with the surgeon and other members of the surgical team to ensure positive outcomes of procedures. I ensure the patient is ready for procedures, lab work, and additional testing is completed. I confirm labs are within the surgeon's parameters. I verify the patient understands the procedure and has given consent.

Staff RN

The Terrace Nursing and Rehabilitation Facility - Berea, KY June 2017 to Present

I oversee the care of numerous patients, assessments, contacting physicians of status changes, initiating orders, and ensure prescribed medications are effective with treatment. I communicate with family and power of attorneys multiple times a day with order changes and I relay their wishes to physicians to promote holistic care.

June 2017- Present Baptist Health Lexington, Lexington, KY Staff nurse

I worked on the stroke and orthopedic floor. On this unit I controlled pain, controlled blood pressure by titrating drips, monitored my patient's telemetry, notified physicians of changes in conditions, initiated orders, ensured patients understood their plan of care and medications, and worked with families, patients and physicians to ensure holistic care.

January 2017- June 2017

Education

Baccalaureate degree in Nursing

Eastern Kentucky University - Richmond, KY December 2016

Skills

- Excellent communication
- teamwork
- leadership experience
- critical thinking
- time management
- adaptability
- ability to work under pressure
- conflict resolution
- active listening
- delegation.
- Nursing
- EMR Systems
- Hospital Experience
- Medication Administration
- Vital Signs

Certifications and Licenses

Advanced Cardiovascular Life Support (ACLS)

March 2021 to March 2023

PALS

May 2021 to May 2023

RN

BLS Certification